

# 1 Nuclear crowding and nonlinear 2 diffusion during interkinetic nuclear 3 migration in the zebrafish retina

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12 **Abstract** A major question in neural development is the origin of the stochastic movement of  
13 nuclei between apical and basal surfaces of neuroepithelia during interkinetic nuclear migration  
14 (IKNM). Tracking of nuclear subpopulations has shown evidence of diffusion - mean squared  
15 displacements growing linearly in time - and has pointed to nuclear crowding from cell division at  
16 the apical surface being a driver of the slow basalward drift of stochastically moving nuclei.  
17 However, the emerging hypothesis that IKNM is a diffusive process, driven by nuclear crowding  
18 from cell divisions at the apical surface, has not yet been validated, and the forces involved are  
19 yet to be quantified. Here, we employ long-term, rapid light-sheet and two-photon imaging of the  
20 zebrafish during early retinogenesis to track entire populations of nuclei within the tissue. From  
21 the time varying concentration profiles, we find clear evidence of crowding effects as nuclei reach  
22 close-packing and develop a nonlinear diffusional model that provides a quantitative account of  
23 the observations. Considerations of nuclear motion constrained inside the enveloping cell  
24 membrane are used to show that concentration-dependent stochastic forces inside individual  
25 cells, compatible in magnitude with those used for cytoskeletal transport, can offer a quantitative  
26 explanation of the nuclear movements observed during IKNM.

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## 28 Introduction

29 The vertebrate nervous system arises from a pseudostratified epithelium within which elongated  
30 proliferating cells contact both the apical and basal surfaces. Within these cells, striking nuclear  
31 movements take place during the proliferative phase of neural development. More than 80 years  
32 ago, these movements, termed interkinetic nuclear migration (IKNM), were shown to occur in syn-  
33 chrony with their cell cycle (*Sauer, 1935*). Under normal conditions, nuclei of proliferating cells  
34 undergo mitosis (M) exclusively at the apical surface. During the first gap phase (G1) of the cell  
35 cycle, nuclei migrate away from this surface to reach more basal positions by S-phase, when DNA  
36 is replicated. In the second gap phase (G2), nuclei migrate rapidly toward the apical surface where  
37 they divide again (*Del Bene, 2011; Sauer, 1935; Baye and Link, 2007; Leung et al., 2011; Kosodo  
38 et al., 2011; Norden et al., 2009*). The molecular mechanisms that drive the rapid nuclear move-  
39 ment in G2 have been investigated in a number of tissues (*Norden, 2017*). In the mammalian cortex  
40 they are thought to involve microtubules as well as various microtubule motors and actomyosin

41 (*Xie et al., 2007; Tsai et al., 2007*), while in the zebrafish retina, it appears to be the actomyosin  
42 complex alone that moves the nuclei to the apical surface during G2 (*Norden et al., 2009; Leung  
43 et al., 2011*). Nuclear movements during the majority of the cell cycle, in G1 and S phases, have  
44 been less thoroughly examined. Although similar molecular motors have been implicated (*Schenk  
45 et al., 2009; Tsai et al., 2010*), the underlying molecular processes remain unclear.

46 Importantly, IKNM is known to affect morphogenesis and cell differentiation in neural tissues  
47 (*Spear and Erickson, 2012*), as retinas with perturbed IKNM are known to develop prematurely and  
48 to display abnormalities in cell composition (*Del Bene et al., 2008*). Given this regulatory involve-  
49 ment of IKNM in retinal cell differentiation, a deeper understanding of the nuclear movements re-  
50 mains a major prerequisite for insights into the development of neural systems. On a phenomeno-  
51 logical level, studies tracking individual nuclei in the zebrafish retina during the G1 and S phases  
52 have shown their movement to resemble a stochastic process (*Norden et al., 2009; Leung et al.,  
53 2011*), particularly in the form of the mean squared nuclear displacement versus time. When these  
54 relations are linear or slightly convex, they indicate a random walk (or persistent random walk),  
55 much as in ordinary thermal diffusion. During these periods, individual nuclei switch between api-  
56 cal and basal movements at random intervals, leading to considerable variability in the maximum  
57 basal position they reach during each cell cycle (*Baye and Link, 2007*). Similarly, in the mammalian  
58 cerebral cortex, the considerable internuclear variability in IKNM leads to nuclear positions scat-  
59 tered throughout the entire neuroepithelium in S-phase (*Sidman et al., 1959; Kosodo et al., 2011*).  
60 In addition to the stochastic movements of nuclei during IKNM, there is also a slow basal drift of  
61 the entire population of nuclei. As variable basalward-biased migration was observed in nuclear-  
62 sized microbeads inserted in between cells during IKNM in the mouse cortex (*Kosodo et al., 2011*),  
63 it seems likely that passive forces are involved in this drift. A number of possible explanations for  
64 these passive processes have been put forward. These suggestions include the possibility of direct  
65 energy transfer from rapidly moving G2 nuclei (*Norden et al., 2009*), as well as nuclear movements  
66 caused by apical crowding (*Kosodo et al., 2011; Okamoto et al., 2013*). Here, we present experi-  
67 ments and theoretical analysis to test both hypotheses, particularly that of apical crowding, and to  
68 assess quantitatively whether active forces are also necessary for basal drift.

69 While a linear scaling of the mean squared displacement with time is a hallmark of diffusive  
70 processes, there is now growing evidence in disparate systems of dynamics that exhibit such scal-  
71 ing, yet are decidedly different from conventional diffusion in other respects (*Wang et al., 2009;  
72 Leptos et al., 2009*). Thus, a full test of the apical crowding hypothesis requires the study of the  
73 entire spatio-temporal distribution of nuclei within the retinal tissue. Our work relies on the tracks  
74 of closely packed nuclei of zebrafish retinal progenitor cells (RPCs). The retina of the oviparous  
75 zebrafish is easily accessible to light microscopy throughout embryonic development (*Avanesov  
76 and Malicki, 2010*) and has been used for several studies of the movements of nuclei during IKNM  
77 (*Baye and Link, 2007; Del Bene et al., 2008; Norden et al., 2009; Sugiyama et al., 2009; Leung et al.,  
78 2011*). We find evidence for IKNM being driven by apical crowding and further develop this idea into  
79 a mathematical model. Given the seemingly stochastic nature of individual nuclear trajectories, we  
80 base the model on a comparison between IKNM and a simple diffusion process. The model reveals  
81 the remarkable and largely overlooked importance of simple physical constraints imposed by the  
82 overall tissue architecture and allows us to describe accurately the global distribution of nuclei as a  
83 function of time within the retinal tissue. In this way, we describe IKNM as a tissue-wide rather than  
84 a single-cell phenomenon. We further develop the model by examining the motion of nuclei within  
85 the constrained environment of the enveloping cell membrane. This allows for an estimate of the  
86 hydrodynamic drag experienced by the nuclei, and hence of their diffusivity if the system were in  
87 thermodynamic equilibrium. We conclude from the magnitude of the diffusivity extracted from  
88 the data that basalward migration of nuclei during IKNM cannot be due to thermal diffusion alone.  
89 Instead the model indicates that a stochastic force comparable with that which could be generated  
90 by cytoskeletal transport mechanisms must drive nuclear movements during IKNM. Finally, we ob-  
91 tain a mathematical description of the stochastic trajectories of individual nuclei in the presence of

92 a finite concentration of others. Simulations of these trajectories also confirm that IKNM can only  
 93 be understood when taking interactions between individual nuclei into account and hint at the way  
 94 in which nuclei interact in a tissue-wide fashion. This description raises new questions about how  
 95 cells sense and respond to being crowded, and may shed light on other aspects of progenitor cell  
 96 biology, such as the statistics of cell cycle exit and cellular fate choice.

## 97 Results

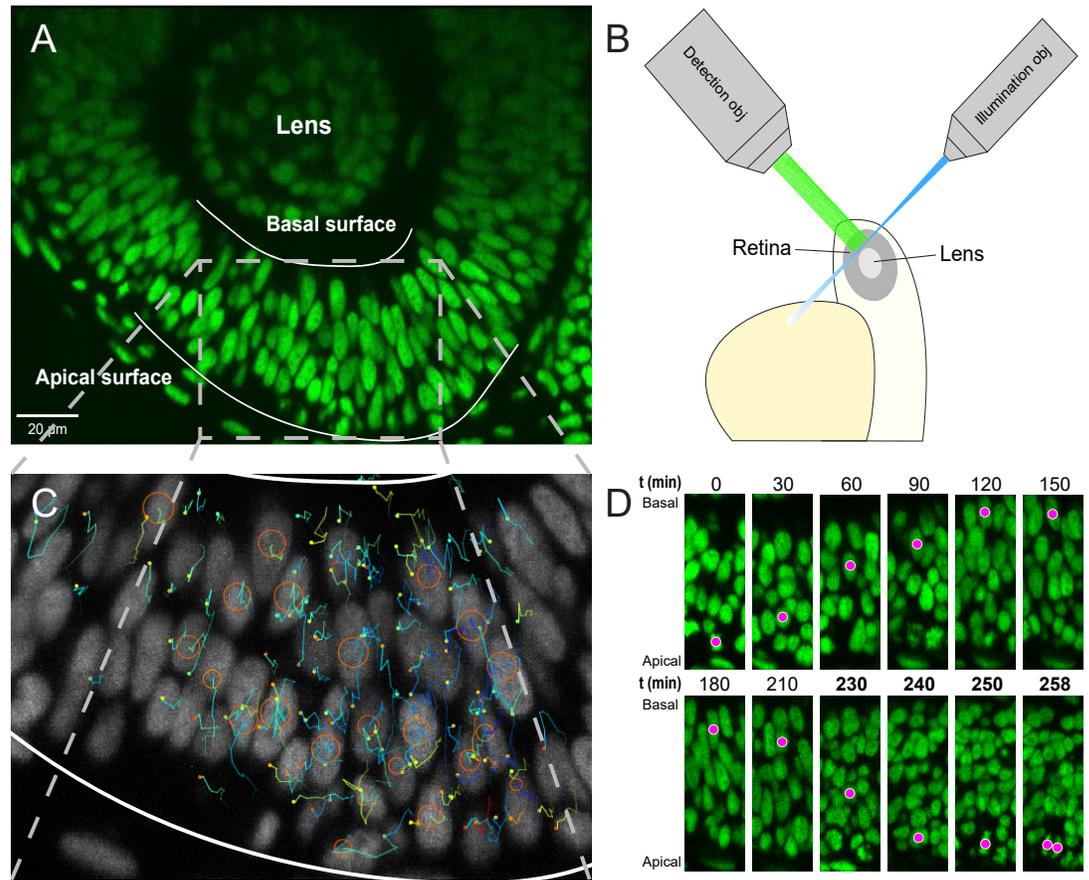
### 98 Generating image sets with high temporal resolution

99 We imaged fluorescently-labeled nuclei of whole retinas of developing zebrafish at 2 min intervals,  
 100 an optimal time period given the difficulty to track nuclei accurately over long times and the in-  
 101 creased photobleaching with shorter intervals. We compared movies of retinas imaged at 2 min  
 102 and at 20 s intervals over a period of 2 hours and found that the improvement in temporal reso-  
 103 lution made no difference to our analyses. This suggests that it is unlikely that within each 2 min  
 104 interval there were important intervening movements that might complicate the analysis.

105 To follow the nuclei of all cells within a portion of the retina we used H2B-GFP transgenic lines  
 106 with GFP expression exclusively in the nuclei (Figure 1A). In order to achieve the desired temporal  
 107 resolution without sacrificing image quality, fluorescence bleaching and sample drift must be min-  
 108 imized as much as possible. The retinas of H2B-GFP embryos were imaged using either a single-  
 109 angle lightsheet microscope (see Figure 1B for a schematic) or an upright two-photon scanning  
 110 microscope. Both of these methods yield images with minimal bleaching compared to other mi-  
 111 croscopic techniques (*Svoboda and Yasuda, 2006; Stelzer, 2015*). However, while the single-angle  
 112 lightsheet can generate large stacks of images, it is very sensitive to lateral drift due to a small  
 113 area of high resolution imaging. Therefore, some datasets were produced using two-photon mi-  
 114 croscopy, which, despite the limitations of scanning time, could produce areas of high resolution  
 115 images of sufficient size.

116 Both lightsheet and two-photon microscopes produced images of at least half the retina with a  
 117 depth of at least 50  $\mu\text{m}$  over several hours in 2 min intervals. The images were processed using a  
 118 suite of algorithms (*Amat et al., 2015*) to compress them to a lossless format, Keller Lab Block (KLB),  
 119 correct global and local drift, and normalize signal intensities for further processing. Automated  
 120 segmentation and tracking of the nuclei were carried out through a previously published compu-  
 121 tational pipeline that takes advantage of watershed techniques and persistence-based clustering  
 122 (PBC) agglomeration to create segments and Gaussian mixture models with Bayesian inference  
 123 to generate tracks of nuclei through time (*Amat et al., 2014, 2015*). Two main parameters greatly  
 124 affect tracking results, overall background threshold and PBC agglomeration threshold. To obtain  
 125 best automated tracking results, ground truth tracks were created for a section of the retina over  
 126 120 min and were compared to tracks generated over a range of these two parameters. The best  
 127 combination of the two parameters was chosen as the one with highest tracking fidelity and lowest  
 128 amount of oversegmentation over that interval.

129 The most optimal combination of parameters yielded an average linkage accuracy, from each  
 130 time point to the next, of approximately 65%. Hence, extensive manual curation and correction  
 131 of tracks were required. Tracking by Gaussian mixture models (TGMM) software generates tracks  
 132 that can be viewed and modified using the Massive Multi-view Tracker (MaMuT) plugin of the Fiji  
 133 software (*Wolff et al., 2018; Schindelin et al., 2012*). A region of the retina with the best fluorescence  
 134 signal was chosen and all tracks within that region were examined and any errors were corrected.  
 135 The tracks consist of sequentially connected sets of 3D coordinates representing the centers of  
 136 each nucleus (Figure 1C), with which their movement across the tissue can be mapped over time.  
 137 For example, Figure 1D shows IKNM of a single nucleus tracked from its birth, at the apical surface  
 138 of the retina, to its eventual division into two daughter cells.



**Figure 1.** Imaging and tracking fluorescently labeled nuclei. **(A)** A transgenic H2B-GFP embryonic retina imaged using lightsheet microscopy at ~30 hpf. The lens, as well as apical and basal surfaces are indicated. **(B)** A schematic representation of single-angle lightsheet imaging of the retina. Laser light is focused into a sheet of light by the illumination objective and scans the retina. Fluorescent light is then collected by the perpendicular detection objective. **(C)** Track visualization and curation using the MaMuT plugin of Fiji. All tracks within a region of the retina are curated and visualized. Circles and dots represent centers of nuclei, and lines show their immediate (10 previous steps) track. **(D)** The position of a single nucleus within the retinal tissue from its birth to its eventual division. The magenta dot indicates the nucleus tracked at various time points during its cell cycle. The last 4 panels are at shorter time intervals to highlight the rapid movement of the nucleus prior to mitosis.

### 139 **Analysis of nuclear tracks**

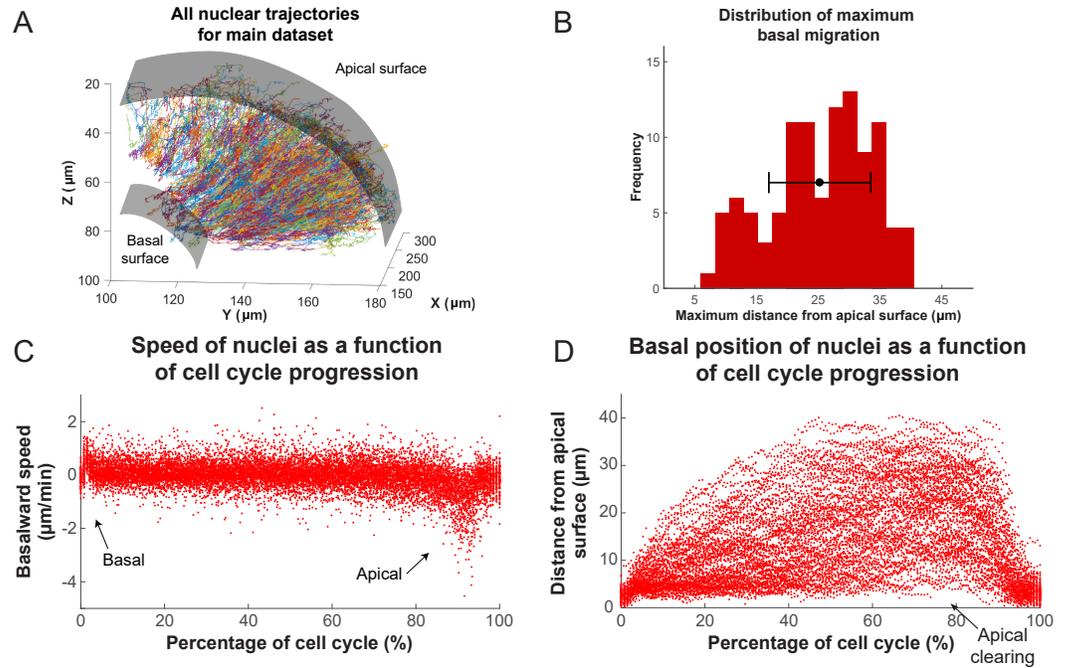
140 This process yielded tracks for hundreds of nuclei, across various samples, over time intervals of  
 141 at least 200 min. We used custom-written MATLAB scripts to analyze these tracks. The aggregated  
 142 tracks of the main dataset, in Cartesian coordinates, for all tracked lineages are shown in Figure 2A.  
 143 Single tracks for any given time interval can be extracted and analyzed from this collection. In order  
 144 to transform the Cartesian coordinates of the tracks into an apicobasal coordinate system, we drew  
 145 contour curves at the apical surface of the retina (e.g. see Figure 1A) separating RPC nuclei from the  
 146 elongated nuclei of the pigmented epithelium. We then calculated curves of best fit (second degree  
 147 polynomials) in both the XY and YZ planes. Assuming that the apical cortex is perpendicular to the  
 148 apicobasal axis of each cell, displacement vectors of the nuclei at each time point can be separated  
 149 into apicobasal and lateral components. Since, in IKNM, the apicobasal motion is that of interest,  
 150 we used this component for our remaining analyses.

151 Figure 2C,D shows the speed and position of tracked nuclei of the same dataset, over the du-  
 152 ration of their cell cycle, for all cells that went through a full cell cycle. While all nuclei behave  
 153 similarly minutes after their birth (early G1) and before their division (G2), their speed of move-  
 154 ment and displacement is highly variable for the majority of the time that they spend in the cell  
 155 cycle (Figure 2C,D). Most daughter nuclei move away from the apical surface, within minutes from  
 156 being born, with a clear basalward bias in their speed distribution (Figure 2C). This abrupt basal  
 157 motion of newly divided nuclei has also been recently observed by others (*Shinoda et al., 2018*;  
 158 *Barrasso et al., 2018*). However, immediately after this brief period, nuclear speeds become much  
 159 more equally distributed between basalward and apicalward, with a mean value near 0. Such a dis-  
 160 tribution is indicative of random, stochastic motion, which in turn leads to a large variability in the  
 161 position of nuclei within the tissue (away from the apical surface) during the cell cycle (Figure 2B).

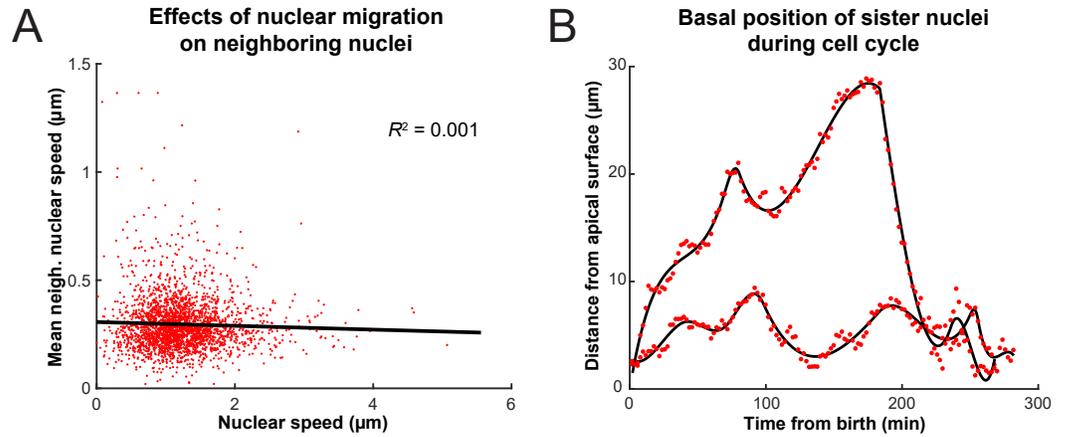
162 Interestingly, except during mitosis, we find an apical clearing of a few microns for dividing  
 163 cells (Figure 2D). We checked to see if this was an artifact of measuring the distance to nuclear  
 164 centers due to nuclear shape, as nuclei are rounded during M phase but are more elongated along  
 165 the apicobasal axis at other times. We found no significant difference between average length of  
 166 nuclear long axis when measured for nuclei right before their division compared to nuclei chosen  
 167 randomly from any other time point within the cell cycle, indicating that this clearing is likely to  
 168 have a biological explanation, such as the preferential occupancy of M phase nuclei at the apical  
 169 surface during IKNM.

### 170 **Basal movement of nuclei is driven like a diffusive process**

171 Previous work has shown that when RPCs are pharmacologically inhibited from replicating their  
 172 DNA, their nuclei neither enter G2 nor exhibit rapid persistent apical migration that normally occurs  
 173 during the G2 phase of the cell cycle (*Leung et al., 2011*; *Kosodo et al., 2011*). A more surprising  
 174 result of these experiments is that the stochastic movements of nuclei in G1 and S phases also slow  
 175 down considerably during such treatment (*Leung et al., 2011*). It was, therefore, suspected that the  
 176 migration of nuclei of cells in G2 toward the apical surface jostles those in other phases (*Norden*  
 177 *et al., 2009*). We searched our tracks for evidence of such direct kinetic interactions among nuclei  
 178 by correlating the speed and direction of movement of single nuclei with their nearest neighbors.  
 179 These neighbors were chosen such that their centers fell within a cylindrical volume of a height  
 180 and base diameter twice the length of long and short axes, respectively, of an average nucleus.  
 181 Figure 3A shows the lack of correlation between the speed of movement of nuclei and the average  
 182 speed of their neighbors. We further categorized the neighboring nuclei by their position in relation  
 183 to the nucleus of interest (along the apicobasal axis), their direction of movement, and whether  
 184 they were moving in the same direction of the nucleus of interest or not. None of the resulting  
 185 eight categories of neighboring nuclei showed a correlation in their average speed with the speed  
 186 of the nucleus of interest. Furthermore, we considered the movement of neighboring nuclei one  
 187 time point (2 min) before or one time point after the movement of the nucleus of interest. Yet, we  
 188 still found no correlation between these time-delayed and original speeds. These results suggest



**Figure 2.** Analysis of nuclear tracks during IKNM. **(A)** Extracted trajectories of nuclei in 3 dimensions. All curated tracks of the main dataset over 400 minutes in the region shown in Figure 1C are presented. **(B)** The distribution of maximum distances reached away from the apical surface by nuclei during their completed cell cycles. The mean and one standard deviation are shown. **(C)** The speed distribution of nuclei over complete cell cycles. The cell cycle lengths of all nuclei were normalized and superimposed to highlight the early basal burst of speed, as well as pre-division apical rapid migration. The speeds between these two periods are normally distributed. **(D)** Position of nuclei as measured by their distance from the apical surface over normalized cell cycle time. Even though all nuclei start and end their cell cycle near the apical surface, they move out across the retina to take positions in all available spaces, creating an apical clearing as indicated.



**Figure 3.** (A) Average speed of nuclei neighboring a nucleus of interest as a function of the speed of that nucleus. (B) The positions of two sister nuclei at each time point imaged (red circles) over their complete cell cycle. The black lines are spline curves indicating the general trend of their movements.

189 that there does not appear to be much transfer of kinetic energy between neighboring nuclei, and  
 190 this is consistent with general considerations of the strongly overdamped character of motion at  
 191 these length scales.

192 Another hypothesis advanced for the basal drift in IKNM is that the nuclear movements are  
 193 driven by apical crowding (Kosodo *et al.*, 2011; Okamoto *et al.*, 2013). How apical crowding might  
 194 result in basal IKNM can be understood by comparing IKNM to a diffusive process. In diffusion, a  
 195 concentration gradient drives the average movement of particles from areas of high to areas of low  
 196 concentration. However, despite the average movement being directed, each individual particle's  
 197 trajectory is a random walk (Reif, 1965). Similarly, during IKNM a gradient in nuclear concentration  
 198 is generated because nuclei divide exclusively at the apical surface. If basal IKNM were comparable  
 199 to diffusion, this nuclear concentration gradient would be expected to result in a net movement  
 200 of nuclei away from the area of high nuclear crowding at the apical side of the neuroepithelium  
 201 (Miyata *et al.*, 2015; Okamoto *et al.*, 2013). Indeed, in IKNM each individual nucleus' trajectory  
 202 resembles a random walk (Norden *et al.*, 2009). Therefore, for the cells in the G1 and S phases  
 203 (which account for more than 90% of the cell cycle time in our system), IKNM has, at least on a  
 204 phenomenological level, the main features of a diffusive process.

205 To test further whether we can indeed describe IKNM using a model of diffusion, we first asked  
 206 what would happen to the concentration gradient if we blocked the cell cycle in S phase, which  
 207 inhibits both the apical movement of the nuclei in G2 and mitosis at the apical surface. If the com-  
 208 parison to diffusion were valid, we expect the blockage to abolish the build-up and maintenance of  
 209 the concentration gradient. We, therefore, compared the normally evolving distribution of nuclei  
 210 in a control retina with that measured from a retina where the cell cycle was arrested at S-phase  
 211 using a combination of hydroxyurea (HU) and aphidicolin (AC) (Leung *et al.*, 2011; Icha *et al.*, 2016).  
 212 These compounds inhibit DNA polymerase and ribonuclear reductase, respectively, to halt DNA  
 213 replication (Baranovskiy *et al.*, 2014; Singh and Xu, 2016). In the HU-AC treated retina, we counted  
 214 the number of nuclei in a three dimensional section of the tissue containing approximately 100  
 215 nuclei, at equal time intervals, starting with 120 min after drug treatment. The delay ensured that  
 216 almost all cell divisions, from nuclei that had already completed the S phase at the time of treat-  
 217 ment, had taken place. These results are shown in Figs. 4A,C, in which approximate the retinal  
 218 tissue as a spherical shell of apical radius  $a$  and introduce the rescaled coordinate  $\xi = r/a$ . As ex-  
 219 pected from the diffusion model (Figure 4D), over the course of 160 min, the mean of the nuclear  
 220 distribution moved further towards the basal surface in treated retinas, and the concentration  
 221 difference between the apical and basal surfaces diminished (Figure 4B,C). In contrast, in control

222 retinas the mean of the nuclear distribution moved towards the apical surface (Figure 4A,C) as the  
 223 gradient continued to build up. Hence, these results support the suitability of a diffusive model to  
 224 describe the basal nuclear migration during IKNM.

### 225 **An analytical diffusion model of IKNM**

226 To investigate whether a diffusion model provides a quantitative description of IKNM, we focus on  
 227 the crowding of nuclei at the apical side of the tissue. In mathematical terms, crowding creates a  
 228 gradient in nuclear concentration  $c$  along the apicobasal direction of the retina. If we assume there  
 229 is no dependence of the nuclear concentration on the lateral position within the tissue then we  
 230 require a diffusion equation for the nuclear concentration  $c(r, t)$  as a function only of the apicobasal  
 231 distance  $r$  and time  $t$ . The retina can be approximated as one half of a spherical shell around  
 232 the lens, and thus we use spherical polar coordinates with the origin of the coordinate system at  
 233 the center of the lens, the basal surface at  $r = b$  and the apical surface at  $r = a$  (Figure 5B). We  
 234 first study the simplest diffusion equation for this system, in which there is a diffusion constant  $D$   
 235 independent of position, time, and  $c$  itself, namely

$$\frac{\partial c}{\partial t} = \frac{D}{r^2} \frac{\partial}{\partial r} \left( r^2 \frac{\partial c}{\partial r} \right). \quad (1)$$

236 We seek to determine  $D$  from the experimental data on the concentration profile  $c(r, t)$ . Note that in  
 237 this parsimonious view of modelling we have not included a 'drift' term of the kind that is expected  
 238 to be present at the very late stages of IKNM, when nuclei return to the apical side.

239 In addition to Equation 1, we must specify the boundary conditions appropriate to IKNM. Since  
 240 nuclei only divide close to the apical surface of the tissue, we treat mitosis as creating an effective  
 241 influx of nuclei through the apical boundary. To quantify this influx, we extracted the number  
 242 of cells  $N(t)$  as a function of time. As during the stages of development examined here cells are  
 243 neither dying nor exiting the cell cycle (*Biehmaier et al., 2001*), we assumed that the number of cell  
 244 divisions is always proportional to the number of currently existing cells. This assumption predicts  
 245 an exponential increase in the number of cells or nuclei, over time, as was recently confirmed by  
 246 *Matejčić et al. (2018)*:

$$N(t) = N_0 e^{t/\tau}, \quad (2)$$

247 where  $N_0$  is the initial number of nuclei and  $\tau = T_p / \ln 2$ , with  $T_p$  the average cell cycle length. Fig-  
 248 ure 5A shows the agreement between the theoretically predicted curve  $N(t)$  with the experimen-  
 249 tally obtained numbers of nuclei over time. Having obtained  $N_0$  and  $T_p$  from our experimental  
 250 data, the predicted curve has no remaining free parameters and thus no fitting is necessary. Using  
 251 Equation 2, we formulate the influx boundary condition as

$$D \frac{\partial c}{\partial r} \Big|_{r=a} = \frac{1}{S} \frac{\partial N(t)}{\partial t} = \frac{N_0}{S\tau} e^{t/\tau}, \quad (3)$$

252 with  $S$  the apical surface area of our domain of interest. In contrast to the apical side of the tissue,  
 253 there is no creation (or depletion) of nuclei at the basal side (*Matejčić et al., 2018*), and hence a  
 254 no-flux boundary condition,

$$\frac{\partial c}{\partial r} \Big|_{r=b} = 0. \quad (4)$$

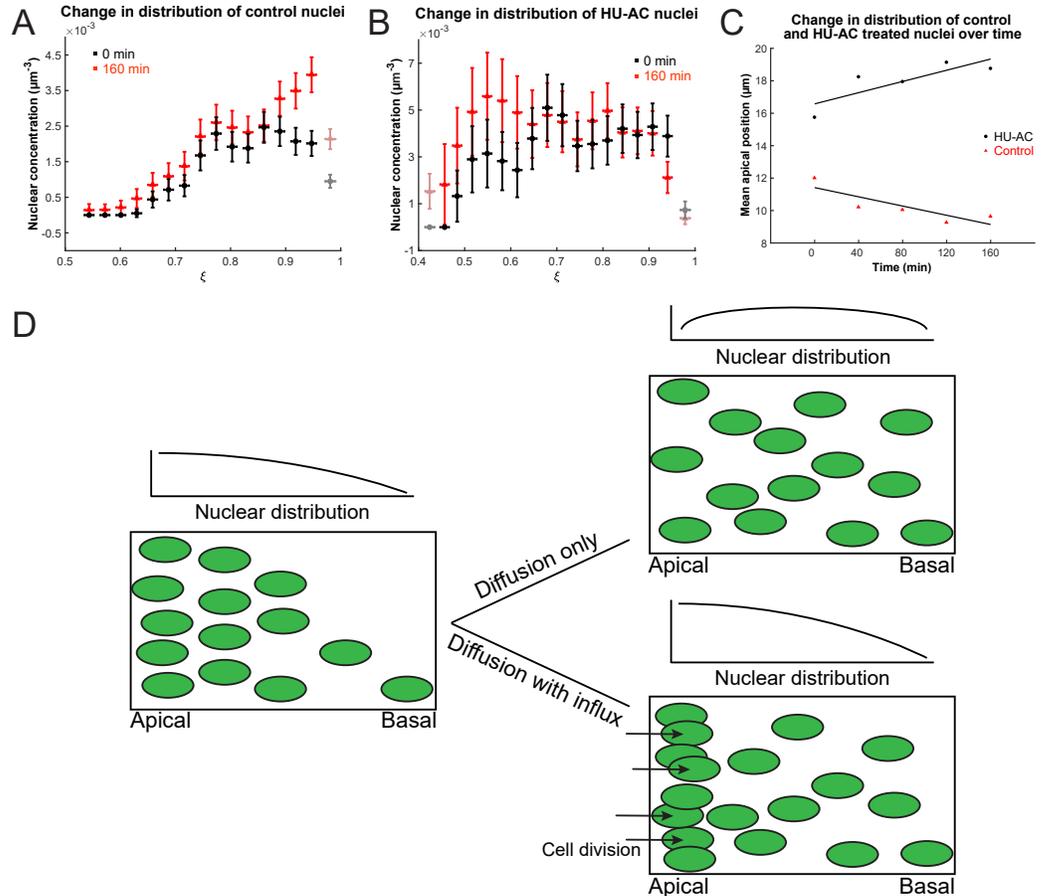
255 Equations 1, 3 and 4 fully specify this simplest mathematical model of IKNM.

256 In solving these equations to find the concentration of nuclei  $c(r, t)$  in the retinal tissue it is  
 257 convenient to introduce dimensionless variables for space and time,

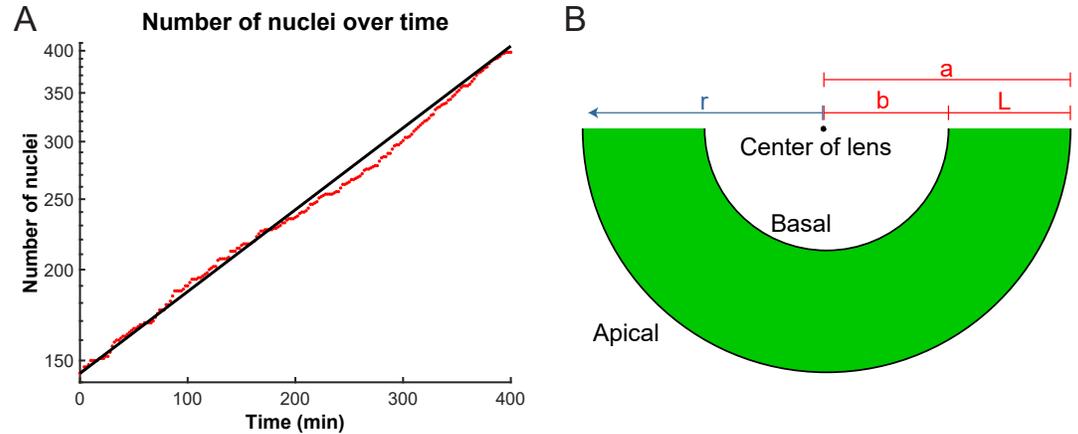
$$\xi = \frac{r}{a}, \quad s = \frac{Dt}{a^2}, \quad (5)$$

258 and further define the purely geometric parameter  $\rho = b/a < 1$ . The exact solution for the nuclear  
 259 concentration, whose detailed derivation is given in the Appendix, is

$$c(\xi, s) = \sum_{i=1}^{\infty} \left( h_i e^{-\lambda_i^2 s} + \frac{\alpha_i f_0}{\sigma + \lambda_i^2} e^{\sigma s} \right) H_i(\xi) + \frac{1}{1-\rho} \left( \frac{1}{2} \xi^2 - \rho \xi + g_0 \right) f_0 e^{\sigma s}. \quad (6)$$



**Figure 4.** Nuclear concentration gradient across the apicobasal axis of the retina. The concentration of nuclei is higher near the apical surface compared to the basal surface. **(A)** In the control retina the nuclear concentration gradient builds up over time. **(B)** Blocking apical migration and division of nuclei, by inhibiting S phase progression, leads to a shift in the distribution of nuclei towards the basal surface in the HU-AC treated retina. In A and B the coordinate  $\xi = r/a$ , where  $a$  is the radius of the apical surface. **(C)** The shift in the distribution of nuclei under HU-AC treatment when compared to the untreated retina. The number of nuclei away from the apical surface increases consistently over time in the absence of cell division, but remains the same when new nuclei are constantly added at the apical surface. **(D)** A schematic of how a diffusion model would work in the context of IKNM in the retina. A concentration gradient of nuclei (left) would drive the net movement of nuclei from the apical surface to the basal surface. However, without maintenance of the gradient, the drive for this net migration is lost (top right). In the retina, the gradient is maintained through cell divisions at the apical surface, modeled as a one way influx across the apical surface (bottom right), continuously driving the net movement basally.



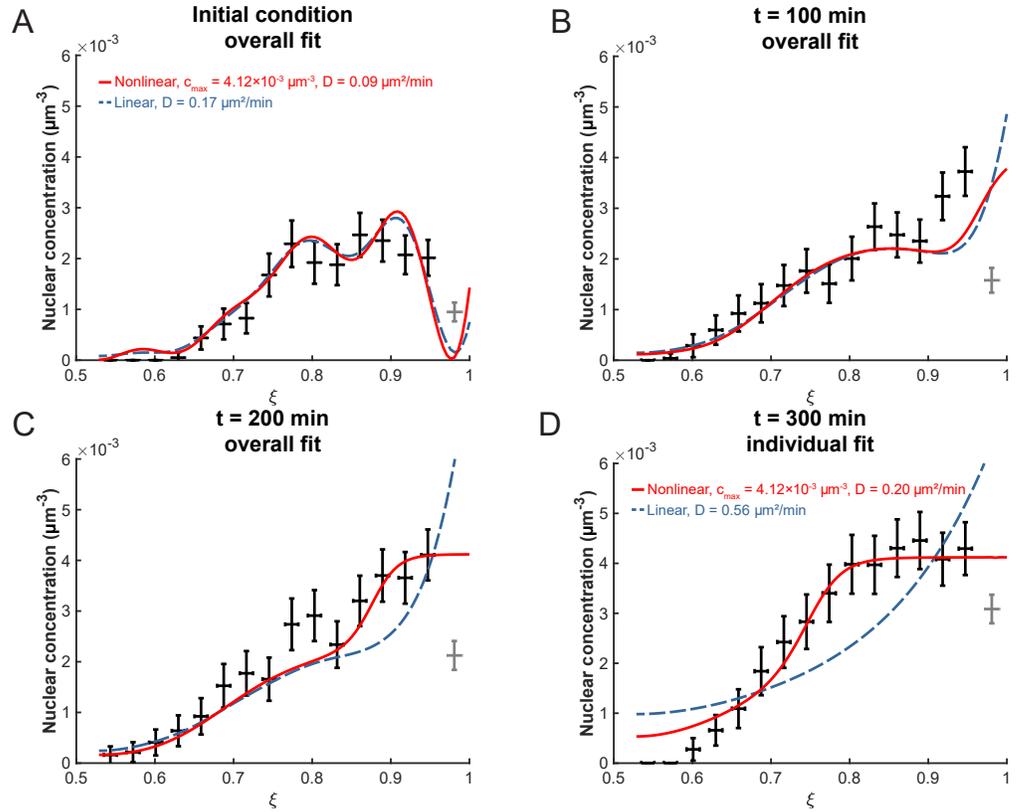
**Figure 5. (A)** Number of nuclei grows exponentially during the proliferative stage of the retinal development. A line can be fit to the log-lin graph of nuclear numbers as a function of time to extract the doubling time (cell cycle length) in this period. **(B)** A schematic of the retina indicating the variables used in the diffusion model of IKNM.  $a$ : distance from center of lens to apical surface;  $b$ : distance from center of lens to basal surface;  $L$ : thickness of the retina;  $r$ : distance from center of lens for each particle.

260 The first terms within parentheses describe the decay over time of the initial condition  $c(\xi, s = 0)$ .  
 261 Here,  $\lambda_i$  are the eigenvalues and  $H_i(\xi)$  the eigenfunctions of the radial diffusion problem, and the  
 262 coefficients  $h_i$  are determined from the experimental initial conditions (see Methods). The second  
 263 terms within the sum and the final term on the right hand side of Equation 6 are constructed such  
 264 that the solution fulfills the boundary conditions 3 and 4. In the last term, the constant  $g_0$  was  
 265 obtained using the constraint that the volume integral of the initial concentration yields the initial  
 266 number of nuclei  $N_0$ .  $f_0$ ,  $\sigma$  and  $\alpha_i$  emerge within the calculation of the solution and are specified in  
 267 the Appendix. Thus, the diffusion constant  $D$  in Equations 1 and 6 is the only unknown.

### 268 The linear model is accurate at early times

269 To determine the effective diffusion constant  $D$  from the data, the experimental distribution of nu-  
 270 clei in the retinal tissue was first converted into a concentration profile. Then, the optimal  $D$ -value,  
 271 henceforth termed  $D^*$ , was obtained using a minimal- $\chi^2$  approach. The value obtained within the  
 272 linear model for a binning width of  $3 \mu\text{m}$  and an apical exclusion width of  $4 \mu\text{m}$  is  $D_{\text{lin}}^* = 0.17 \pm 0.07$   
 273  $\mu\text{m}^2/\text{min}$ . Using this, we can examine the decay times of the different modes in the first term of  
 274 Equation 6. The slowest decaying modes are the ones with the smallest eigenvalues  $\lambda_i$  and we  
 275 find that the longest three decay times are  $\mathcal{T}_1 \approx 1325 \text{ min}$ ,  $\mathcal{T}_2 \approx 350 \text{ min}$  and  $\mathcal{T}_3 \approx 158 \text{ min}$ . This  
 276 shows that indeed all three terms of Equation 6 are relevant on the timescale of our experiment  
 277 and need to be taken into account when calculating the concentration profile. The corresponding  
 278 plots of  $c(\xi, s)$  are shown in Figure 6A-C. As can be seen from this figure, the diffusion model fits  
 279 the data very well at early times,  $t \leq 200 \text{ min}$ . However, for  $t \geq 200 \text{ min}$  the model does not fit  
 280 the data as well; the experimentally observed nuclear concentration levels off at a value between  
 281  $4.00 \times 10^{-3} \mu\text{m}^{-3}$  and  $4.50 \times 10^{-3} \mu\text{m}^{-3}$  (Figure 6D), an aspect that is not captured by this model of  
 282 linear diffusion.

283 One particular aspect of the biology that the linear model neglects is the spatial extent of the  
 284 nuclei. In a linear diffusion model, particles are treated as point-like and non-interacting. However,  
 285 our microscopy images (see Figure 1A) clearly indicate that the nuclei have finite incompressible  
 286 volumes, so that their dense arrangement within the retinal tissue would lead to steric interactions  
 287 once the nuclear concentration is sufficiently high. Moreover, the packing density of nuclei can not  
 288 exceed a maximum value dictated by their geometry. Next, we examined whether accounting for  
 289 these effects leads to a more accurate theory.



**Figure 6.** (A) The initial experimental concentration profile of nuclei at  $t = 0$  min as well as the calculated initial condition curves (see Methods Equation 17) for the linear (red solid line) and nonlinear (blue dashed line) models. The fit of the models to experimental distribution of nuclei after 100 min (B), 200 min (C), and 300 min (D) are shown. For the first three graphs, the best fit over all 100 intervening time points were used with the corresponding diffusion constants shown in (A). For  $t = 300$  min, the best fit at that time point only was used with the corresponding diffusion constants indicated.

290 **Nonlinear extension to the model**

291 When the diffusion equation 1 is written in the following form

$$\frac{\partial c}{\partial t} = D \frac{1}{r^2} \frac{\partial}{\partial r} \left\{ r^2 c \frac{\partial}{\partial r} \left[ \frac{\partial}{\partial c} (c \ln c) \right] \right\}, \quad (7)$$

292 we can identify the term  $c \ln c$  as proportional to the entropy density  $\mathcal{S}$  of an ideal gas, and its  
 293 derivative with respect to  $c$  as a chemical potential. In an ideal gas, all particles are treated as  
 294 point-like and without mutual interactions. In order to include the spatial extent of particles, we  
 295 must estimate the entropy in a way that accounts for the maximum concentration allowable given  
 296 steric interactions. This is a well-studied problem in equilibrium statistical physics, in which, purely  
 297 as a calculation tool, it is useful to consider space as divided up into a lattice of sites. Each of these  
 298 sites can be either empty or occupied by a single particle. In this “lattice gas” model, The discrete  
 299 sites assure a minimum distance of approach for particles and thus a maximum concentration  $c_{\max}$   
 300 (*Huang, 1987*). In this system, a useful approximation to the entropy is

$$\mathcal{S}_{\text{lattice gas}} \propto c \ln c + (c_{\max} - c) \ln (c_{\max} - c). \quad (8)$$

301 Substituting this expression for the term  $c \ln c$  in 7, we obtain the nonlinear diffusion equation

$$\frac{\partial c}{\partial t} = D \frac{1}{r^2} \frac{\partial}{\partial r} \left( r^2 \frac{c_{\max}}{c_{\max} - c} \frac{\partial c}{\partial r} \right). \quad (9)$$

302 Adjusting the boundary conditions at the apical side accordingly leads to

$$D \frac{c_{\max}}{c_{\max} - c} \frac{\partial c}{\partial r} \Big|_{r=a} = \frac{N_0}{S\tau} e^{t/\tau}, \quad (10)$$

303 while the basal boundary condition remains the same as Equation 4. Together, Equation 9 and the  
 304 boundary conditions in Equations 4 and 10 represent an extension to the diffusion model for IKNM,  
 305 which now accounts for steric interactions between the nuclei. The maximum concentration  $c_{\max}$   
 306 incorporated in this model was obtained, as described in the Methods, by considering a range of  
 307 nuclear radii and the maximum possible packing density for aligned ellipsoids (*Donev et al., 2004*).

308 Similar to fitting the linear model, we also need to establish a description of the initial condition.  
 309 To make both models consistent with each other, we employ the linear model’s initial condition,  
 310 Equation 6 at  $s = 0$  with  $h_i$  as obtained from Equation 17 (Figure 6A). The concentration profile in  
 311 the nonlinear model and its derivative were obtained numerically using the MATLAB pdepe solver.  
 312 Fitting this concentration profile to the data was by means of a minimal- $\chi^2$  approach, as well. When  
 313 the optimization takes data points up to  $t = 200$  min into account, we find  $D_{\text{nonlin}}^* = 0.09 \pm 0.05$   
 314  $\mu\text{m}^2/\text{min}$  (Figure 6, Table 1). As can be seen, by choosing  $c_{\max}$  correctly, an excellent fit to the data  
 315 can be obtained, particularly to the flattened part of the distribution at late times near the apical  
 316 side ( $\xi \sim 1$ ), where the linear model fails. These results show that a lattice-gas based diffusion  
 317 model is indeed suitable to describe time evolution of the nuclear concentration profile of the  
 318 zebrafish retina during IKNM over several hours of early development.

319 **Basalward IKNM is not due to thermal diffusion but is compatible with cytoskeletal  
 320 transport**

321 This diffusion model, with the calculated diffusion constant  $D_{\text{nonlin}}^* = 0.09 \pm 0.05 \mu\text{m}^2/\text{min}$  obtained  
 322 from the nonlinear implementation, allows us to probe the physical and biological considerations  
 323 that could set its scale. Notably, at low nuclear densities,  $c \ll c_{\max}$ , the term  $c_{\max}/(c_{\max} - c)$  in  
 324 equation 9 tends to unity, the ordinary diffusion equation 1 with  $D_{\text{lin}}^* = D_{\text{nonlin}}^*$  is recovered. We can  
 325 thus make use of its well-known properties for further evaluation. First, we assess whether nuclei  
 326 in IKNM move due to free equilibrium thermal diffusion in a fluid. If so, the diffusion constant  
 327 obeys the Stokes-Einstein equation (*Einstein, 1905*)

$$D_{\text{thermal}} = \frac{k_B T}{\zeta}, \quad (11)$$

328 where  $k_B = 1.38 \times 10^{-23} \text{ JK}^{-1}$  is the Boltzmann constant,  $T$  is the absolute temperature, and  $\zeta$  is  
 329 the drag coefficient for the particle, the constant of proportionality between the speed with which  
 330 it moves and the force applied. For a spherical particle of radius  $\mathfrak{R}$  in a fluid of viscosity  $\eta$ , the  
 331 reference value is  $\zeta_0 = 6\pi\eta\mathfrak{R}$ . If we assume that the particles move in water at 25 °C, for which  
 332  $\eta \approx 9 \times 10^{-4} \text{ Pas}$ , and if we approximate the nuclei as spheres with  $\mathfrak{R} = 3.5 \mu\text{m}$ , corresponding to  
 333 the maximum nuclear concentration  $c_{\text{max}} = 4.12 \times 10^{-3} \mu\text{m}^{-3}$  (as in Figure 6), we obtain  $D_{\text{thermal}} \approx 4.2$   
 334  $\mu\text{m}^2/\text{min}$ . This value is about 50 times *larger* than the measured value of  $D_{\text{nonlin}}^*$ , implying that freely  
 335 diffusing nuclei in water would be vastly more mobile than seen during IKNM.

336 While the free thermal diffusivity of nuclei serves as a useful reference quantity, nuclei clearly  
 337 do not move in pure water, nor in an unbounded fluid. The viscosity of the cytoplasm is likely  
 338 much higher than that of water due to the high number of organelles and polymeric components  
 339 present; a higher viscosity leads to a lower diffusion constant via the Stokes-Einstein relation (11).  
 340 Similarly, the slender shape of the individual cells within pseudostratified epithelia (**Norden, 2017**)  
 341 would imply that a considerable amount of energy is required to transport fluid through the narrow  
 342 region between the nucleus and the membrane.

343 In order to understand the effects of membrane confinement on fluid transport, it is useful to  
 344 consider a minimal energetic description of the cell shape. That is provided by an energy  $\mathcal{E}$  that  
 345 incorporates membrane elasticity, through a bending modulus  $\kappa$ , and surface tension  $\gamma$ ,

$$\mathcal{E} = \int dS \left\{ \frac{\kappa}{2} \mathcal{H}^2 + \gamma \right\}, \quad (12)$$

346 where  $dS$  is the element of surface area and  $\mathcal{H}$  is the mean curvature. For a cylindrically symmetric  
 347 shape given by a function  $\delta(z)$ ,  $dS = 2\pi\delta\sqrt{1 + \delta_z^2}$  and

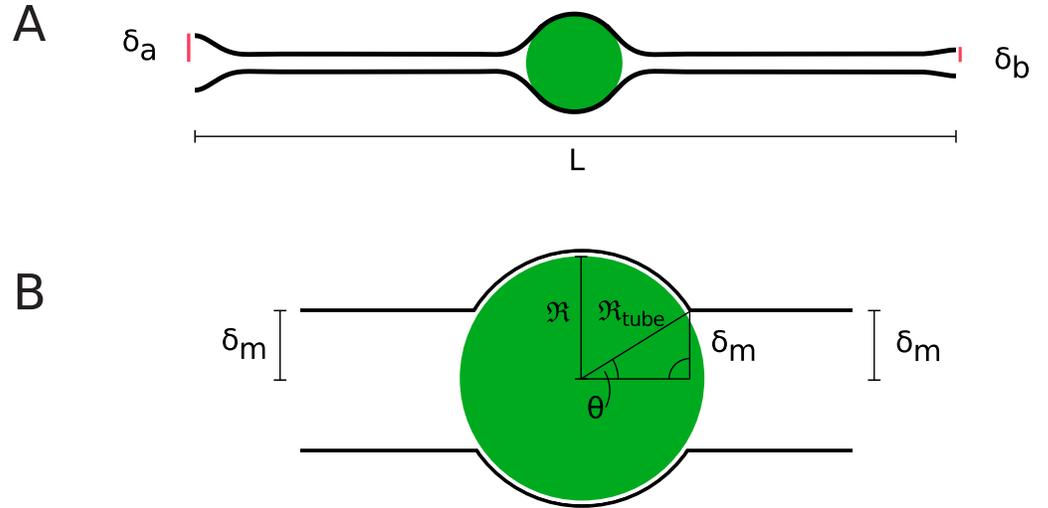
$$\mathcal{H} = \frac{\delta_{zz}}{(1 + \delta_z^2)^{3/2}} - \frac{1}{\delta\sqrt{1 + \delta_z^2}}, \quad (13)$$

348 where  $\delta_z$  stands for  $d\delta/dz$ , etc. The equilibrium shape of a membrane is that which minimizes  
 349 equation 13 subject to constraints such as boundary conditions and/or a given enclosed volume.

350 As first understood in the context of the so-called “pearling instability” of membranes under  
 351 externally imposed tension (**Bar-Ziv and Moses, 1994; Nelson et al., 1995; Goldstein et al., 1996**),  
 352 narrow necks emerge as characteristic equilibrium structures when the dimensionless ratio  $\gamma R_\infty^2 / \kappa$   
 353 is much larger than unity, where  $R_\infty$  is a characteristic tube radius imposed far from the neck (e.g.  
 354 the nuclear radius  $\mathfrak{R}$ ). In this limit, the neck radius is on the order of  $\sqrt{\kappa/\gamma}$ . For fluid membranes it  
 355 is known that  $\kappa \sim 20k_B T$  (**Helfrich, 1973**), while the magnitude of tension (an energy per unit area)  
 356 is such that the surface energy associated with a molecular area is comparable to thermal energy;  
 357  $\gamma\ell^2/k_B T \sim 1$ , where  $\ell$  is a molecular dimension (e.g. 1 nm). Thus,  $\gamma$  may be as large as  $\sim 10^{-5} \text{ Jm}^{-2}$   
 358 and  $\gamma\mathfrak{R}^2/\kappa$  is very large indeed ( $\sim 10^5$ ).

359 To illustrate the kinds of shapes that are energetic minima of (12), we show in Figure 7 that  
 360 which arises when we impose (i) an overall aspect ratio of  $\sim 20$  for the cell, as measured by **Matejčić**  
 361 **et al. (2018)**, (ii) cell radii of 1.98 and  $0.94 \mu\text{m}$  at the apical and basal sides of the tissue, respectively,  
 362 as determined from that aspect ratio and the approximate length  $L$  of cells in our experiment,  
 363 and (iii) position of the nucleus at the midpoint of the cell, with a radius  $\mathfrak{R} = 3.5 \mu\text{m}$ . The details  
 364 of calculations are given in the Appendix. As the necks become extremely narrow in the relevant  
 365 limit, we have taken a smaller value of  $\gamma$  to illustrate the basic effect. Because the gap between the  
 366 membrane and the enveloped sphere is so thin, we have set the membrane radius equal to that  
 367 of the sphere over some angular extent and minimized the energy with respect to the position of  
 368 the last contact point, as detailed in the Appendix.

369 The similarity of this shape to those described in the literature suggests that this model is a  
 370 useful starting point for the discussion of the fluid dynamics of nuclear motion during IKNM. Re-  
 371 cently, **Daniels (2019)** considered the transport of a sphere through the fluid contained within a



**Figure 7.** Cell shapes. A) Equilibrium cell shape obtained from minimization of elastic energy, with specified radii  $\delta_a = 1.98\mu\text{m}$  and  $\delta_b = 0.94\mu\text{m}$  at apical and basal sides. Here, the length  $L$  of the cell is taken to be  $55\mu\text{m}$ . B) Coordinate system defined in (Daniels, 2019), where  $\mathfrak{R}$  is the nuclear radius and  $\mathfrak{R}_{\text{tube}}$  and  $\theta$  are the radius of the membrane tube around the nucleus and the opening angle of the membrane, respectively.

372 cylindrically-symmetric tight-fitting tubular membrane with bending modulus  $\kappa$  and surface ten-  
 373 sion  $\gamma$ , much like the geometry of cells undergoing IKNM. At a finite temperature  $T$  the membrane  
 374 will exhibit thermally-driven shape fluctuations which, as shown by Helfrich (1978), produce a repul-  
 375 sive interaction with the nearby sphere, swelling the gap. In the limit of large tension (appropriate  
 376 to a tight-fitting membrane) the calculation simplifies to yield the result

$$\zeta_{\text{tube}} = 32\zeta_0 \left( \frac{\kappa}{k_B T} \frac{\gamma \mathfrak{R}^2}{k_B T} \right)^{2/3}, \quad (14)$$

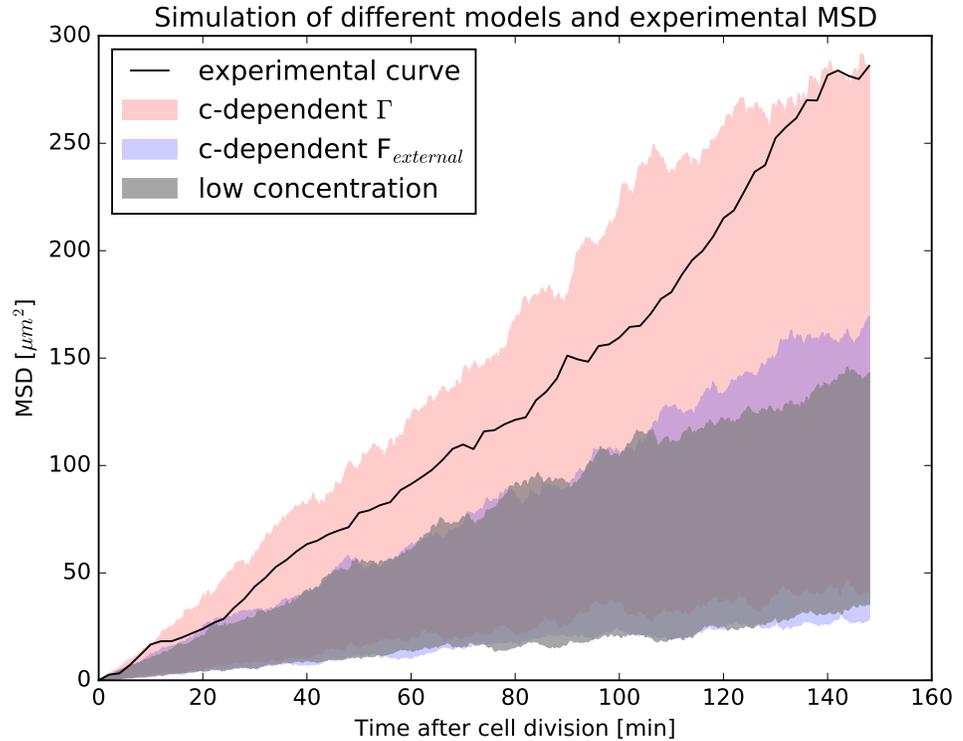
377 where, for ease of interpretation, we have written the factors within parentheses as a product of  
 378 two convenient dimensionless ratios. As the nuclear radius is micron-sized, we find  $\gamma \mathfrak{R}^2 / k_B T \sim 10^7$ ,  
 379 which in turn implies a drag coefficient ratio on the order of  $10^5$  and diffusivities  $D_{\text{tube}} \approx (1 - 5) \times$   
 380  $10^{-6} D_{\text{thermal}}$ . Because of the very close spacing between the membrane and nucleus and the high  
 381 viscous drag associated with such a geometry, these values are about 3 to 4 orders of magnitude  
 382 smaller than the measured  $D_{\text{nonlin}}^*$ . This is without considering changes in the cytoplasmic viscos-  
 383 ity, which would decrease the value of  $D$  even further. Therefore, we conclude that the nuclear  
 384 movements in IKNM cannot be due to thermal diffusion, but must be actively driven, e.g. through  
 385 cytoskeletal transport.

386 We can turn to a more microscopic interpretation of the value of the diffusion constant. At  
 387 low nuclear concentrations, when equation 1 holds, the behavior of individual particles can be  
 388 described using the overdamped Langevin equation (compare to Lemons and Gythiel (1997))

$$\zeta \frac{\partial r}{\partial t} = \mathcal{F}(t) \quad (15)$$

389 where  $\mathcal{F}(t)$  is a stochastic force. In the standard way, if we average over realisations of the random  
 390 force  $\mathcal{F}(t)$  and integrate in time, the mean squared displacement  $\langle r(t)^2 \rangle = \Gamma t / \zeta^2$  is obtained, where  
 391  $\Gamma = \int dq Q(q)$ , with  $Q = \langle \mathcal{F}(t') \mathcal{F}(t'') \rangle$  the correlation function of the stochastic force between time  
 392 points  $t'$  and  $t''$  and  $q = t' - t''$ . For systems at densities low enough for equation 1 to hold, we know  
 393 further that  $\langle r(t)^2 \rangle = 6Dt$ , leading to the result

$$\Gamma = 6\zeta^2 D, \quad (16)$$



**Figure 8.** Mean-squared-displacement (MSD) of the first 40 nuclei that could be tracked beginning with cell division in the experiment. The black curve is the experimental MSD curve as a function of (cell-internal) time after cell division. The shaded areas represent the simulations of different models. In red is the model that assumes the effect of surrounding nuclei is due to a concentration-dependence of the stochastic force (i.e. has a concentration-dependent  $\Gamma$ ). In blue is the model that includes the effect of surrounding nuclei via an additional force  $F_{\text{external}}$ . In gray is the model for low nuclear concentration for comparison. In each case, the same 40 nuclei as the experiment have been simulated, taking their respective environment (i.e. the surrounding nuclear concentration) into account. In each simulation, the MSD curve was calculated as in the experiment. For each model, simulations were repeated 2500 times and the shaded areas represent the range of values covered by the individual resulting MSD curves for each model. The experimental MSD curve only agrees with the model assuming a concentration-dependent stochastic force.

394 expressing the unknown quantity  $\Gamma$  in terms of the measured diffusion constant and the friction  
 395 coefficient. Using the numerical values quoted above, we find  $\Gamma \approx (1.2 \times 10^{-18} - 3.4 \times 10^{-17}) \text{ N}^2 \text{ s}$ . As  
 396 the units of  $\Gamma$  are  $\text{force}^2 \times \text{time}$ , we can estimate the underlying forces if we know their correlation time.  
 397 As most molecular processes of cytoskeletal components have characteristic time scales of 10 ms  
 398 to 1 s, we obtain forces in the range of 1–50 nN. This result is compatible with cytoskeletal transport  
 399 under the assumption that the nucleus is transported either by multiple molecular motors at once,  
 400 since each molecular motor protein typically exerts forces on the order of several pN, or through  
 401 typical forces arising from polymerization of cytoskeletal components, which are in the same range  
 402 (Peskin and Oster, 1993; Footer et al., 2007).

### 403 **A stochastic model for the movement of individual nuclei reveals a potential mi-** 404 **croscopic mechanism for concentration-dependent IKNM**

405 Having obtained an interpretation of the diffusion constant  $D^*$  as arising from cytoskeletal trans-  
 406 port throughout the cell cycle, and not only during the apicalward movement of the nuclei during  
 407 G2, we turn to an interpretation of the concentration dependence of IKNM that results from nuclear  
 408 crowding (equation 9). To this end, we seek an extension to the stochastic dynamics of individual

409 nuclei (equation 15) that corresponds to the concentration evolution in the nonlinear diffusion  
 410 equation 9. In general, there are two different ways to achieve such a correspondence. In the first,  
 411 an additional force  $F_{\text{external}}$  is introduced into the Langevin equation 15, which describes the aver-  
 412 age effect of surrounding nuclei on the individual nucleus in question and is thus concentration-  
 413 dependent. In the second, we make direct use of the fact that  $D_{\text{nonlin}} c_{\text{max}} / (c_{\text{max}} - c) \rightarrow D_{\text{lin}}$  as  
 414  $c \rightarrow 0$ . Inverting this relationship and applying it to the expression  $\Gamma = 6\gamma^2 D$  for the low concentra-  
 415 tion case, we can also extend the Langevin equation 15 by making  $\Gamma$  concentration-dependent, i.e.  
 416  $\Gamma = 6\gamma^2 D_{\text{nonlin}}^* c_{\text{max}} / (c_{\text{max}} - c)$ .

417 Using both models, we can simulate individual nuclei in the experimental environment they  
 418 experience during IKNM, namely the time-varying nuclear distribution across the retinal tissue that  
 419 we found as the solution of the nonlinear model. Simulating several nuclei where each single one  
 420 corresponds exactly to one nucleus in the experiment gives us a means to replicate the processes  
 421 that took place in the tissue over a larger period of time. From such a simulation, we can also  
 422 extract a mean squared displacement curve (MSD curve) that corresponds to the MSD curve which  
 423 can be calculated from the experimental nuclear trajectories. Of course, because our simulations  
 424 are based on a stochastic equation, suitable averaging over realizations of the stochastic force are  
 425 used to obtain statistically significant results.

426 Figure 8 shows the range of possible MSD curves for simulations of the low concentration model  
 427 described by equation 15 and those with the two possible high-concentration extensions, each  
 428 represented by a shaded area. Shown also is the experimental MSD curve obtained from the very  
 429 same nuclei used in the numerics. As can be seen, the experimental curve only agrees with the  
 430 model that assumes a concentration-dependent value of  $\Gamma$ , and not the low-concentration model  
 431 from equation 15. In addition, the experimental curve does not agree with the possibility of in-  
 432 cluding the effects of surrounding nuclei as an independent, additional force. These results have  
 433 two implications. First, they lend further support to the notion raised above that IKNM cannot  
 434 be understood as a single-cell phenomenon. Instead, we can only interpret quantities such as  
 435 MSD curves of nuclei undergoing IKNM correctly if we explicitly take the effects of surrounding  
 436 nuclei into account, even if there seems to be no direct energy transfer between nuclei, as shown  
 437 from our experimental work (Figure 3). Second, the simulation results shown in Figure 8 provide a  
 438 means to distinguish between different ways in which the neighboring nuclei may act on a moving  
 439 nucleus. As the experimental MSD curve only agrees with the model that assumes a concentra-  
 440 tion-dependent stochastic force, among those considered, the results indicate that cells are, in some  
 441 manner, sensitive to the local nuclear concentration. As we have previously shown, the strength of  
 442 this stochastic force is compatible with cytoskeletal transport. At high nuclear concentrations (i.e.  
 443 when nuclei are packed close to the maximum possible packing density), as is the case closest to  
 444 the apical surface of the retinal tissue, cells may recruit more molecular motors to transport nuclei  
 445 away from this surface faster, leading to a concentration-dependence of the stochastic force.

#### 446 **Incubation temperature has direct effects on IKNM**

447 The diffusion model may also address mechanistic questions about IKNM in retinas growing under  
 448 varying experimental conditions. Zebrafish embryos are often grown at different temperatures to  
 449 manipulate their growth rate (*Kimmel et al., 1995; Reider and Connaughton, 2014*), but it has been  
 450 unclear how the nuclei in the retina behave at these different temperatures. To examine this issue,  
 451 we grew the embryos at the normal temperature of 28.5 °C overnight and then incubated them  
 452 at lower temperature (LT) of 25 °C or higher temperature (HT) of 32 °C during imaging. We could  
 453 directly measure the change in average cell cycle length from experimental data and found that  
 454 in HT, it is 205.5 min, while in LT, it is a much larger 532.78 min. We were then able to use these  
 455 values in the model to investigate whether the change in temperature influences the processes  
 456 that determine the effective diffusion constant of the nuclei. The resulting values for  $D_{\text{nonlin}}^*$  are  
 457 summarised in Table 1. Based on these values, two-sided  $t$ -tests (see Methods) confirmed that  
 458 there is no significant difference between the  $D$ -values obtained from the two normal condition

**Table 1.** List of best-fit diffusion constants  $D^*$ , their standard deviations and probabilities for the studied conditions.

	$D^*_{\text{nonlin}}$ ( $\mu\text{m}^2/\text{min}$ )	$\sigma_D$ ( $\mu\text{m}^2/\text{min}$ )	$P_\chi(\chi^2; \nu)$
Normal	0.09	0.05	0.49 - 0.51
Normal (repeat sample)	0.10	0.06	0.47 - 0.48
High T	0.13	0.08	0.42
Low T	0.06	0.05	0.69 - 0.7

459 data sets. In contrast,  $D$ -values for the LT and HT data sets were significantly different from the  
 460 normal ones, with  $p \leq 0.01$ . These results indicate, that aside from its effect on cell cycle length,  
 461 incubation temperature is likely to influence IKNM directly by altering the mobility of nuclei, here  
 462 represented by the effective diffusion constant  $D$ .

### 463 Discussion

464 In this work, we have shown that high density nuclear trajectories can be used to tease apart the  
 465 possible physical processes behind the apparently stochastic movement of nuclei during interki-  
 466 netic nuclear migration. First, we acquired these trajectories using long-term imaging and tracking  
 467 of nuclei with high spatial and temporal resolution within a 3-dimensional segment of the zebrafish  
 468 retina. Analysis of speed and positional distributions of more than a hundred nuclei revealed a  
 469 large degree of variability in their movements during G1 and S phases. Although this variability had  
 470 been observed before, previous experiments had only considered sparsely labeled nuclei within  
 471 an otherwise unlabeled environment (*Baye and Link, 2007; Norden et al., 2009; Leung et al., 2011*).  
 472 Thus, our results provide an important account of the variability of IKNM on a whole tissue level. In  
 473 effect, the variability in IKNM means that nuclear trajectories appear stochastic during the majority  
 474 of the cell cycle. Previously, it had been suggested that the origins of this apparent stochasticity  
 475 lay in the transfer of kinetic energy between nuclei in G2 exhibiting rapid apical migration to nuclei  
 476 in G1 and S phases of the cell cycle, much as a person with an empty beer glass may nudge away  
 477 other customers to get to the bar (*Norden et al., 2009*). However, we found no evidence for direct  
 478 transfer of kinetic energy between nuclei and their immediate neighbors. Recently *Shinoda et al.*  
 479 (*2018*) have also provided evidence that suggests direct collisions do not contribute to basal IKNM.

480 Another possibility is that the stochastic trajectories of G1 and S nuclei could be a result of nu-  
 481 clear crowding at the apical surface (*Miyata et al., 2015*), which, in effect, gives rise to a nuclear  
 482 concentration gradient from the apical to the basal side of the tissue. This gradient is formed and  
 483 sustained by nuclear divisions taking place exclusively at the apical surface. We confirmed the pres-  
 484 ence of such a gradient by calculating the nuclear concentration along the apicobasal dimension  
 485 within the retinal tissue at various time points. Furthermore, to probe the source of the gradient,  
 486 we treated the zebrafish retina with HU-AC to stop the cell cycle in S phase. While we observed the  
 487 build-up of the nuclear concentration gradient over time in the control retina, the nuclear distribu-  
 488 tion flattened when cell division was inhibited with HU-AC treatment.

489 These phenomenological similarities between IKNM and diffusion suggested a model that in-  
 490 cludes two key features: firstly, it focuses on the crowding of nuclei at the apical surface of the  
 491 tissue, here included as the apical boundary condition. Secondly, in the nonlinear extension of  
 492 the model, it incorporates a maximum possible nuclear concentration. This addition provided a  
 493 striking overall improvement to the fits to experimental data over periods of many hours. The re-  
 494 sulting difference in the obtained  $D$ -values between the linear and nonlinear versions of our model  
 495 can be understood heuristically when closely examining the difference between Eqs. 1 and 9. The  
 496 latter introduces the new term  $c_{\text{max}}/(c_{\text{max}} - c)$  which one could think of loosely as corresponding  
 497 to an effective, concentration dependent diffusion constant  $\tilde{D} = Dc_{\text{max}}/(c_{\text{max}} - c)$ . In general  $\tilde{D}$   
 498 will vary across the tissue thickness and, since  $c$  is nonzero for most of the retinal tissue,  $\tilde{D} > D$ .

499 Therefore, averaging across the retinal tissue,  $\bar{D}$  may actually be in very good agreement with the  
 500  $D$ -value found in the linear model. However, the linear model fails to describe the concentration  
 501 dependent mobility, which is successfully captured in the nonlinear model.

502 We made further use of the above correspondence between the linear and nonlinear model  
 503 to obtain a microscopic interpretation of the particular value we obtained for  $D_{\text{nonlin}}^*$ , since both  
 504 models converge into one another at  $c \rightarrow 0$ . The value of  $D^*$  can neither be understood by assum-  
 505 ing simple thermal diffusion of the nuclei, nor by simply including effects of membrane-hindered  
 506 diffusion. Instead, it appears that both hindering and nonequilibrium driving forces have to be  
 507 included, where nuclear mobility can be slowed-down due to the presence of the membrane and  
 508 cytosolic composition and sped-up through active transport. Assuming membrane effects and ac-  
 509 tive transport in a Langevin-type model for nuclei at low densities provided an estimate for the  
 510 strength of the required transport forces, which is consistent with cytoskeletal transport of the  
 511 nuclei throughout the cell cycle.

512 We then extended the Langevin-type model for individual nuclei to include the effects of high  
 513 nuclear packing densities. The resulting models provided a possibility of exploring the properties  
 514 of individual nuclear trajectories under conditions similar to those found in the experiments. Sim-  
 515 ulations using different models suggested that the effects of the dense nuclear packing influence  
 516 the nuclear mobility by locally increasing the strength of the stochastic force. Importantly, the MSD  
 517 curves obtained in the presence of crowding are essentially linear, even though the underlying dy-  
 518 namics is definitely nonlinear. This illustrates clearly the fact that the linearity of an MSD is not, by  
 519 itself, particularly probative of the underlying diffusive dynamics.

520 The underlying processes causing IKNM during the G1 and S phases of the cell cycle in pseu-  
 521 dostratified epithelia have been largely elusive. Several partially competing ideas have been put  
 522 forward, ranging from the active involvement of cytoskeletal transport processes to passive mech-  
 523 anisms of direct energy transfer or movements driven by apical nuclear crowding (*Schenk et al.,*  
 524 *2009; Tsai et al., 2010; Norden et al., 2009; Kosodo et al., 2011*). The fact that inanimate microbeads  
 525 migrate much like nuclei during IKNM in the mouse cerebral cortex (*Kosodo et al., 2011*) suggests  
 526 that active, unidirectional intracellular transport mechanisms are not directly responsible for these  
 527 stochastic movements. Instead, we showed that a passive diffusive process which takes steric in-  
 528 teractions between nuclei into account produces an excellent representation of the time evolution  
 529 of the actual nuclear distribution within the retinal tissue during early development. Consequently,  
 530 our work builds on earlier models of apical crowding based on *in silico* simulations of IKNM (*Kosodo*  
 531 *et al., 2011*). However, in contrast to earlier studies, we explicitly account for the dense nuclear  
 532 packing within the zebrafish retina. Furthermore, we provide an interpretation for the general  
 533 scale of the diffusion constant ( $D \sim 0.1 \mu\text{m}^2/\text{min}$ ) from microscopic considerations, similar to those  
 534 used to relate random walks to diffusion (*Goldstein, 2018*). The results of these microscopic con-  
 535 siderations strongly suggest that nuclei are moved by means of cytoskeletal transport throughout  
 536 the entirety of the cell cycle. However, this transport appears not to be unidirectional but highly  
 537 stochastic during basal IKNM.

538 Finally, an extension of the single nuclei equations to high concentrations and the results of  
 539 stochastic simulations of nuclear trajectories suggest that the stochastic forcing of nuclei itself is  
 540 concentration-dependent. On a microscopic scale, this can be interpreted, for example, under the  
 541 assumption that cells can sense the nuclear packing density. If they recruited more molecular mo-  
 542 tors to areas where nuclei are particularly densely packed, the strength of the stochastic transport  
 543 forces would be concentration-dependent. Nuclei would thus be transported away from areas of  
 544 high nuclear packing faster. In addition to these microscopic considerations, our work reveals the  
 545 importance of simple physical constraints imposed by the overall tissue architecture, which could  
 546 not be explored in previous studies which tracked sparse nuclei, and thus lacked the means to  
 547 explore the effect of such 3-dimensional arrangements. Hence, we paid special attention to the  
 548 spherical shape of the retina and the concentration of nuclei in that space. Examining the evolution  
 549 in distribution of nuclei over time unveils the importance of spatial restriction due to the curvature

550 of the tissue. Additionally, the size of the nuclei in comparison to the tissue leads to the emergence  
 551 of a maximum nuclear concentration which must be taken into account to model IKNM accurately.

552 By inhibiting cell cycle progression or changing temperature, we used the model to shed light on  
 553 properties and mechanisms of the stochastic movements of nuclei during IKNM. From our results  
 554 and previous studies, we know that cell cycle length is affected by change in incubation tempera-  
 555 ture (*Kimmel et al., 1995; Reider and Connaughton, 2014*). However, our results also indicate a sig-  
 556 nificant influence of temperature on the mobility of nuclei and thus the underlying processes con-  
 557 trolling their movement. This is reasonable in the light of our microscopic interpretations, which  
 558 suggested that nuclei move due to cytoskeletal transport through the entire cell cycle in IKNM. The  
 559 fact that the speed and dynamic properties of both the microtubule and actomyosin systems are  
 560 temperature dependent may explain the changes in the diffusion constant that we see as a func-  
 561 tion of temperature (*Hartshorne et al., 1972; Hong et al., 2016*), especially as thermal diffusion is  
 562 dependent on absolute temperature so the changes in temperature used in these experiments  
 563 would have little effect on thermal diffusion. However, a much closer examination of molecular  
 564 mechanisms driving stochastic nuclear movements is required to understand better the connec-  
 565 tions between these phenomena, as we are far from understanding the nature of all the different  
 566 forces involved in this process. Furthermore, the diffusion constant reported here reflects all types  
 567 of nuclear movement during IKNM as it is derived from the changing nuclear concentration profile  
 568 over time. It is not immediately clear how rapid apical migration contributes to this overall diffu-  
 569 sion constant. Nonetheless, despite the large displacement during rapid apical migration at G2,  
 570 this phase only accounts for about 8% of the cell cycle (*Leung et al., 2011*). Therefore, the good  
 571 agreement of our calculated diffusion constant with those previously reported in the literature for  
 572 individual nuclei (*Leung et al., 2011*) suggests that the proposed model describes tissue-wide IKNM  
 573 quite well. At the same time, it raises interesting new questions, such as how cells sense such con-  
 574 centrations and the mechanisms that increase the stochastic force on nuclear movement at higher  
 575 concentrations.

576 The physiological consequences of nuclear arrangements and IKNM associated with all pseu-  
 577 dostratified epithelia are not well understood. Our results provide a quantitative description of  
 578 the stochastic distribution of the nuclei across the retina. This distribution has been implicated  
 579 in stochastic cell fate decision making of progenitor cells during differentiation (*Clark et al., 2012;*  
 580 *Baye and Link, 2007; Hiscock et al., 2018*). Our observations would fit with previous suggestions  
 581 that a signalling gradient, such as Notch, exists across the retina and location-dependent exposure  
 582 to it is important for downstream decision-making (*Murciano et al., 2002; Del Bene et al., 2008; His-*  
 583 *cock et al., 2018; Aggarwal et al., 2016*). Thus, our results not only have important implications for  
 584 understanding the organisation of developing vertebrate tissues, but may also provide a starting  
 585 point for further exploration of the connection between variability in nuclear positions and cell fate  
 586 decision making in neuroepithelia.

## 587 **Methods and Materials**

### 588 **Animals and Transgenic Lines**

589 All animal work was approved by Local Ethical Review Committee of the University of Cambridge  
 590 and performed in accordance with a Home Office project license PL80/2198. All zebrafish were  
 591 maintained and bred at 26.5 °C. All embryos were incubated at 28.5 °C before imaging sessions.  
 592 At 10 hours post fertilization (hpf), 0.003% phenylthiourea (PTU) (sigma) was added to the medium  
 593 to stop pigmentation in the eye.

### 594 **Lightsheet microscopy**

595 Images of retinal development for the main dataset were obtained using lightsheet microscopy.  
 596 Double transgenic embryos, Tg(bactin2:H2B-GFP::ptf1a:DsRed) were dechorionated at 24 hpf and  
 597 screened positive for the fluorescent transgenic markers prior to the imaging experiment. The

embryo selected for imaging was then embedded in 0.4% low gelling temperature agarose (Type VII, Sigma-Aldrich) prepared in the imaging buffer (0.3x Daniau's solution with 0.2% tricaine and 0.003% PTU (*Godinho, 2011*)) within an FEP tube with 25  $\mu\text{m}$  thick walls (Zeus), with an eye facing the camera and the illumination light shedding from the ventral side. The tube was held in place by a custom-designed glass capillary (3 mm outer diameter, 20 mm length; Hilgenberg GmbH). The capillary itself was mounted vertically in the imaging specimen chamber filled with the imaging buffer. To ensure normal development, a perfusion system was used to pump warm water into the specimen chamber, maintaining a constant temperature of 28.5  $^{\circ}\text{C}$  at the location of the specimen.

Time-lapse recording of retinal development was performed using a SIMView light-sheet microscope (*Tomer et al., 2012*) with one illumination and one detection arm. Lasers were focused by Nikon 10x/0.3 NA water immersion objectives. Images were acquired with Nikon 40x/0.8 NA water immersion objective and Hamamatsu Ocras Flash 4.0 sCMOS camera. GFP was excited with scanned light sheets using a 488 nm laser, and detected through a 525/50 nm band pass detection filter (Semrock). Image stacks were acquired with confocal slit detection (*Baumgart and Kubitschek, 2012*) with exposure time of 10 ms per frame, and the sample was moved in 0.812  $\mu\text{m}$  steps along the axial direction. For each time point, two 330 x 330 x 250  $\mu\text{m}^3$  image stacks with a 40  $\mu\text{m}$  horizontal offset were acquired to ensure the coverage of the entire retina. The images were acquired every 2 min from 30 hpf to 72 hpf. The position of the sample was manually adjusted during imaging to compensate for drift. The two image stacks in the same time point were fused together to keep the combined image with the best resolution. An algorithm based on phase correlation was subsequently used to estimate and correct for the sample drift over time. The processing pipeline was implemented with MATLAB (MathWorks).

## Two photon microscopy

Images for the repetition dataset and all other conditions were obtained using a TriM Scope II 2-photon microscope (LaVision BioTec). A previously established Tg(H2B-GFP) line, generated by injecting a DNA construct of H2B-GFP driven from the actin promoter (*He et al., 2012*), was used for all these experiments. Embryos were dechorionated and screened for expression of GFP at 24 hpf. An embryo was then embedded in 0.9% UltraPure low melting point agarose (Invitrogen) prepared in E3 medium containing 0.003% PTU and 0.2% tricaine. The agarose and embryo were placed laterally within a 3D printed half cylinder of transparent ABS plastic, 0.8 mm in diameter, attached to the bottom of a petri dish, such that one eye faced the detection lens of the microscope. The petri dish was then filled with an incubation solution of E3 medium, PTU, and tricaine in the same concentrations as above. For the experiment involving cell cycle arrest, hydroxyurea and aphidicolin (Abcam) were added to the incubation solution right before imaging, to a final concentration of 20 mM and 150  $\mu\text{M}$ , respectively. The imaging chamber was maintained at a temperature of 25  $^{\circ}\text{C}$ , 28.5  $^{\circ}\text{C}$ , or 32  $^{\circ}\text{C}$ , as required, using a precision air heater (The Cube, Life Imaging Services).

Green fluorescence was excited using an Insight DeepSee laser (Spectra-Physics) at 927 nm. The emission of the fluorophore was detected through an Olympus 25x/1.05 NA water immersion objective, and all the signal within the visible spectrum was recorded by a sensitive GaAsP detector. Image stacks with step size of 1  $\mu\text{m}$  were acquired with exposure time of 1.35 ms per line averaged over two scans. The images were recorded every 2 min for 10-15 hours starting at 26-28 hpf. The same post processing procedure for data compression and drift correction was used on these raw images as on those from lightsheet imaging.

## Obtaining experimental input values for the model

The radial coordinates  $r_n$  of nuclei were calculated by subtracting  $l_n$  from  $a$ , wherein  $l_n$  is the distance from the center of a nucleus  $n$  to the apical surface and  $a$  is the distance from the center of the lens to the apical surface. We estimated a total uncertainty of  $\Delta r = \pm 3 \mu\text{m}$  for each single distance measurement of  $r_n$ . This value is a result of uncertainty in detecting the center of the nucleus and in establishing the position of the apical surface.

647 Because each nuclear position has an error bar  $\Delta r$ , binning the data leads to an uncertainty  
 648 in the bin count. In order to calculate this uncertainty, we considered the probability distribution  
 649 of a nucleus' position. In the simplest case, this probability is uniform within the width of the  
 650 positional error bar and zero elsewhere. The probability,  $p_{n,\text{bin}}$ , of finding a given nucleus  $n$  within  
 651 a given bin, is proportional to the size of the overlap of probability distribution and bin. It follows  
 652 that the expectation value for the number of nuclei within a bin is given as  $\mathbb{E}(N_{\text{bin}}) = \sum_n p_{n,\text{bin}}$ .  
 653 Correspondingly,  $\text{Var}(N_{\text{bin}}) = \sum_n p_{n,\text{bin}}(1 - p_{n,\text{bin}})$  is the variance of the number of nuclei within this  
 654 bin. Thus, the error bar of the bin count is  $\sigma_{y,\text{bin}} = \sqrt{\text{Var}(N_{\text{bin}})}$ . The nuclear distribution profile  
 655  $N(r, t)$  is not expected to be uniform or linear, therefore the expectation value  $\mathbb{E}(N_{\text{bin}})$  does not  
 656 correspond to the number of nuclei at the center of the bin. Since the position of the expectation  
 657 value is unknown *a priori*, it is still plotted at the center of the bin with an error bar denoting its  
 658 positional uncertainty. Here we assume this error bar to be the square-root of the bin size  $\Delta r_{\text{bin}}$ ,  
 659 i.e.  $\sigma_{x,\text{bin}} = \sqrt{\Delta r_{\text{bin}}}$ .

660 In order to obtain the experimental nuclear concentration profile  $c(r, t)$ , and its error bars, from  
 661 the distribution of nuclei  $N(r, t)$ , the volume of the retina also has to be taken into account, since  
 662  $c = N/V$ . The total retinal volume within which nuclei tracking took place was estimated directly  
 663 from the microscopy images. To this end, we outlined the area of observation in each image slice  
 664 using the Fiji software and multiplied this area with the distance between successive images. Given  
 665 the total volume,  $V_{\text{total}}$ , we proceeded to calculate the volume per bin, which depends on the radii  
 666 at the inner and outer bin surfaces. In general, the volume of part of a sphere, e.g. a spherical  
 667 sector, is given as  $V_{\text{sector}} = \frac{1}{3}\Omega r^3_{\text{sector}}$ , where  $\Omega$  denotes the solid angle. Knowing the apical and basal  
 668 tissue radii,  $r = a$  and  $r = b$ , one can thus calculate  $\Omega$  as  $\Omega = 3V_{\text{total}}/(a^3 - b^3)$ . This gives the volume  
 669 of each bin as  $V_{\text{bin}} = \frac{1}{3}\Omega (r_{\text{bin,outer}}^3 - r_{\text{bin,inner}}^3)$ , where  $r_{\text{bin,outer}}$  and  $r_{\text{bin,inner}}$  denote the outer and inner  
 670 radii of a bin, respectively. Similarly, we calculated the effective surface area  $S$  through which the  
 671 influx of nuclei occurs (see Equation 3) from the solid angle  $\Omega$ . This surface area is simply given as  
 672  $S = \Omega a^2$ .

673 To retrieve the average cell cycle time  $T_p$  for each of the data sets, we used two different ap-  
 674 proaches. In the case of the main data set, sufficient number of nuclear tracks consisting of a  
 675 whole cell cycle were present. Thus we directly calculated the average cell cycle duration from  
 676 these tracks. For the other datasets, we make use of the fact that the number of nuclei follows an  
 677 exponential growth law depending on  $T_p$  (see Equation 2). Knowing the initial number of tracked  
 678 nuclei  $N_0$  for each data set, we obtained  $T_p$  from fitting the following equation to the number of  
 679 nuclei as a function of time in a log-lin plot:  $\ln N(t) = \ln N_0 + t/\tau = \ln N_0 + (\ln 2/T_p)t$ . Then  $T_p$  was  
 680 deduced from the slope of this fit.

681 In order to determine the maximum nuclear concentration  $c_{\text{max}}$  for the nonlinear model, we  
 682 first randomly selected 100 nuclei from our dataset of tracked nuclei and measured the size of  
 683 their longest diameter in both XY and YZ planes. From these measurements we established that  
 684 the size of the principal semi-axis of each nucleus is likely to lie in the range of about 3  $\mu\text{m}$  to 5  $\mu\text{m}$ ,  
 685 where the nuclear shape is regarded to be ellipsoidal. This led to the range of possible maximum  
 686 concentrations  $c_{\text{max}}$ , although we did not measure the precise nuclear volume. The lower limit for  
 687 the nuclear volume is set by the volume of a sphere of radius 3  $\mu\text{m}$ , the upper limit by a sphere  
 688 of radius 5  $\mu\text{m}$ . Taking into account the maximum possible packing density of nuclei, which for  
 689 aligned ellipsoids is the same as that of spheres (Donev *et al.*, 2004),  $\pi/(3\sqrt{2}) \approx 0.74$ , we obtained  
 690 a range of  $1.41 \times 10^{-3} \mu\text{m}^{-3} \leq c_{\text{max}} \leq 6.55 \times 10^{-3} \mu\text{m}^{-3}$ .

### 691 Obtaining the initial condition

692 We determined the prefactors  $h_i$  from the experimental nuclear distribution at the start of the  
 693 experiment,  $c_{\text{exp}}(\xi, 0)$ . For convenience, we chose to determine first  $\tilde{h}_i = h_i + \alpha_i f_0/(\sigma + \lambda_i^2)$  and then  
 694 obtained  $h_i$  by subtracting  $\alpha_i f_0/(\sigma + \lambda_i^2)$  from the results. The  $\tilde{h}_i$  can be calculated from the data,

695 using Equation 6 for  $s = 0$ , as

$$\tilde{h}_i = \sum_m \xi_m^2 H_i(\xi_m) c_{\text{exp}}(\xi_m, 0) \Delta \xi_m - \frac{f_0}{1-\rho} \int_{\rho}^1 \xi^2 H_i(\xi) \left( \frac{1}{2} \xi^2 - \rho \xi + g_0 \right) d\xi, \quad (17)$$

696 where  $m$  denotes the  $m$ -th binned data point,  $\xi_m$  its position and  $\Delta \xi_m$  the width of bin  $m$ . As in  
697 Equation 6, the index  $i$  denotes the  $i$ -th eigenfunction or -mode.

### 698 **The concentration profile in the nonlinear model**

699 The non-linear concentration profile was determined numerically from the same initial condition  
700 as used for the linear model, Equation 6, at  $s = 0$  with  $\tilde{h}_i$  as in Equation 17. Time evolution of the  
701 initial condition, according to Equation 9, was performed using the pdepe solver in MATLAB.

### 702 **Fitting the model**

703 The range of sizes of the nuclear principal semi-axes was used to determine the range of data to  
704 be included in our fits. Any data closer than 3  $\mu\text{m}$  to 5  $\mu\text{m}$  from the apical or basal tissue surfaces  
705 was not taken into account for fitting because the center of a nucleus cannot be any closer to a  
706 surface than the nuclear radius. Thus, all data collection very close to the apical or basal tissue  
707 surfaces must have been due to the above mentioned measurement uncertainties  $\Delta r$ .

708 In principle, the full solution for  $c(\xi, s)$  is composed of infinitely many modes. However, in prac-  
709 tice, we truncated this series and only included the first 8 modes in our fits. This is due to the fact  
710 that we have a finite set of data points, so adding too many modes could lead to over-fitting. Fits  
711 with a wide range of numbers of modes were found to result in the same optimal  $D$ -values.

712 For fitting, we first rescaled the data in accordance with the non-dimensionalisation of the theo-  
713 retical variables  $r$  and  $t$  (see Equation 5). Thus we obtain  $c_{\text{exp}}(\xi, s)$  from  $c_{\text{exp}}(r, t)$ . Then both models  
714 were fitted to the experimental data using a minimal- $\chi^2$  approach. The goodness of fit param-  
715 eter  $\chi^2 = \sum_m (c_{\text{exp}}(\xi, s) - c(\xi, s))^2 / \sigma_m^2$ , where  $\sum_m$  denotes the summation over all bins  $m$ . Since  
716 binning resulted in uncertainties  $\sigma_{y,\text{bin}}$  and  $\sigma_{x,\text{bin}}$  in the  $y$ - and  $x$ -directions, both had to be taken  
717 into account when calculating  $\sigma_m$  and  $\chi^2$ . The combined contribution of  $x$ - and  $y$ - uncertainties is:  
718  $\sigma_m^2 = \sigma_{y,m}^2 + \sigma_{y,\text{indirect},m}^2$  with  $\sigma_{y,\text{indirect},m} = \sigma_{x,m} (dc(\xi, s)/d\xi) \Big|_{\xi=\xi_m}$  (Bevington and Robinson, 2003). In our  
719 fits, the value  $\chi^2$  was calculated for a large range of possible diffusion constants  $D$ , from  $D = 0.01$   
720  $\mu\text{m}^2/\text{min}$  to  $D = 10 \mu\text{m}^2/\text{min}$ . By finding the value of  $D$  for which  $\chi^2$  became minimal for a given  
721 data set and time point, we established our optimal fit.

722 The minimal- $\chi^2$  approach furthermore enabled us to determine the optimal binning width  $\Delta r_{\text{bin}}$   
723 or  $\Delta \xi_{\text{bin}}$  and width of data exclusion for the fits. In order to do so, fits of the normal data set were  
724 performed for different data binning widths and exclusion sizes of 3  $\mu\text{m}$  to 5  $\mu\text{m}$ . For each of these  
725 fits the  $\chi^2$ -value and the number of degrees of freedom  $\nu$ , i.e. the number of data points minus  
726 the number of free fit parameters (here number of data points minus 1), were registered. From  
727  $\chi^2$  and  $\nu$  we calculated the reduced  $\chi^2$  value,  $\chi_\nu^2 = \chi^2/\nu$  (Bevington and Robinson, 2003). Using  $\nu$   
728 and  $\chi_\nu^2$ , the probability  $P_\chi(\chi^2; \nu)$  of exceeding  $\chi$  for a given fit can be estimated, which should be  
729 approximately 0.5 (Bevington and Robinson, 2003). Therefore, we found our optimal data binning  
730 width of 3  $\mu\text{m}$  to 4  $\mu\text{m}$  as the width that resulted in a  $P_\chi(\chi^2; \nu)$  as close to 0.5 as possible for all the  
731 different time points when fitting the nonlinear model. The exact choice of exclusion width was  
732 found not to influence the fitting result for the nonlinear model.

733 In addition to finding the optimal  $D$ -value for individual time points, we also modified the  
734 minimal- $\chi^2$  routine to find the value of  $D$  that fits a whole data set (i.e. all time points simulta-  
735 neously) in the best possible way. In order to do so, we summed the  $\chi^2$ -values obtained for each  $D$   
736 over all time points, in this way producing a  $\sum_i \chi^2(D)$ -curve. The minimum of this curve indicates  $D^*$   
737 for the whole time series. Furthermore, dividing  $\sum_i \chi^2(D)$  by the number of time points included in  
738 the optimization yields an average  $\chi^2$ - and reduced  $\chi^2$ -value corresponding to this  $D^*$ . In addition,  
739 the width of this time averaged curve at  $\chi^2 = \chi_{\text{min}}^2 + 1$  indicates the standard deviation of the optimal  
740  $D$ -value,  $\sigma_D$ . By approximating the minimum with a quadratic curve, we obtain an estimate for this

741 standard deviation as  $\sigma_D = \Delta_D \sqrt{2 \left( \chi_{D^* - \Delta_D}^2 - 2\chi_{D^*}^2 + \chi_{D^* + \Delta_D}^2 \right)}$  (Bevington and Robinson, 2003) where  
 742  $\Delta_D$  is the step size between individual fitted  $D$ -values, here  $\Delta_D = 0.01 \mu\text{m}^2/\text{min}$ . Lastly, based on  
 743 the average reduced  $\chi^2$ -values, we also compared several  $c_{\text{max}}$ -values for each data set to find the  
 744 fit with probability  $P_\chi(\chi^2; \nu)$  the closest to 0.5 in each case.

745 All fits were performed using custom MATLAB routines. Horizontal error bars were plotted  
 746 using the function `herrorbar` (van der Geest, 2006).

### 747 Nuclear radius for interpretation of $D$

748 The average nuclear radius used to calculate the friction coefficient and thermal diffusion coeffi-  
 749 cient of IKNM nuclei was the radius corresponding to the maximum concentration  $c_{\text{max}}$  obtained  
 750 from the fitting procedure.

### 751 Experimental nuclear birth times and mean-squared-displacement curve

752 Among all the nuclei tracked in the experiments, we selected those nuclei where tracking data  
 753 was available beginning right from cell division and also over a sufficiently long period of time to  
 754 cover a substantial part of the cell cycle (at least 75 time steps, i.e. 150 min). For these nuclei,  
 755 we extracted their respective birth times within the experiment from the full tracks and sorted  
 756 the nuclei accordingly. The first 40 nuclei were chosen for further analysis, as these were nuclei  
 757 with a minimum of 150 min of tracking data completely within the first 200 min of experiments,  
 758 corresponding to the time frame used for  $D$ -optimisation in the non-linear diffusion model. The  
 759 exact distribution of their birth times was stored for use in the individual nuclei simulations.

760 Further, the nuclear tracks of the chosen 40 nuclei were transformed from being a function of  
 761 experimental time to being a function of cell cycle time by simply subtracting a nucleus' individual  
 762 birth time from the experimental time for each step of its tracking data. Then the experimental  
 763 mean squared displacement curve was calculated from the so obtained cell cycle dependent tracks.

### 764 Calculation of the shapes of retinal cell shapes

765 Here we give more information on the numerical calculation of cell shapes. Further details can be  
 766 found elsewhere (Herrmann, 2020). Minimisation of the elastic energy (12) leads to the equilibrium  
 767 condition on the shape, expressed in terms of the mean curvature  $\mathcal{H}$  and the Gaussian curvature  
 768  $\mathcal{K}$  (Zhong-can and Helfrich, 1989),

$$-\gamma\mathcal{H} + 2\kappa(\mathcal{H}^3 - \mathcal{K}\mathcal{H}) + \kappa\Delta\mathcal{H} = 0, \quad (18)$$

769 where, for an axisymmetric shape  $\delta(z)$ ,

$$\mathcal{K} = -\frac{\delta_{zz}}{\delta(1 + \delta_z^2)^2} \quad (19)$$

770 and  $\Delta$  is the Laplacian operator,

$$\nabla^2 = \frac{1}{\delta\sqrt{1 + \delta_z^2}} \frac{\partial}{\partial z} \left( \frac{\delta}{\sqrt{1 + \delta_z^2}} \frac{\partial}{\partial z} \right). \quad (20)$$

771 The resulting shape equation is fourth order in  $z$ -derivatives and thus requires four boundary con-  
 772 ditions. Given the symmetry of the system, we solve for the shape in the left half of the domain  
 773  $z = (0, L/2)$  and impose  $\delta(0) = \delta_a$  and  $\delta_z(0) = 0$  at the apical surface. Imposing boundary conditions  
 774 like  $\delta(L/2) = \mathfrak{R}$  and  $\delta_z(L/2) = 0$  at the top of the nucleus usually leads to solutions that are incom-  
 775 compatible with the presence of the nucleus (i.e. the resulting membrane shapes would cut through  
 776 the nucleus). Therefore, we further divide the domain  $z = (0, L/2)$  into a region away from the  
 777 nucleus and a region where the membrane is in close contact with it. In the latter region, we as-  
 778 sume the membrane to be bent into a spherical arc around the nucleus, leaving a small equilibrium

779 gap as estimated by *Daniels (2019)*. The contact point  $z_{\text{contact}}$  between the two regions is adjusted  
 780 until the membrane radius and its derivative are continuous through the contact point. The mem-  
 781 brane shape away from the nucleus is then found using the MATLAB `bvp5c` solver. As can be seen  
 782 from energy minimization using (12), the solution in each case turns out to be the one for which  
 783  $z_{\text{contact}}$  has been chosen such that the resulting  $\mathcal{H}$  in  $z \in [0, z_{\text{contact}}]$  is equal to  $\mathcal{H}_{\text{circle}} = -1/\mathfrak{R}_{\text{tube}}$  for  
 784  $z \rightarrow z_{\text{contact}}$ , where  $\mathfrak{R}_{\text{tube}}$  is the radius of the membrane arc around the nucleus.

### 785 **Simulations of individual nuclear trajectories**

786 Simulations of nuclear trajectories for each of the three Langevin-type models were performed  
 787 using a custom Python 3 routine. Time discretisation of the stochastic differential equations was  
 788 achieved via the Euler-Maruyama method. Simulations were performed using 0.2 min time steps  
 789 and were checked against those with smaller time steps to ensure that this choice was sufficiently  
 790 small.

791 In each run of a simulation, 40 nuclei were simulated and their birth times within the simulation  
 792 were chosen to be the same birth times as those obtained from the nuclei within the experiments.  
 793 Each nucleus was simulated for a total of 150 min, corresponding to the chosen experimental data.  
 794 The value for the diffusion constant in these simulations was set to be the previously obtained value  
 795  $D_{\text{nonlin}}^*$ . For simulations with nuclear concentration-dependent Langevin equations,  $c_{\text{max}}$  and the  
 796 average nuclear concentration field  $c(r, t)$  were similarly extracted from the results of the previous  
 797 fits using the non-linear diffusion equation. Herein,  $c(r, t)$  was provided for each time step of the  
 798 simulation. As  $c(r, t)$  can only be provided for discrete spatial coordinates  $r$  but the Langevin-type  
 799 simulations were continuous in the spatial coordinate  $r$ ,  $c$  was averaged over the values at the two  
 800 closest spatial points whenever a nucleus' position did not exactly coincide with a point where the  
 801 value for  $c$  was provided.

802 The resulting simulated nuclear trajectories were treated in the same way as the experimentally  
 803 obtained ones. I.e. the nuclei's birth times were subtracted from the trajectories to obtain cell cycle  
 804 dependent tracks. Then, the mean squared displacement curve was calculated from the resulting  
 805 set.

806 For each model, the same simulation was repeated 2500 times to obtain the range of distribu-  
 807 tions of the resulting mean squared displacement curves. For each cell cycle time step, the min-  
 808 imum and maximum of the mean squared displacement values out of all 2500 repetitions were  
 809 calculated to obtain the areas depicted in Figure 8.

### 810 **t-tests**

811 To compare results between data sets, the values  $D^*$  and corresponding  $\sigma_D$  from the overall fits  
 812 were considered. It should be noted that these values were not obtained by averaging several  
 813 data sets of the same experimental condition but instead each value results from one data set  
 814 only. However, the sample size for each data set was set to 100 because 100 time points were taken  
 815 into account for each overall optimization. These time points might not be completely uncorrelated,  
 816 limiting the predictive power of the *t*-test. Two sided tests, specifically unequal variances *t*-test, also  
 817 known as Welch's *t*-test, (*Precht and Kraft, 2015*), were performed in order to determine whether  
 818 samples differ significantly from each other.

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## 970 Appendix

### 971 Full solution of the linear diffusion equation

972 After rescaling space and time as in Equation 5 and introducing  $\rho = b/a < 1$ , Equation 1 and the  
 973 boundary conditions 3 and 4 read

$$\begin{aligned} \frac{\partial c(\xi, s)}{\partial s} &= \frac{1}{\xi^2} \frac{\partial}{\partial \xi} \left( \xi^2 \frac{\partial c(\xi, s)}{\partial \xi} \right), \\ \frac{\partial c(\xi, s)}{\partial \xi} \Big|_{\xi=1} &= f_0 e^{\sigma s} = f(s) \quad \text{and} \quad \frac{\partial c(\xi, s)}{\partial \xi} \Big|_{\xi=\rho} = 0, \end{aligned} \quad (21)$$

974 where we have defined  $f_0 = aN_0/DS\tau$  and  $\sigma = a^2/D\tau$ . We transform this homogeneous differen-  
 975 tial equation with inhomogeneous boundary conditions into the problem of solving an inhomoge-  
 976 neous differential equation with homogeneous boundary conditions by writing  $c(\xi, s)$  as a sum of  
 977 two contributions,

$$c(\xi, s) = \phi(\xi, s) + \psi(\xi, s), \quad (22)$$

978 where we require  $\phi(\xi, s)$  to satisfy the inhomogeneous boundary conditions

$$\frac{\partial \phi(\xi, s)}{\partial \xi} \Big|_{\xi=1} = f_0 e^{\sigma s} \quad \text{and} \quad \frac{\partial \phi(\xi, s)}{\partial \xi} \Big|_{\xi=\rho} = 0. \quad (23)$$

979 These conditions are satisfied if  $\phi(\xi, s)$  has the form

$$\phi(\xi, s) = \frac{1}{1-\rho} \left( \frac{1}{2} \xi^2 - \rho \xi + g_0 \right) f_0 e^{\sigma s}. \quad (24)$$

980 where  $g_0$  is a constant of integration to be determined later. The remaining problem to solve for  
 981  $\psi(\xi, s)$  is

$$\frac{\partial \psi(\xi, s)}{\partial s} = \frac{1}{\xi^2} \frac{\partial}{\partial \xi} \left( \xi^2 \frac{\partial \psi(\xi, s)}{\partial \xi} \right) + \frac{f_0 e^{\sigma s}}{1-\rho} \left( 3 - \frac{2\rho}{\xi} - \sigma \left( \frac{1}{2} \xi^2 - \rho \xi + g_0 \right) \right), \quad (25)$$

982 with homogeneous boundary conditions

$$\frac{\partial \psi(\xi, s)}{\partial \xi} \Big|_{\xi=1} = 0 \quad \text{and} \quad \frac{\partial \psi(\xi, s)}{\partial \xi} \Big|_{\xi=\rho} = 0. \quad (26)$$

983 We can further write  $\psi(\xi, s)$  as the sum of two contributions,

$$\psi(\xi, s) = \psi_h(\xi, s) + \psi_p(\xi, s), \quad (27)$$

984 where  $\psi_h$  is the general solution of the homogeneous problem

$$\begin{aligned} \frac{\partial \psi_h(\xi, s)}{\partial s} &= \frac{1}{\xi^2} \frac{\partial}{\partial \xi} \left( \xi^2 \frac{\partial \psi_h(\xi, s)}{\partial \xi} \right), \\ \frac{\partial \psi_h(\xi, s)}{\partial \xi} \Big|_{\xi=1} &= 0 \quad \text{and} \quad \frac{\partial \psi_h(\xi, s)}{\partial \xi} \Big|_{\xi=\rho} = 0, \end{aligned} \quad (28)$$

985 and  $\psi_p$  is a particular solution of the full inhomogeneous problem 26. The full solution of the  
 986 homogeneous problem is given as a series of linearly independent eigenfunctions, each of the  
 987 form

$$e^{-\lambda^2 s} W(\xi) = e^{-\lambda^2 s} \left( A \frac{\sin \lambda \xi}{\xi} + B \frac{\cos \lambda \xi}{\xi} \right), \quad (29)$$

988 where the eigenvalues  $\lambda$  can be found from simultaneous solution of the boundary conditions,

$$A(\lambda \cos \lambda - \sin \lambda) - B(\lambda \sin \lambda + \cos \lambda) = 0$$

$$A \left( \frac{\lambda \cos \lambda \rho}{\rho} - \frac{\sin \lambda \rho}{\rho^2} \right) - B \left( \frac{\lambda \sin \lambda \rho}{\rho} + \frac{\cos \lambda \rho}{\rho^2} \right) = 0, \quad (30)$$

989 which yields the transcendental relation

$$\tan \lambda(1 - \rho) = \frac{\lambda(1 - \rho)}{\lambda^2 \rho + 1}, \quad (31)$$

990 for which each eigenvalue  $\lambda_i$  is a solution corresponding to one of the linearly independent eigen-  
 991 functions (only  $\lambda_i > 0$  need to be taken into account). We can further deduce from the Equation 30  
 992 that  $B_i = \beta_i A_i$ , where

$$\beta_i = \frac{\lambda_i \cos \lambda_i - \sin \lambda_i}{\lambda_i \sin \lambda_i + \cos \lambda_i}, \quad (32)$$

993 and we normalize the obtained expression for  $W_i(\xi)$  from Equation 29

$$H_i(\xi) = \frac{1}{Y_i} \left( \frac{\sin \lambda_i \xi}{\xi} + \beta_i \frac{\cos \lambda_i \xi}{\xi} \right), \quad (33)$$

994 with

$$Y_i^2 = \frac{1}{2} (1 - \rho) (1 + \beta_i^2) - \frac{1}{4\lambda_i} (\sin 2\lambda_i - \sin 2\lambda_i \rho) (1 - \beta_i^2) + \frac{\beta_i}{\lambda_i} (\sin^2 \lambda_i - \sin^2 \lambda_i \rho). \quad (34)$$

995 Thus, the homogeneous solution  $\psi_h$  is

$$\psi_h = \sum_{i=1}^{\infty} h_i H_i(\xi) e^{-\lambda_i^2 s}, \quad (35)$$

996 with prefactors  $h_i$  to be determined from the initial condition.

997 In order to find a particular solution of the inhomogeneous problem, we first rewrite 26 as

$$\frac{\partial \psi(\xi, s)}{\partial s} - \frac{1}{\xi^2} \frac{\partial}{\partial \xi} \left( \xi^2 \frac{\partial \psi(\xi, s)}{\partial \xi} \right) = \mathcal{R}(\xi, s). \quad (36)$$

998 Now, we express  $\mathcal{R}(\xi, s)$ , as well as the unknown inhomogeneous solution  $\psi_p(\xi, s)$  in terms of the  
 999 normalized eigenfunctions  $H(\xi, s)$  of the homogeneous problem,

$$\mathcal{R}(\xi, s) = \sum_{i=1}^{\infty} R_i(s) H_i(\xi), \quad (37)$$

1000 and

$$\psi_p(\xi, s) = \sum_{i=1}^{\infty} C_i(s) H_i(\xi). \quad (38)$$

1001 Substituting these forms into 36, and noting that each term in the series must vanish separately  
 1002 we obtain

$$\frac{\partial C_i(s)}{\partial s} + \lambda_i^2 C_i(s) - R_i(s) = 0. \quad (39)$$

1003 From the form of  $\mathcal{R}(\xi, s)$  it follows that  $R_i(s) = \alpha_i f_0 e^{\sigma s}$  with some purely numerical prefactors  $\alpha_i$ , so  
 1004 we expect  $C_i(s) \propto p_i e^{\sigma s}$  and find

$$p_i = \frac{\alpha_i f_0}{\sigma + \lambda_i^2}. \quad (40)$$

1005 Finally, we determine the  $\alpha_i$  by reconsidering Equation 37. We multiply both sides by  $\xi^2 H_j(\xi)$ , where  
 1006  $H_j(\xi)$  is one specific but arbitrary eigenfunction of the homogeneous problem, and then integrate  
 1007 over the whole volume  $V$ . By the orthogonormality of these eigenfunctions we obtain

$$\alpha_j = \int \frac{1}{1 - \rho} \left( 3 - \frac{2\rho}{\xi} - \sigma \left( \frac{1}{2} \xi^2 - \rho \xi + g_0 \right) \right) \xi^2 H_j(\xi) d\xi, \quad (41)$$

1008 and all the  $\alpha_i$  can be calculated explicitly. Thus, the full solution of the linear problem is

$$c(\xi, s) = \sum_{i=1}^{\infty} \left( h_i e^{-\lambda_i^2 s} + \frac{\alpha_i f_0}{\sigma + \lambda_i^2} e^{\sigma s} \right) H_i(\xi) + \frac{1}{1-\rho} \left( \frac{1}{2} \xi^2 - \rho \xi + g_0 \right) f_0 e^{\sigma s}. \quad (42)$$

1009 The constant  $g_0$  can now be calculated from the requirement that  $\int c(\xi, s = 0) dV = N_0$ . Here we  
 1010 make use of the fact that  $\int H_i(\xi) \xi^2 d\xi = 0$  if  $\lambda_i$  satisfies Equation 31, thus

$$g_0 = \frac{(1-\rho)/\sigma - \frac{1}{10} + \frac{1}{4}\rho + \frac{1}{10}\rho^5 - \frac{1}{4}\rho^5}{\frac{1}{3}(1-\rho^3)}. \quad (43)$$