Run stop shock, run shock run: Spontaneous and stimulated gait-switching in a unicellular octoflagellate

Kirsty Y. Wan and Raymond E. Goldstein

Department of Applied Mathematics and Theoretical Physics, Centre for Mathematical Sciences, University of Cambridge, Wilberforce Road, Cambridge CB3 0WA, United Kingdom

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In unicellular flagellates, growing evidence suggests control over a complex repertoire of swimming gaits is conferred intracellularly by ultrastructural components, resulting in motion that depends on flagella number and configuration. We report the discovery of a novel, tripartite motility in an octoflagellate alga, comprising a forward gait (run), a fast knee-jerk response with dramatic reversals in beat waveform (shock), and, remarkably, long quiescent periods (stop) within which the flagella quiver. In a reaction graph representation, transition probabilities show that gait switching is only weakly reversible. Shocks occur spontaneously but are also triggered by direct mechanical contact. In this primitive alga, the capability for a millisecond stop-start switch from rest to full speed implicates an early evolution of excitable signal transduction to and from peripheral appendages.

In his De Incessu Animalium Aristotle had thus described the walk of a horse [1]: “the back legs move diagonally in relation to the front legs, for after the right fore leg animals move the left hind leg, and then the left foreleg, and finally the right hind leg.” The control mechanism of leg activation was unknown to Aristotle, but is now understood to arise from ‘central pattern generators’ [2, 3], which produce electrophysiological signals (action potentials) that drive limbs in a range of spatiotemporal symmetries. While microorganisms achieve motility through microscale analogues of limbs called cilia and flagella, absent a nervous system the mechanism of control must be quite different. Nevertheless, species of unicellular algae are capable of executing patterns of flagellar beating akin to the trot and gallop of quadrupeds [4]. In these cases, the extent of intracellular control of appendages is becoming increasingly evident [4–7].

Here, we detail the discovery of a surprising motility in the octoflagellate marine alga Pyramimonas octopus (Fig. 1). Swimming requires coordination of eight flagella in a pseudo-breaststroke, in which diametrically opposed pairs beat largely in synchrony. We find that this forward run gait can be interrupted by abrupt episodes involving dramatic changes in flagella beating — hereafter termed shocks, which occur spontaneously but can also be induced by external stimuli. Cells also display a distinctive stop gait which can be prolonged, where cell body movement is stalled but yet the flagella quiver with minute oscillations. P. octopus belongs to a fascinating group of unicellular algae bearing 2⁵ flagella, which substantiates a delicate interplay between passive fluid mechanics and active intracellular control in the coordination of multiple flagella [4]. Compared to bacteria, the larger size of these algae facilitates visualization, allowing us to demonstrate how flagellar beating leads directly to gait-switching and trajectory reorientation, and to expose the excitable nature of the eukaryotic flagellum.

Cell cultures were obtained from the Scandinavian Collection of Algae and Protozoa (SCCAP K-0001, P. octopus Moestrup et Aa. Kristiansen 1987), and grown in Guillard’s F/2 medium under controlled illumination (14:10 day/night diurnal cycle, at 22°C). Cells are oblong or rectangular in aspect (Fig. 1), with length (17.05 ± 1.74 µm) and width (9.05 ± 1.23 µm). In their vegetative state cells have 8 flagella, each of length comparable to the longitudinal dimension of the cell body, which emerge radially from an apical groove [8]. Imaging was conducted under white light illumination on an inverted microscope (Nikon Eclipse TE2000-U) and high-speed recordings made at up to 3000 fps (Phantom v311, Vision Research). Organisms were harvested during exponential growth (at 10⁴–10⁵ cells/cm³), and 50–150 µl of suspension were pipetted gently into shallow quasi-2D chambers (top + bottom: glass, side: Frame-Seal slide chambers – BIO-RAD) for imaging and precision cell and flagella tracking via custom MATLAB algorithms and ImageJ extensions — see Supplemental Materials (SM). We ensured cell viability by minimizing environmental stress responses: acclimating cells prior to observation, and limiting continuous light exposure to ≲ 15 minutes.

When swimming freely, cells spin about their long axis. Restricting to individuals traversing the focal plane, we can observe the flagella distinctly. The run, shock, and

FIG. 1. Pyramimonas octopus. (a) Side and (b) top views (flagella spiral clockwise). Eyespot visible as conspicuous orange organelle. (Scale bar: 5 µm.)
stop gaits (Fig. 2a) are coincident with the three major modes of beating, respectively (ciliary, flagellar, and quiescent) [9]. Changes in flagellar activity produce gait transitions. However, unlike their bacterial counterparts, eukaryotic flagellar beating is not due to basal rotors but rather a coordinated action of dyneins distributed throughout the axoneme [10]. Forward swimming in P. octopus arises from ciliary beating (‘puller’), but during shocks all eight flagella are thrown abruptly in front of the cell where they undulate in sperm-like fashion (‘pusher’). Significant hydrodynamic interactions synchronize the flagella during shocks. These ‘knee-jerk’ reactions last only 20 – 30 ms, and are related to the escape response of Chlamydomonas and Spermatozopsis. The latter is triggered by intense photo- [11, 12] or mechanical stimuli [13], but last much longer (0.2 – 1.0 s) and do not occur spontaneously. The stop gait has no equivalent in the repertoire of green algae studied so far.

We focus on the stereotypical sequence stop → shock → run: a cell initiates a run from rest via a shock (Fig. 2b). Defining the instantaneous alignment $\mathbf{D} = \mathbf{v} \cdot \mathbf{e}_R$ between the swimming direction $\mathbf{v}$ and the cell body axis $\mathbf{e}_R$, the puller-like run ($D = 1$) may be distinguished from the pusher-like shock ($D = -1$). Averaged over 10 cells, the translational speed rises rapidly from zero to a maximum of $1,712 \pm 392 \mu m/s$, but relaxation to a mean run speed of $428 \pm 64 \mu m/s$ takes $\sim 0.05$ s. To separate the flagellar motion from body orientation, we track two dynamically morphing boundaries that are delineated by image intensity: an inner one for the cell body, and an outer one exterior to the flagella (SM). The lengthscale $\lambda(t) = \frac{1}{|A|} \sum_{x \in B \setminus A} x / |B \setminus A| - \sum_{x \in A} x / |A|$, measures the physical separation between the flagella and the cell body proper, where $| \cdot |$ is the Euclidean norm, $| \cdot |$ the cardinality of a set, and $A, B$ are pixels interior of the inner and outer boundaries respectively. Naturally, cells at rest exhibit minimal shape fluctuations. In Fig. 2c, the three states (realized at instants $t = t_1, t_2$, and $t_3$), localize to specific regions of phase-space. Averaging over multiple events, bifurcations from stops to runs via shocks appear as loops with two distinct branches, one involving rapid changes in speed, and the second in shape (Fig. 2c).

To estimate the transition probabilities between gaits, we implemented a continuous time Markov model, where the instantaneous speed $v$ was discretized to automate a three-state classification from the empirical tracking data (Fig. 3a). The state variable $X(t)$ takes the values \{0 = stop, 1 = run, 2 = shock\}. The transition rate matrix $Q = \{q_{ij}\}$, defined by $q_{ij} = \lim_{\Delta t \to 0} P(X(\Delta t) = j | X(0) = i) / \Delta t$ for $i \neq j$ (a time-homogeneous Markov process), and $q_{ii} = -\sum_{j \neq i} q_{ij}$, was estimated to be:

$$Q = \begin{bmatrix} -0.132 & 0.008 & 0.124 \\ 0.281 & -1.329 & 1.049 \\ 0 & 19.77 & -19.77 \end{bmatrix}$$

(for details, and 95% confidence intervals, see SM).
In total, $O(10^4)$ s of cumulative recordings (individual track durations $0.5 - 80$ s) were analysed, from which 1,377 distinct pairwise transitions were obtained from 233 cells. Waiting times were estimated from diagonal entries $-1/q_{ii}$: stop $7.60 \pm 0.75$ s, run $0.75 \pm 0.03$ s, shock $0.05 \pm 0.002$ s (uncertainties are std. errors). The process admits an embedded Markov chain for discrete jump times, with entries $\{k_{ij}, i \neq j\}$ analogous to chemical reaction rates, which represent the probability of transitioning from $i \to j$ conditioned on a transition occurring ($\sum k_{ij} = 1, \forall i$). Here $k_{ii} = 0$ (no self-transitions), and $k_{01} = 0.0582, k_{02} = 0.9418, k_{10} = 0.2112, k_{12} = 0.7888, k_{20} = 0$ and $k_{21} = 1.0000$ (Fig. 3b). Every state is positive recurrent and the process is irreducible. While run $\Rightarrow$ shock bifurcations occur readily, the direct reaction shock $\Rightarrow$ stop is not possible. The network is weakly reversible, not reversible [14], and detailed balance is clearly violated (as is the Kolmogorov flux criterion: $k_{01}k_{12}k_{20} \neq k_{02}k_{21}k_{10}$). The model predicts an equilibrium distribution $\pi(\text{stop, run, shock}) = (0.6666, 0.3126, 0.0208)$. From a histogram of speeds (for a larger dataset which also includes tracks with no transitions), we estimated the relative dwell times in each state: $68.6\%$, $30.8\%$, $0.6\%$, according to cut-offs of $0 \sim 40$, $40 \sim 500$, $> 500 \mu m/s$ (Fig. 3c), which is similar to $\{\pi_i\}$: with discrepancies arising due to subjectivity in choice of cut-off, and prevalence of short-duration tracks.

Gait-switching can greatly affect free-swimming trajectories. Fig. 3d-f zooms in on three primary sequences permitted by Fig. 3b: run $\Rightarrow$ shock $\Rightarrow$ run, stop $\Rightarrow$ shock $\Rightarrow$ run, and run $\Rightarrow$ stop. Typically for photosynthetic unicells, forward swimming is helical with a variable pitch superimposed onto self-rotation. Tracks comprise low-curvature portions due to runs, and sharp turns due to rapid conversion of flagellar beating and transient reversal during shocks (Fig. 3d). Canonical runs decelerate from $\sim 400 \mu m/s$ to full-stop, by sequentially deactivating subsets of flagella (SM), the ensuing torque imbalance gradually increases track asymmetry and curvature (Fig. 3f). Gait-switching requires two very disparate timescales (Fig. 3g): an ultrafast, millisecond, timescale for bifurcations to and from shocks, but a much slower one for entry into stop states. The former is reminiscent of neuronal spiking while the latter is akin to decay of leakage currents. For the first two sequences, the mean is well-fit to a sharply peaked Gaussian ($\sigma = 8.6$ ms, 11.6 ms respectively), whereas run to stop conversions follow a switch-like profile $A \tanh ((x - x_0)/\tau)$ with $\tau = 640$ ms.

The stopped state can be maintained for up to minutes, before the next restart (Fig. 4). While cell body motion is negligible (sub-pixel variance in centroid displacement: $\sigma_{\delta C} = 0.0253 \mu m$), significant flagellar activity persists (SM and Movie). More surprisingly, we deduce using optical analysis that flagellar tip fluctuations can even be oscillatory! This highly unusual mode may be related to (the much faster) hyperoscillations of reactivated sperm flagella, where the noisy dynamics may be signatures of individual dynein oscillations [15]. Emergence of global limit-cycle oscillations in the flagella is Hopf-like.

In addition to effecting directional reorientation and sensing [16], the shock gait serves another key physiological function: to enable avoidance of obstacles.
with bending rigidity $EI = 840 \text{ pN} \mu\text{m}^2$ [17] we estimate the contact force $F = 3EI \cdot \delta / L^2$ from the measured tip deflection in the two cases: fail: $\sim 3.0 \text{ pN}$, success: $\sim 6.6 \text{ pN}$. Signal transmission from the distal point of contact must have occurred within milliseconds.

The unusual motility of *P. octopus* is a significant departure from known classical strategies. Peritrichous enteric bacteria rotate rigid flagellar helices one way or another to cause runs and tumbles, producing a two-state, paradigmatic strategy for prokaryotic chemotaxis and gradient sensing based on stochastic switching between directed swimming and random reorientation [20]. The freshwater alga *C. reinhardtii* displays a eukaryotic version of this, swimming an in-phase breaststroke [21–23] but turning sharply when biflagellar synchrony is lost (‘phase drift’) [24]. Other bacteria species adopt alternative strategies [25–27], e.g. the monotrichous *V. cholerae* undergoes a run-reverse-flick motion where flagellar hook elasticity is key. Contrastingly, the mechanism of enslavement of *P. octopus* swimming to its flagellar dynamics is neither due to motor reversal at the base of the flagellum (as in *E. coli*) nor to loss of biflagellar synchrony (as in *C. reinhardtii*), but rather to a total conversion of beating waveform along the flagellum axoneme proper.

These algae offer rare insight into the bifurcations between different modes of beating in the *same* organelle. Identifying principal modes of beating (ciliary, flagellar, or quiescent) with (run, shock or stop) states, we adopted a natural framework that is liberated from assumptions of specific prototypical gaits (breaststroke, trot, etc.). Patterns of flagellar actuation even during ‘run’ phases are diverse and species-specific [4], and environmental stimuli can elicit further changes [18, 30]. The *P. octopus* shock, while identifiable with the stimulus-induced (light, mechanical) avoidance reaction of *C. reinhardtii* and *S. similis*, is importantly only one component of a tripartite repertoire, is more than an order of magnitude shorter in duration, and occurs spontaneously. Our three-state classification therefore does not purport to incorporate the totality of gaits but rather sheds new light on the physiology of gait control. By exploring the statistics of gait transitions, we demonstrated that the gait-switching process, and not just flagellar beating itself [31], operates far from equilibrium – thereby providing a route to enhanced biological sensitivity [32].

The discoveries that flagellar activity in *P. octopus* exhibits rapid activation but slow deactivation, and that apparently quiescent flagella undergo small-amplitude oscillations, have great implications for beat emergence and motor coordination in eukaryotic flagella [28–30]. The millisecond shock timescale facilitates rapid removal from predators or obstacles, analogously to the escape response of ciliates [11]. More generally, depending on the species, flagella type, and number, the ways of achieving motion, no motion, or change of motion are diverse. The purple bacterium *B. photometrium* has a sudden

![FIG. 4. Arrested, yet still beating.](image_url)

FIG. 4. Arrested, yet still ‘beating’. a) Cell boundaries (with or without flagella) in the stop state are tracked. b) The unwrapped flagellar envelope exhibits µm-fluctuations. Traveling waves, inferred from image intensity changes, propagate outwards from base to tip (inset). c) Centroid fluctuations are sub-pixel, random, but flagellar tips display robust oscillations (e.g. flagella 4,5). Later, activation of full-amplitude beating occurs simultaneously in all flagella (shock).

![FIG. 5. Mechanosensitivity: a direct cell-cell collision.](image_url)

FIG. 5. Mechanosensitivity: a direct cell-cell collision. a) Contact with only one flagellum is sufficient to trigger a shock, depending on stimulus strength. b) Cell 1 (at A) approaches an initially stationary cell 2 (at B), induces shock in the latter.
light-induced reaction (the Schreckbewung reaction, or ‘fright movement’) [33], whereas sensory inputs that inhibit/enhance the firing rate of a ‘twiddle generator’ [34] can alter the directionality of bacterial flagellar motors. The cilia of a more advanced phylum — ctenophores — rely on neurons to switch between oscillatory/non-oscillatory states [35]. As important sensory appendages in animals [13, 36], rapid transduction of signal must likewise be an essential attribute of mammalian cilia. Thus, in a very primitive unicellular alga, we may have found an evolutionary precedent for the kind of rapid signalling from a distance that, billions of years hence, would come to characterize the key physiological functions of mammalian cilia.

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[9] We take “ciliary” to mean the large-amplitude asymmetric beat exhibited by most cilia (e.g. epithelial) where the beat cycle partitions into distinct power and recovery stroke phases, and “flagellar” to mean the symmetric undulatory beat of sperms.