Embryonic inversion in *Volvox carteri*: The flipping and peeling of elastic lips

Pierre A. Haas* and Raymond E. Goldstein†

Department of Applied Mathematics and Theoretical Physics, Centre for Mathematical Sciences, University of Cambridge, Wilberforce Road, Cambridge CB3 0WA, United Kingdom

(Received 2 August 2018; published 30 November 2018)

The embryos of the green alga Volvox carteri are spherical sheets of cells that turn themselves inside out at the close of their development through a program of cell shape changes. This process of inversion is a model for morphogenetic cell sheet deformations; it starts with four lips opening up at the anterior pole of the cell sheet, flipping over, and peeling back to invert the embryo. Experimental studies have revealed that inversion is arrested if some of these cell shape changes are inhibited, but the mechanical basis for these observations has remained unclear. Here, we analyze the mechanics of this inversion by deriving an averaged elastic theory for these lips and we interpret the experimental observations in terms of the mechanics and evolution of inversion.

DOI: 10.1103/PhysRevE.98.052415

I. INTRODUCTION

Cell sheet deformations pervade animal development [1] but are constrained by local and global geometry. The local constraints are the compatibility conditions of differential geometry expressed by the Gauß-Mainardi-Codazzi equations [2]. The global constraints by contrast constitute an evolutionary freedom: By evolving different global geometries, organisms can alleviate geometric constraints. This idea is embodied in the inversion process by which the different species of Volvox turn themselves inside out at the close of their embryonic development.

Volvox [Fig. 1(a)] is a genus of multicellular spherical green algae recognized as model organisms for the evolution of multicellularity [3-6] and biological fluid dynamics [7]. An adult Volvox spheroid consists of several thousand biflagellated somatic cells and a much smaller number of germ cells or gonidia [Fig. 1(a)] embedded in an extracellular matrix [3]. The germ cells repeatedly divide to form a spherical cell sheet, with cells connected to their neighbors by the remnants of incomplete cell division, thin membrane tubes called cytoplasmic bridges [8,9]. Those cell poles whence will emanate the flagella point into the sphere though, and so the ability to swim is only acquired once the organism turns itself inside out through a hole, the phialopore, at the anterior pole of the cell sheet [3,10]. This process of inversion is driven by a program of cell shape changes [11–14]. The key cell shape change is the formation of wedge-shaped cells with thin stalks [Fig. 1(b)]; at the same time, the cytoplasmic bridges move to

Published by the American Physical Society under the terms of the Creative Commons Attribution 4.0 International license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI.

connect the cells at their thin wedge ends [9], thus splaying the cells and hence bending the cell sheet.

The precise sequence of cell sheet deformations and program of cell shape changes driving inversion varies from species to species [10] but is broadly classified into two inversion types [Fig. 1(c)]: In type-A inversion [10,11,13], four lips open up at the anterior pole of the cell sheet, flip over, and peel back to achieve inversion. Type-B inversion [10,14] starts with a circular invagination near the equator of the cell sheet, which initiates inversion of the posterior hemisphere. The phialopore then widens and the anterior hemisphere peels back over the partly inverted posterior to achieve inversion.

In spite of these differences, the mechanical crux for both inversion types is the widening of the phialopore to enable the cell sheet to pass through it. In type-A inversion, this is facilitated by the presence of the lips, and a simple program of cell shape changes suffices to invert the cell sheet [11,13]: The cells of Volvox carteri become spindle-shaped at the beginning of inversion [Fig. 1(b)]. A group of cells near the phialopore then become flask-shaped, with thin stalks. This bend region expands towards the posterior pole, leaving behind columnshaped cells [Fig. 1(b)]. The program of cell shape changes in type-B inversion, by contrast, is rather more complicated, involving different types of cell shape changes in different parts of the cell sheet [14]; in particular, cells and cytoplasmic bridges near the phialopore elongate in the circumferential direction to widen the phialopore.

We have previously analyzed the mechanics of type-B inversion in detail [15–17], because it shares the feature of invagination with developmental events in higher organisms [1], but the mechanics of type-A inversion and its lips have remained unexplored. Additionally, previous studies have revealed that type-A inversion in Volvox carteri is arrested (a) if actomyosin-mediated contraction is inhibited chemically [18] and (b) in a mutant in which the cytoplasmic bridges cannot move relative to the cells [19]. The precise mechanical basis for these observations has remained unclear, however.

Here we analyze the mechanics of the opening of the phialopore in type-A inversion by the flip-over of the lips. We

^{*}P.A.Haas@damtp.cam.ac.uk

[†]R.E.Goldstein@damtp.cam.ac.uk

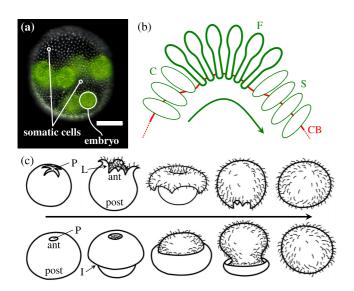


FIG. 1. *Volvox* and its inversion. (a) *Volvox* spheroid with somatic cells and one embryo labeled. Light microscopy image by Stephanie Höhn reproduced from Ref. [15]. Scale bar: $50~\mu m$. (b) Midsagittal cross section of the cell sheet, illustrating the sequence of cell shape changes driving inversion in *Volvox carteri*, following Refs. [11,13]: Initially, cells are spindle-shaped [S]. Inversion starts as a bend region of flask-shaped cells [F] with thin stalks forms, connected by cytoplasmic bridges (CBs) at their stalks. As cells exit the bend region, they become columnar [C]. Red line marks position of CBs; arrow marks direction of propagation of the bend region of flask-shaped cells. (c) Inversion types, reproduced from Ref. [16]. Top row: type-A inversion; bottom row: type-B inversion. Labels "ant" and "post" indicate anterior and posterior hemispheres. P, phialopore; L, lip; I, invagination. Arrow indicates the course of time.

derive an averaged elastic model for the lips and we relate the mechanical observations to the experimental results for *Volvox carteri* referenced above.

II. ELASTIC MODEL

The elastic model builds on the model that we have derived previously to describe type-B inversion in detail [17], although the present calculation is more intricate because axisymmetry is broken owing to the presence of the lips. We consider a spherical shell of radius R and uniform thickness $h \ll R$ [Fig. 2(a)], characterized by its arclength s and distance from the axis of revolution $\rho(s)$. Cuts in planes containing the axis of symmetry divide part of the shell into N lips of angular extent $2\varphi = 2\pi/N$, as shown in Fig. 2(b).

A. The differential geometry of lips

We start by considering a single lip, $-\varphi \leqslant \phi \leqslant \varphi$, where ϕ is the azimuthal angle of the undeformed sphere. Compared to an azimuthally complete shell, the cuts allow an additional deformation mode of the shell, one of azimuthal compression or expansion. Here, we restrict to the simple deformation of *uniform* stretching or compression so that the azimuthal angle in the deformed configuration of the shell is

$$\overline{\phi} = \Phi(s)\phi. \tag{1}$$

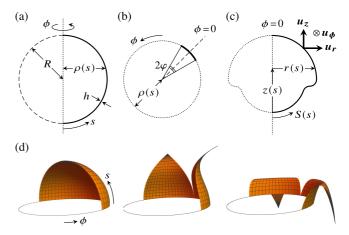


FIG. 2. Elastic model. (a) Undeformed geometry: A spherical shell of radius R and thickness $h \ll R$ is characterized by its arclength s and distance from the axis of revolution $\rho(s)$. (b) Anterior view of lips: Cuts in planes containing the axis of symmetry define N lips extending over $-\varphi \leqslant \phi \leqslant \varphi$. (c) Deformed configuration: The midplane $\phi=0$ of the lip is characterized by its arclength S(s) and distance r(s) from the axis of revolution. A local basis (u_r, u_ϕ, u_z) describes the deformed surface. (d) Deformation of two lips under the geometric simplification (1). The circumferential curvature changes sign at the point where the lip is perpendicular to the axis of revolution.

In the deformed configuration, the distance from the axis of revolution is r(s), and the coordinate along the axis is z(s) [Fig. 2(c)]. These are assumed to be independent of ϕ . This is a geometric simplification that nonetheless ensures coupling of the meridional and circumferential deformations; we discuss the basis for this approximation in more detail in Appendix A. With this simplification, points on the lip initially at the same distance from and along the axis of revolution remain at the same distance from and along the axis of revolution as the lip deforms [Fig. 2(d)].

The deformed arclength, however, is a function of both s and ϕ , and we define S(s) to be the arclength of the midline $\phi = 0$ of the lip. The meridional and circumferential stretches of the midline of the lip are

$$f_s(s) = \frac{dS}{ds}, \quad f_\phi(s) = \frac{r(s)}{\rho(s)}.$$
 (2)

The position vector of a point on the midsurface of the deformed shell is thus

$$\mathbf{r}(s,\phi) = r(s)\mathbf{u}_{\mathbf{r}}(\Phi(s)\phi) + z(s)\mathbf{u}_{\mathbf{r}},\tag{3}$$

in a right-handed set of axes (u_r, u_ϕ, u_z) and so the tangent vectors to the deformed midsurface are

$$\mathbf{e}_{s} = r'\mathbf{u}_{r} + r\Phi'\phi\,\mathbf{u}_{\phi} + z'\mathbf{u}_{z}, \quad \mathbf{e}_{\phi} = r\Phi\,\mathbf{u}_{\phi}, \tag{4}$$

where dashes denote differentiation with respect to s. By definition, $r'^2 + z'^2 = f_s^2$, and so we may write

$$r' = f_s \cos \beta, \quad z' = f_s \sin \beta. \tag{5}$$

The metric of the midsurface is thus

$$\{f_s^2 + r^2\Phi'^2\phi^2\}ds^2 + r^2\Phi^2d\phi^2 + 2r^2\Phi\Phi'\phi\,ds\,d\phi,$$
 (6)

and its second fundamental form is

$$\{f_s \beta' + r \Phi'^2 \phi^2 \sin \beta\} ds^2 + r \Phi^2 \sin \beta d\phi^2 + 2r \Phi \Phi' \phi \sin \beta ds d\phi.$$
 (7)

Further, the unit normal to the deformed midsurface is

$$n = \cos \beta \, u_z - \sin \beta \, u_r. \tag{8}$$

The Weingarten relations [2] yield

$$\frac{\partial \mathbf{n}}{\partial s} = -\kappa_s \mathbf{e}_s + \frac{\Phi' \phi}{\Phi} (\kappa_s - \kappa_\phi) \mathbf{e}_{\phi}, \quad \frac{\partial \mathbf{n}}{\partial \phi} = -\kappa_\phi \mathbf{e}_{\phi}, \quad (9)$$

wherein

$$\kappa_s = \frac{\beta'}{f_s}, \quad \kappa_\phi = \frac{\sin \beta}{r},$$
(10)

are the principal curvatures of the midline of the lip. Hence the principal curvatures of the lip are those of its midline, though the directions of principal curvature no longer coincide with e_s and e_ϕ away from the midplane $\phi = 0$ of the lips.

B. Calculation of the elastic strains

To calculate the deformation gradient, we make the Kirchhoff "hypothesis" [20], that the normals to the undeformed midsurface remain normal to the midsurface in the deformed

configuration of the shell. Taking a coordinate ζ across the thickness of the shell, the position vector of a general point in the shell is

$$\mathbf{r}(s,\phi,\zeta) = r\mathbf{u}_r + z\mathbf{u}_z + \zeta\mathbf{n}. \tag{11}$$

The tangent vectors to the shell are thus

$$e_s = f_s(1 - \kappa_s \zeta)(\cos \beta \, \boldsymbol{u_r} + \sin \beta \, \boldsymbol{u_z})$$

+ $\rho \Phi' \phi f_\phi (1 - \kappa_\phi \zeta) \boldsymbol{u_\phi},$ (12a)

$$\boldsymbol{e}_{\phi} = \rho \Phi f_{\phi} (1 - \kappa_{\phi} \zeta) \boldsymbol{u}_{\phi}. \tag{12b}$$

The geometric deformation gradient tensor is therefore

$$\mathsf{F}^g = \begin{pmatrix} f_s(1 - \kappa_s \zeta) & 0\\ \rho \Phi' \phi f_\phi(1 - \kappa_\phi \zeta) & \Phi f_\phi(1 - \kappa_\phi \zeta) \end{pmatrix}. \tag{13}$$

Cell shape changes impart intrinsic stretches f_s^0 , f_ϕ^0 and curvatures κ_s^0 , κ_ϕ^0 to the cell sheet that are different from its undeformed stretches and curvatures, but the cell shape changes do not lead to any intrinsic azimuthal compression. Hence we define the intrinsic deformation gradient tensor

$$\mathsf{F}^{\mathsf{0}} = \begin{pmatrix} f_{s}^{0} \left(1 - \kappa_{s}^{0} \zeta\right) & 0\\ 0 & f_{\phi}^{0} \left(1 - \kappa_{\phi}^{0} \zeta\right) \end{pmatrix},\tag{14}$$

Invoking the standard multiplicative decomposition of morphoelasticity [21], the elastic deformation gradient tensor F is defined by $F^g = FF^0$. Hence the Cauchy–Green tensor is

$$\mathbf{C} = \mathbf{F}^{\top} \mathbf{F} = \begin{pmatrix} \left[\frac{f_{s}(1 - \kappa_{s}\zeta)}{f_{s}^{0}(1 - \kappa_{s}\zeta)} \right]^{2} + \rho^{2} \Phi'^{2} \phi^{2} \left[\frac{f_{\phi}(1 - \kappa_{\phi}\zeta)}{f_{s}^{0}(1 - \kappa_{s}\zeta)} \right]^{2} & \frac{\rho \Phi' \Phi \phi f_{\phi}^{2}(1 - \kappa_{\phi}\zeta)^{2}}{f_{s}^{0} f_{\phi}^{0}(1 - \kappa_{s}\zeta) (1 - \kappa_{\phi}\zeta)} \\ \frac{\rho \Phi' \Phi \phi f_{\phi}^{2}(1 - \kappa_{\phi}\zeta)^{2}}{f_{s}^{0} f_{\phi}^{0}(1 - \kappa_{s}\zeta) (1 - \kappa_{\phi}\zeta)} & \left[\frac{\Phi f_{\phi}(1 - \kappa_{\phi}\zeta)}{f_{\phi}^{0}(1 - \kappa_{\phi}\zeta)} \right]^{2} \end{pmatrix}, \tag{15}$$

from which we derive the elastic strains $\varepsilon = \frac{1}{2}(C - I)$. While we do not make any assumptions about the *geometric* or *intrinsic* strains associated with F^g or F^0 , respectively, we assume that these *elastic* strains remain small. We therefore approximate the strains along the midline by

$$f_s(1-\kappa_s\zeta) \approx f_s^0(1-\kappa_s^0\zeta), \quad f_\phi(1-\kappa_\phi\zeta) \approx f_\phi^0(1-\kappa_\phi^0\zeta)/\Phi,$$
 (16)

except in differences of these expressions, so that

$$\varepsilon_{ss} \approx \frac{f_s(1-\kappa_s\zeta)}{f_s^0(1-\kappa_s^0\zeta)} - 1 + \frac{1}{2}\rho^2\Psi'^2\phi^2 \left[\frac{f_\phi^0(1-\kappa_\phi^0\zeta)}{f_s^0(1-\kappa_s^0\zeta)}\right]^2, \quad \varepsilon_{\phi\phi} \approx \frac{\Phi f_\phi(1-\kappa_\phi\zeta)}{f_\phi^0(1-\kappa_\phi^0\zeta)} - 1, \quad \varepsilon_{s\phi} \approx \varepsilon_{\phi s} \approx \frac{1}{2}\rho\Psi'\phi\frac{f_\phi^0(1-\kappa_\phi^0\zeta)}{f_s^0(1-\kappa_s^0\zeta)},$$

$$(17)$$

where we have introduced $\Psi = \log \Phi$.

C. Calculation of the elastic energy

To derive the elastic energy, we need to specify the constitutive relations. As in our previous work [15–17], we assume that the shell is made of a Hookean material [20,22], characterized by its constant elastic modulus E and its Poisson ratio ν . The elastic modulus appears only as an overall constant that ensures that E has units of energy. We shall assume moreover that $\nu = 1/2$ for incompressible biological material. The elastic energy (per unit extent in the meridional direction) is thus

$$\frac{\mathcal{E}}{2\pi\rho} = \frac{E}{2(1-\nu^2)} \int_{-h/2}^{h/2} \left\{ \frac{1}{2\varphi} \int_{-\varphi}^{\varphi} \left[(\varepsilon_{ss} + \varepsilon_{\phi\phi})^2 - 2(1-\nu)(\varepsilon_{ss}\varepsilon_{\phi\phi} - \varepsilon_{s\phi}\varepsilon_{\phi s}) \right] d\phi \right\} d\zeta. \tag{18}$$

Performing the integrals across ζ and ϕ and expanding up to and including third order in h, we obtain

$$\frac{\mathcal{E}}{2\pi\rho} = \frac{Eh}{2(1-\nu^2)} \left\{ E_s^2 + E_\phi^2 + 2\nu E_s E_\phi + 2a\lambda^2 \Psi'^2 (E_s + \nu E_\phi) + a(1-\nu)\lambda^2 \Psi'^2 + \frac{9}{5}a^2\lambda^4 \Psi'^4 \right\}
+ \frac{Eh^3}{24(1-\nu^2)} \left\{ K_s^2 + K_\phi^2 + 2\nu K_s K_\phi + 3\kappa_s^{0^2} E_s^2 + 3\kappa_\phi^{0^2} E_\phi^2 + 2\nu (\kappa_s^{0^2} + \kappa_s^0 \kappa_\phi^0 + \kappa_\phi^{0^2}) E_s E_\phi - 4\kappa_s^0 E_s K_s \right.
\left. - 4\kappa_\phi^0 E_\phi K_\phi - 2\nu (\kappa_s^0 + \kappa_\phi^0) (E_s K_\phi + E_\phi K_s) + 2a\lambda^2 \Psi'^2 \left[(6\kappa_s^{0^2} - 6\kappa_s^0 \kappa_\phi^0 + \kappa_\phi^{0^2}) E_s \right.
\left. + \nu \kappa_s^0 (3\kappa_s^0 - 2\kappa_\phi^0) E_\phi - (3\kappa_s^0 - 2\kappa_\phi^0) K_s - \nu (2\kappa_s^0 - \kappa_\phi^0) K_\phi \right]
+ a(1-\nu)\lambda^2 \Psi'^2 (3\kappa_s^{0^2} - 4\kappa_s^0 \kappa_\phi^0 + \kappa_\phi^{0^2}) + \frac{9}{5}a^2\lambda^4 \Psi'^4 (10\kappa_s^{0^2} - 16\kappa_s^0 \kappa_\phi^0 + 6\kappa_\phi^{0^2}) \right\}, \tag{19}$$

wherein $a = \pi^2/6N^2$ and $\lambda = \rho f_{\phi}^0/f_s^0$, and the shell strains and curvature strains are defined by

$$E_{s} = \frac{f_{s} - f_{s}^{0}}{f_{s}^{0}}, \quad K_{s} = \frac{f_{s}\kappa_{s} - f_{s}^{0}\kappa_{s}^{0}}{f_{s}^{0}}, \quad E_{\phi} = \frac{\Phi f_{\phi} - f_{\phi}^{0}}{f_{\phi}^{0}}, \quad K_{\phi} = \frac{\Phi f_{\phi}\kappa_{\phi} - f_{\phi}^{0}\kappa_{\phi}^{0}}{f_{\phi}^{0}}.$$
 (20)

We derive the governing equations associated with this energy in Appendix B. We solve these equations numerically using the boundary-value problem solver bvp4c of MATLAB (The MathWorks, Inc.) and the continuation software AUTO [23].

III. RESULTS

A. Estimates of model parameters

We now specialize our model to describe type-A inversion in *Volvox carteri* by, in particular, encoding the observed cell shape changes [Fig. 1(b)] into the functional forms of the intrinsic stretches and curvatures. We shall introduce a number of parameters for this purpose; we base our estimates of these parameters on the measurements in Table I. Some of the values in Table I are taken from the literature, others are extracted from figures in the literature. In particular, these extracted values should not be taken as estimates of average values but rather as indications of which values can be realized experimentally.

To describe the geometry of the undeformed shell [Fig. 3(a)], we must specify the number N of lips, the relative

TABLE I. Measurements of geometric parameters for type-A inversion in *Volvox carteri* from previous measurements or extracted from previously published experimental figures. BR: bend region.

Quantity	Measurement	Reference
Number of lips <i>N</i>	4	[10]; [13], Fig. 2(c)
Radius R ^a	\sim 35 μ m	[10], Fig. 8(b); [13], Fig. 2(f)
Thickness h ^b	\sim 7 μ m	[13], Fig. 2(f), Table 1
Cell widths ^c		-
Spindle cells	$2.14 \mu m$	[13], Table 1
Flask cells	$2.05 \mu m$	Calc. from Ref. [13], Table 1
Columnar cells	$2.36 \mu m$	[13], Table 1
Phialopore P	\sim 0.3	[13], Fig. 2(f); [18], Fig. 1(b)
Fraction of cells in BR	~0.25	[11], Figs. 2(c)–2(e)

^aRadius of cell sheet at phialopore opening.

thickness h/R of the cell sheet, the opening angle P of the phialopore, and the extent ℓ of the lips. In accordance with the measurements in Table I, we choose

$$N = 4$$
, $h/R = 0.21$, $P = 0.3$, $\ell = 0.7$. (21)

The estimate of ℓ is not based on a measured value, since it is rather hard to visualize the precise extent of the lips, but it is in qualitative agreement with experimental visualizations of the lips [8,10,11]. Lips are clearly visible before inversion starts [8], but additional breaking of cytoplasmic bridges could increase ℓ during inversion. While breaking of cytoplasmic bridges was suggested as a possible mechanism to explain the cell rearrangements observed near the phialopore in type-B inversion [17], what experimental data there are [8,10,11] suggest that this effect is at most small in type-A inversion,

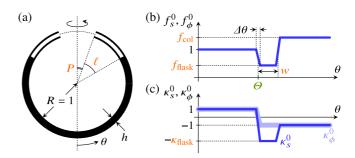


FIG. 3. Definition of model parameters. (a) Undeformed configuration after formation of spindle-shaped cells: The phialopore has opened by an angle P on a spherical shell of radius R and thickness h. The lips span an angle ℓ . (b) Functional forms of the intrinsic stretches f_s^0 , f_ϕ^0 , as functions of the polar angle θ . Parameters $f_{\rm flask}$ and $f_{\rm col}$ define the intrinsic stretches of the flask-and column-shaped cells relative to the spindle-shaped cells. The width of the bend region is w, and the posterior limit of the bend region is at $\theta = \Theta$. (c) Functional forms of the intrinsic curvatures κ_s^0 , κ_ϕ^0 , as functions of the polar angle θ and in units where R=1. The intrinsic meridional curvature in the bend region is $-\kappa_{\rm flask}$. For numerical convenience, discontinuities in the intrinsic stretches and curvatures are regularized over a small angular extent $\Delta\theta=0.1$.

^bThickness of cell sheet at phialopore opening.

^cCell widths are estimated along the midline of the cell sheet.

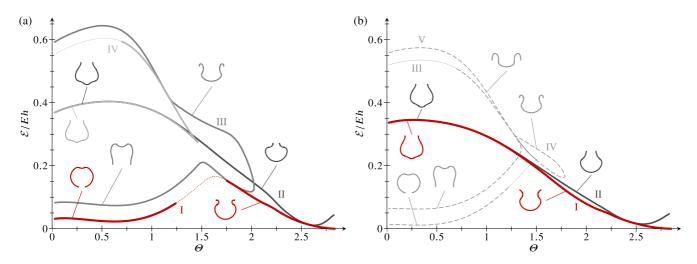


FIG. 4. Bifurcation behavior of the lips. Diagrams in (Θ, \mathcal{E}) space of some solution branches for (a) $k = 4.0 > k_*$ and (b) $k = 2.5 < k_*$. Roman numerals label branches. The thickest, red line (branch I) corresponds to the branch of lowest energy connected to the initial state of the shell. Dashed lines in (b) indicate branches that are not connected to the lowest-energy branch. Insets show some solution shapes. On dotted parts of branches, solution shapes self-intersect.

justifying the absence of a "fracture criterion" for cytoplasmic bridges in the model.

The remaining parameters describe the functional forms of the intrinsic stretches and curvatures of the shell [Figs. 3(b) and 3(c)]: From measurements of the cell widths (Table I), we estimate the stretches $f_{\rm flask}$ and $f_{\rm col}$ corresponding to flask and columnar cells (relative to spindle-shaped cells). The width w of the bend region can be estimated from the fraction of flask-shaped cells in a midsagittal cross section of the cell sheet (Table I). Our estimates for these parameters are therefore

$$f_{\text{flask}} = 0.95, \quad f_{\text{col}} = 1.1, \quad w = 0.65.$$
 (22)

Note that we may only read the actual stretches, as opposed to the intrinsic stretches, off the deformed shapes, but since stretching is energetically more costly than bending, we expect the approximations involved in obtaining these parameter estimates from cell size measurements to be good.

We do not estimate the final parameter, κ_{flask} , the intrinsic meridional curvature of the flask cells, which is the main parameter that we vary in the analysis that follows.

B. To flip or not to flip

We fix the value of $k = \kappa_{\text{flask}}$ and, starting from a nearly undeformed shell, propagate the bend region from the tip of the lips to their base and then towards the posterior pole by decreasing the value of parameter Θ [Figs. 3(b) and 3(c)] that describes the position of the bend region. This quasistatic approach to the evolution of the position of the bend region is justified by the slow speed of the cell shape changes: Inversion in *Volvox carteri* takes about 45 min to complete [11].

Solution branches in (Θ, \mathcal{E}) space are shown in Fig. 4; there is a critical value k_* separating two kinds of behavior. If $k > k_*$, then the shell inverts on the branch of lowest energy [Branch I in Fig. 4(a)]. Several branches bifurcate off the latter [Branches II–IV in Fig. 4(a)], but these have higher energy. If $k < k_*$, then the shell does not invert on the branch of lowest energy or the branch connected to it [Branches I and II in

Fig. 4(b)]. There do exist branches on which the shell inverts [Branches III–V in Fig. 4(b)], analogous to those in Fig. 4(a), but these are not connected to the initial state of the shell. The topology of these additional branches undergoes another bifurcation, not discussed here, as k is reduced further. While we might expect the global energy minimizers in Fig. 4 to be stable equilibria, we do not analyze the stability of the different equilibria on the various branches further in this paper.

Some solution shapes on the branches in Fig. 4 self-intersect; we expect the corresponding parts of the branches to be replaced with configurations of the shell where the rim of the lips is in contact with the uninverted part of the cell sheet. In these configurations, axisymmetry is necessarily broken in the uninverted part of the shell; we do not pursue this further, although we note that we have previously analyzed an analogous contact problem in the absence of lips [17]. These configurations will not in fact be important for the discussion that follows. Finally, we note that no such self-intersecting configurations arise on Branch III in Fig. 4(a), the solutions on which do lead to a completely inverted shell.

The flip-over of the lips on Branch I is illustrated in Fig. 5: As k is reduced towards k_* , the lips open wider and wider before they flip over; after flip-over, the opening of the phialopore decreases quickly. As k is reduced below k_* , the maximal opening of the lips decreases; they do not flip over and the phialopore remains wide open.

Nishii *et al.* [19] showed that the InvA mutant of *Volvox carteri* fails to invert. In this mutant, there is no relative motion between cells and cytoplasmic bridges, and so the flask-shaped cells are not connected at their thin tips only [19]. Thus the splay imparted, in the wild type, by the combination of cell shape change and motion of cytoplasmic bridges is reduced. This corresponds, in our model, to the intrinsic curvature κ_{flask} being reduced in the InvA mutant. The mechanical bifurcation discussed above can thus rationalize the failure of the mutant to invert. The sequence of shapes on Branch I of Fig. 4(b) is indeed in excellent qualitative agreement with that observed

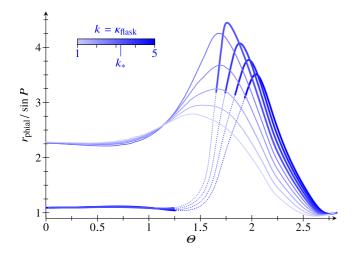


FIG. 5. Flip-over of lips. Radius of the phialopore $r_{\rm phial}$ (normalized with initial phialopore radius $\sin P$) against Θ on Branch I for different values of $k = \kappa_{\rm flask}$. On branches with $k > k_*$ (thick lines), self-intersecting solution shapes (dotted lines) arise. No such self-intersections arise on branches with $k < k_*$ (thin lines).

during "inversion" of the InvA mutant, shown in Fig. 1(f) of Ref. [19]: The lips begin to curl over, but as "inversion" progresses, the lips do not flip over and the phialopore remains wide open at the end of inversion.

C. The importance of being contracted

We are left to discuss the observations of Nishii and Ogihara [18], who showed that inversion of the *Volvox carteri* embryo is arrested if actomyosin-mediated contraction is inhibited by various chemical treatments. They argued that it is the resulting lack of contraction of the spindle-shaped cells in the posterior, i.e., the relative expansion of the inverted part of the cell sheet, where the cells are columnar [Fig. 1(b)], that arrests inversion, the posterior hemisphere being swollen compared to the inverted part of the cell sheet. We therefore model actomyosin inhibition by setting $f_{\rm flask} = f_{\rm col} = 1$. This modification does not, however, increase the critical curvature k_* very much (Fig. 6). Accordingly, if the arrest of inversion of the treated embryos were solely caused by this lack of relative expansion, then it would follow that inversion operates quite close to its mechanical limit.

There is, however, a curious observation that appears, almost as a footnote, in the caption of Fig. 6 of Ref. [18]: In embryos in which contraction had been inhibited, the number of cells constituting the bend region was smaller than in untreated embryos. While it is unclear why the chemical treatments applied in Ref. [18] should have this effect, it can be introduced into the model by reducing the value of w. To estimate the magnitude of this effect very roughly, we turn to previously published experimental figures: In untreated embryos, about seven cells make up the bend region (Fig. 2(c)–2(e) in Ref. [11]); in treated embryos, this is reduced to about four (Fig. 6(d) and 6(e) in Ref. [18]). We therefore estimate $w \approx 0.37$ in the treated embryos. With this value of the width of the bend region, the critical curvature k_* is increased considerably (Fig. 6), suggesting that inversion does

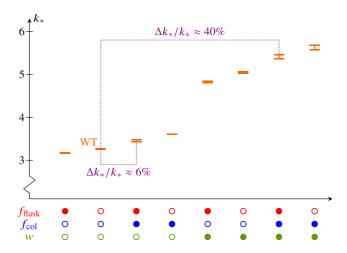


FIG. 6. Effect of inhibiting contraction. Critical curvature k_* against parameter sets: Open circles indicate values identical to the estimated "wild-type" values (WT); filled circles indicate modified parameter values. Modified parameter values corresponding to the chemical treatments of Ref. [18] are $f_{\rm flask} = f_{\rm col} = 1$, w = 0.37.

not need to be close to its mechanical limit to explain the observed arrest of inversion.

Moreover, cells in the bend region of the treated embryos are less markedly flask-shaped than those in the untreated ones (Fig. 6 in Ref. [18]), which might indicate that the intrinsic curvature $\kappa_{\rm flask}$ is reduced in the untreated embryos. This reduction of the intrinsic curvature may provide another explanation for the failure of actomyosin-inhibited embryos to invert. The experimental images in Ref. [18] suggest that, as in "inversion" of the InvA mutant [19], the lips start to peel back but then fail to flip over completely, as in the shapes obtained in the model for low values of the intrinsic curvature [Fig. 4(b)].

Closer examination of the shapes of the treated embryos in Ref. [18] suggests that the treated embryos are crammed into the embryonic vesicle that surrounds the embryos during inversion because of lack of contraction of the spindle-shaped cells. In fact, Ueki and Nishii [24] studied the InvB mutant of Volvox carteri in which the embryonic vesicle fails to grow properly during development. They showed that inversion is prevented in the InvB mutant by the confining forces of the embryonic vesicle: Inversion completes if and only if the InvB mutant is microsurgically removed from the embryonic vesicle [24]. Nishii and Ogihara [18] reported that fragments of treated embryos removed from the embryonic vesicle can invert but left open the question whether complete treated embryos can invert when removed from the embryonic vesicle. While the above discussion suggests that lack of relative expansion is not the mechanical reason for inversion failure in the treated embryo, this experiment could help to decide which of the three other candidate mechanisms is the dominant cause of inversion arrest: Is it the reduction of the width of the bend region, the reduced intrinsic curvature in the bend region, or the confinement of a swollen embryo to the stiff embryonic vesicle that prevents the lips from flipping over completely? The final effect could also play a role in the InvA mutant since, as discussed previously, the maximal

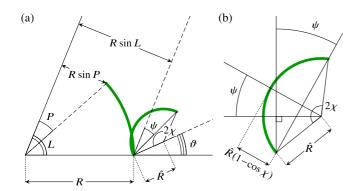


FIG. 7. Effective geometry for lips. (a) Geometric considerations: A lip of length $\ell = R(L-P)$ on a shell of radius R has folded into an arc of negative curvature and of radius \hat{R} intercepting an angle 2χ , rotated by an angle ϑ with respect to the original configuration. The chord intercepted by the lip makes an angle ψ with the axis of the shell. (b) Details for the calculation of the displacement of the midpoint of the lip.

opening of the phialopore increases as the intrinsic curvature is reduced above the critical curvature (Fig. 5).

D. Effective energy

To gain some insight into the physical mechanism underlying the flip-over of the lips, it is useful to consider a reduced (two-parameter) model that balances three physical effects:

- (i) the stretching energy associated with the hoop stretches induced by the bending of the lips;
- (ii) the bending energy associated with deviations of the curvature of the bent lips from its intrinsic value;
- (iii) the elastic energy of the formation of a second bend region that links the bent lips up to the remainder of the shell.

We begin by describing the reduced geometry: We consider an elastic spherical shell of undeformed radius R, with a phialopore of angular extent P at its anterior pole [Fig. 7(a)]. Cuts define N lips of length $\ell = R(L-P)$ adjacent to this opening. As the shell deforms, these lips bend into circular arcs of radius \hat{R} (and negative curvature), intercepting an angle 2χ . Since stretching is energetically more costly than bending, there cannot be any stretching at leading order, and thus $2\chi \hat{R} = \ell$. In what follows, we nondimensionalize lengths with R and energy densities with Eh.

Further, the base of the lips may rotate by an angle ϑ with respect to the undeformed configuration; as a result, the chord intercepted by the lip makes an angle ψ with the axis of the shell, where $\psi = L - (90^\circ - \chi + \vartheta)$. The distance from the tip of the deformed lip to the axis of the shell is thus

$$r_P = \sin L - 2\hat{R}\sin \chi \cos (L + \chi - \vartheta). \tag{23}$$

Since we have already imposed that the meridional strains vanish globally, the no-stress condition at the free edge of the lips forces the hoop strain there, $E_P = \Phi_P r_P / \sin P - 1$, to vanish at leading order. Rearranging, the azimuthal compression at the phialopore is thus

$$\Phi_P = \frac{\sin P}{\sin L - 2\hat{R}\sin\chi\cos(L + \chi - \vartheta)},$$
 (24)

and we let $\Psi_P = \log \Phi_P$. At the base of the lip, $\Phi_B = 1$ and thus $\Psi_B = 0$ to match up to the part of the shell without lips. Hence we approximate $\Psi' = (\Psi_P - \Psi_B)/\ell = \log \Phi_P/\ell$ at lowest order; this minimizes the integral of Ψ'^2 along the lips. This assumption of constant Ψ' also implies that, at the midpoint of the lip, $\log \Phi_M = \Psi_M = \frac{1}{2}\Psi_P = \frac{1}{2}\log \Phi_P$, and thus $\Phi_M = \sqrt{\Phi_P}$.

To describe the additional hoop strains resulting from the bending of the lips, we compute the distance of the midpoint of the deformed lip from the axis of revolution [Fig. 7(b)],

$$r_M = \sin L + \hat{R}[\sin(L - \vartheta) - \sin(L + \chi - \vartheta)]. \tag{25}$$

The hoop strain is therefore $E_M = \Phi_M r_M / \rho_M - 1$ at the midpoint of the lips, with $\rho_M = \sin{(P + \ell/2)}$.

The effective elastic energy is $\mathcal{F} = \mathcal{F}_1 + \mathcal{F}_2 + \mathcal{F}_3$, the sum of the three respective contributions of the physical effects described above. The stretching and bending energies \mathcal{F}_1 , \mathcal{F}_2 of the deformed lips are the integrals over the lips of, respectively, the squared hoop strain E_M^2 and the squared curvature strain $K^2 = \varepsilon^2 (1/\hat{R} - 1/R_0)^2$, where ε is the nondimensional bending modulus and R_0 is the intrinsic radius curvature of the lips. An estimate of the energy \mathcal{F}_3 associated with rotating the base of the lips by ϑ can be obtained from the energetics of a Pogorelov dimple [25]. Thus

$$\mathcal{F}_1 = \rho_M \ell E_M^2, \quad \mathcal{F}_2 = \rho_M \ell \varepsilon^2 \left(\frac{1}{\hat{R}} - \frac{1}{R_0}\right)^2, \quad \mathcal{F}_3 = \varepsilon^{3/2} \vartheta^2.$$
(26)

In these expressions for \mathcal{F}_1 , \mathcal{F}_2 , the factor $\rho_M \ell$ corresponds to integration over the length of the lips. Two parameters determine this reduced energy: the radius \hat{R} of the deformed lip and the angle ϑ .

We determine minima of \mathcal{F} numerically using MATHEMAT-ICA (Wolfram, Inc.). Denoting by $k_0 = 1/R_0$ and $k = 1/\hat{R}$ the intrinsic and actual curvatures of the bend region, we plot the position of the energy minima in the (k_0, ϑ) and (k_0, k) diagrams (Fig. 8), for different values of the lip extent ℓ . At large-enough values of k_0 , $k > k_0$ and $\vartheta < 0$, so the lips bend and rotate outwards and thus flip over. At small values of k_0 , $\vartheta > 0$ and $k < k_0$: The lips resist bending and flipping over by rotating inwards to alleviate hoop strains. We also note that a critical value ℓ_* separates two kinds of behavior: If $\ell < \ell_*$, then the transition between the two states is continuous but becomes discontinuous if $\ell > \ell_*$, with the two states coexisting in an intermediate range of k_0 . Given the existence of other solution branches discussed previously, this behavior is not surprising; the discontinuous transition signals a breakdown of the geometric approximation of uniformly curved lips as the lip extent grows.

Nonetheless, this discussion shows how the behavior observed in the continuum model can be attributed to three simple physical effects. Conversely, if any of these three effects is not considered, the reduced model fails to capture the observed behavior: Clearly, if \mathcal{F}_2 is neglected, there is no dependence on R_0 , and if \mathcal{F}_1 is neglected, there is no coupling between \hat{R} and ϑ , and there is a minimum $\hat{R} = R_0$, $\vartheta = 0$, for all R_0 . Finally, if the contribution of \mathcal{F}_3 is not considered, we find, numerically, two minima with $\hat{R} = R_0$ and $\vartheta \neq 0$ for all R_0 , so that the transition between the two kinds of behavior

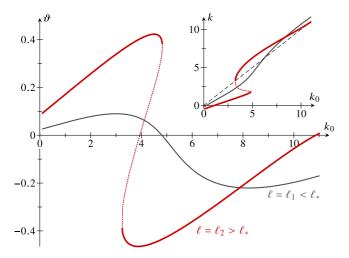


FIG. 8. Effective energy of lips. Coordinates of the minimum of the effective energy \mathcal{F} in the (k_0, ϑ) diagram for parameter values $\ell_1 = 0.37 < \ell_*$, $\ell_2 = 0.55 > \ell_*$, illustrating flip-over of lips at large enough values of k_0 . Folds arise for $\ell > \ell_*$; dotted lines mark positions of unstable saddle points. Inset: corresponding plot in the (k_0, k) diagram.

discussed above is not reproduced. Hence all three of these physical effects are essential to explain the observed behavior.

IV. CONCLUSION

In this paper, we have derived a simple, averaged elastic theory to analyze the flip-over of lips observed during type-A inversion in Volvox carteri and have shown by means of a reduced model how the observed behavior can be attributed to three geometrical effects. The model can explain the observations of Nishii et al. on the InvA mutant [19] but suggests that the failure of embryos treated with actomyosin inhibitors to invert [18] does not result from lack of relative expansion of the cell sheet. Several potential candidate mechanisms for the inversion arrest in the treated embryos remain, however. Further experiments on embryos removed from the embryonic vesicle could help to distinguish between these three mechanisms discussed above and in particular clarify the role of the confinement to the embryonic vesicle for both the chemically treated embryos and those of the InvA mutant.

Further experiments could also allow taking the present, qualitative analysis to a more quantitative level. The large size of the gonidia of *Volvox carteri* at the inversion stage may hamper such a comparison between theory and experiment. This difficulty could be addressed by using the gonidialess mutants of *Volvox carteri* that invert normally [26] or other type-A inverters such as *Volvox gigas* that have smaller gonidia at the inversion stage [27].

It also remains unclear whether N=4 lips are mechanically optimal for inversion in some sense. In the much more dynamic process of impact petalling of metallic sheets [28], during which lips similar to those seen in inversion arise, the number of lips is set by minimizing dissipation of elastic and plastic energy. It is tempting to argue that a similar mechanical trade-off arises for inversion: The more lips there are, the

easier they are to invert, but the coupling of the lips to the remainder of the shell and hence the extent to which the lips aid inversion of the connected part of the shell decrease with increasing lip number. While this mechanical argument does suggest an intermediate optimal lip number, it ignores the rather more combinatorial constraint that cells must divide in a way that robustly defines the lips. A very recent study [29] of a related cell packing problem in *Drosophila* egg chambers highlighted the role of entropic effects in selecting the spatial structure of connected and unconnected adjacent cells. In Volvox carteri, the four lips are defined around the 16-cell stage [8]. It is tempting to speculate that this number of lips is stabilized by similar entropic effects, especially since a larger lip number could only be defined at later stages of cell division, with a combinatorial explosion of possible packings. The cell division pattern of Volvox carteri has been mapped up to and including the 64-cell stage [8]. Extending this work to later cell division stages could shed more light on these issues.

All the algae of the family Volvocaceae display some kind of inversion [6,10], although, interestingly, the genus Astrephomene of the closely related family Goniaceae forms spherical colonies of up to 128 cells without the need for inversion [30]. Our analysis should therefore finally be considered in the context of the evolution of Volvocaceae. The present analysis of type-A inversion in *Volvox carteri* indicates that relative expansion of different parts of the cell sheet is not mechanically required for this inversion (although it may play a role in enabling inversion within the confinement of the embryonic vesicle). By contrast, we have previously shown that the peeling of the anterior hemisphere [Fig. 1(c)] during type-B inversion in Volvox globator is mainly driven by contraction of parts of the cell sheet [17]. This contraction is regulated separately from the earlier invagination of the cell sheet and therefore indicative of a transition towards higher developmental complexity within Volvocaceae [17]. The present result that type-A inversion does not rely on this additional deformation mode lends further support to this inference. This additional complexity in type-B inversion thus appears as the geometric price of the absence of lips. The questions how these different features—formation of lips and separately regulated inversion subprocesses—evolved, and in particular, whether they were lost from an ancestral alga, remain widely open. The recent observation that inversion in the genus Pleodorina features nonuniform cell shape changes [31], shared with type-B inversion [14] but absent from type-A inversion, might begin to shed some light on these issues.

ACKNOWLEDGMENTS

We thank Stephanie Höhn for many useful discussions about the biology of inversion and comments on a draft of this paper and are grateful for support from the Engineering and Physical Sciences Research Council (Established Career Fellowship EP/M017982/1, R.E.G.; Doctoral Prize Fellowship, P.A.H.), the Schlumberger Chair Fund, the Wellcome Trust (Investigator Award 207510/Z/17/Z, R.E.G.), and Magdalene College, Cambridge (Nevile Research Fellowship, P.A.H.).

APPENDIX A: GEOMETRIC SIMPLIFICATIONS

In this Appendix, we discuss the geometric approximations in more detail. For a general geometric description of the lips, we must replace Eq. (3) with

$$\mathbf{r}(s,\phi) = \overline{r}(s,\phi) \mathbf{u}_{\mathbf{r}}(\overline{\phi}(s,\phi)) + \overline{z}(s,\phi) \mathbf{u}_{\mathbf{z}}.$$
 (A1)

By symmetry, $\overline{\phi}$ is an odd function of ϕ , while \overline{r} and \overline{z} are even functions of ϕ . Expanding,

$$\overline{r}(s,\phi) = r(s) + R(s)\phi^2 + \mathcal{O}(\phi^4), \tag{A2a}$$

$$\overline{\phi}(s,\phi) = \Phi(s)\phi + \mathcal{O}(\phi^3), \tag{A2b}$$

$$\overline{z}(s,\phi) = z(s) + Z(s)\phi^2 + \mathcal{O}(\phi^4). \tag{A2c}$$

In particular, merely on grounds of symmetry, we thus expect variations of $\overline{\phi}$ across the lips to be of order $\mathcal{O}(\varphi) = \mathcal{O}(N^{-1})$. Hence, at least in the limit of a large number of lips, these variations swamp those of \overline{r} and \overline{z} , which result from R and Z and are thus expected to be of order $\mathcal{O}(\varphi^2) = \mathcal{O}(N^{-2})$. The argument thus suggests that the largest deformations are those of simple azimuthal compression, $\overline{\phi}(s,\phi) = \Phi(s)\phi$, to which we have restricted at the start of our analysis.

It is, however, important to note that this does *not* imply that the elastic theory we have derived is the asymptotic limit of the general theory in the limit of a large number of lips. It is not hard to see that in fact, a theory that is asymptotically exact to order $\mathcal{O}(\varphi^2)$ depends on the corrections to \overline{r} and \overline{z} up to order $\mathcal{O}(\varphi^4)$. Despite the geometric restriction that the simple azimuthal compression that we have imposed in Eq. (1) therefore implies, we note that the theory that results from it and that we have analyzed in this paper is simple enough to allow some detailed analysis, yet features a crucial coupling between the meridional and circumferential

deformations resulting from Φ . The importance of this coupling is revealed by the observation that, in its absence, the lips can zero their contribution to the energy density by adopting their intrinsic meridional stretches and curvatures (as one-dimensional elastic filaments would do) and then compressing azimuthally at no energetic cost to make the circumferential strain and curvature strain vanish. This decouples the lips from the remainder the shell, so their flipping over does not help the remainder of the shell to invert.

APPENDIX B: GOVERNING EQUATIONS

In this Appendix, we derive the governing equations associated with the elastic energy (19). We note the variations

$$\delta E_s = \frac{1}{f_s^0} (\sec \beta \, \delta r' + f_s \tan \beta \, \delta \beta), \tag{B1a}$$

$$\delta E_{\phi} = \frac{1}{f_{\phi}^{0}} \left(f_{\phi} \Phi \, \delta \Psi + \frac{\Phi}{\rho} \, \delta r \right), \tag{B1b}$$

and

$$\delta K_s = \frac{\delta \beta'}{f_s^0},\tag{B1c}$$

$$\delta K_{\phi} = \frac{1}{f_{\phi}^{0}} \left(f_{\phi} \kappa_{\phi} \Phi \, \delta \Psi + \Phi \frac{\cos \beta}{\rho} \delta \beta \right), \qquad (B1d)$$

(B3b)

which are obtained from the definitions of the strains. The variation of the elastic energy takes the form

$$\frac{\delta \mathcal{E}}{2\pi \rho} = n_s \delta E_s + n_\phi \delta E_\phi + m_s \delta K_\phi + m_\phi \delta K_\phi + \frac{\Xi}{\rho} \delta \Psi', \quad (B2)$$

wherein the shell stresses are

 $-\nu(\kappa_{s}^{0}+\kappa_{s}^{0})K_{s}+a\lambda^{2}\Psi'^{2}\kappa_{s}^{0}(3\kappa_{s}^{0}-2\kappa_{s}^{0})$]

$$n_{s} = \frac{Eh}{1 - \nu^{2}} (E_{s} + \nu E_{\phi} + a\lambda^{2} \Psi'^{2}) + \frac{Eh^{3}}{12(1 - \nu^{2})} \left[3\kappa_{s}^{02} E_{s} + \nu \left(\kappa_{s}^{02} + \kappa_{s}^{0} \kappa_{\phi}^{0} + \kappa_{\phi}^{02}\right) E_{\phi} - 2\kappa_{s}^{0} K_{s} \right.$$

$$\left. - \nu \left(\kappa_{s}^{0} + \kappa_{\phi}^{0}\right) K_{\phi} + a\lambda^{2} \Psi'^{2} \left(6\kappa_{s}^{02} - 6\kappa_{s}^{0} \kappa_{\phi}^{0} + \kappa_{\phi}^{02}\right) \right], \tag{B3a}$$

$$n_{\phi} = \frac{Eh}{1 - \nu^{2}} (E_{\phi} + \nu E_{s} + \nu a\lambda^{2} \Psi'^{2}) + \frac{Eh^{3}}{12(1 - \nu^{2})} \left[3\kappa_{\phi}^{02} E_{\phi} + \nu \left(\kappa_{s}^{02} + \kappa_{s}^{0} \kappa_{\phi}^{0} + \kappa_{\phi}^{02}\right) E_{s} - 2\kappa_{\phi}^{0} K_{\phi} \right]$$

the shell moments are

$$m_s = \frac{Eh^3}{12(1-\nu^2)} \left[K_s + \nu K_\phi - 2\kappa_s^0 E_s - \nu \left(\kappa_s^0 + \kappa_\phi^0\right) E_\phi - a\lambda^2 \Psi'^2 \left(3\kappa_s^0 - 2\kappa_\phi^0\right) \right], \tag{B3c}$$

$$m_{\phi} = \frac{Eh^3}{12(1-\nu^2)} \left[K_{\phi} + \nu K_s - 2\kappa_{\phi}^0 E_{\phi} - \nu \left(\kappa_s^0 + \kappa_{\phi}^0\right) E_s - \nu a \lambda^2 \Psi'^2 \left(2\kappa_s^0 - \kappa_{\phi}^0\right) \right], \tag{B3d}$$

and where

$$\Xi = 2a\rho\lambda^{2}\Psi' \left\{ \frac{Eh}{1-\nu^{2}} \left(E_{s} + \nu E_{\phi} + \frac{1-\nu}{2} \right) - \frac{Eh^{3}}{12(1-\nu^{2})} \left[\left(3\kappa_{s}^{0} - 2\kappa_{\phi}^{0} \right) K_{s} + \nu \left(2\kappa_{s}^{0} - \kappa_{\phi}^{0} \right) K_{\phi} \right. \\ \left. - \left(6\kappa_{s}^{0^{2}} - 6\kappa_{s}^{0}\kappa_{\phi}^{0} + \kappa_{\phi}^{0^{2}} \right) E_{s} - \nu \kappa_{s}^{0} \left(3\kappa_{s}^{0} - 2\kappa_{\phi}^{0} \right) E_{\phi} - \frac{1-\nu}{2} \left(3\kappa_{s}^{0^{2}} - 4\kappa_{s}^{0}\kappa_{\phi}^{0} + \kappa_{\phi}^{0^{2}} \right) \right] \right\} \\ \left. + \frac{18}{5}a^{2}\rho\lambda^{4}\Psi'^{3} \left[\frac{Eh}{1-\nu^{2}} + \frac{Eh^{3}}{12(1-\nu^{2})} \left(10\kappa_{s}^{0^{2}} - 16\kappa_{s}^{0}\kappa_{\phi}^{0} + 6\kappa_{\phi}^{0^{2}} \right) \right].$$
 (B3e)

Finally, on letting

$$N_s = \frac{n_s}{f_\phi f_s^0}, \quad N_\phi = \Phi \frac{n_\phi}{f_s f_\phi^0}, \quad M_s = \frac{m_s}{f_\phi f_s^0}, \quad M_\phi = \Phi \frac{m_\phi}{f_s f_\phi^0},$$
 (B4)

the variation becomes

$$\delta\left(\int \frac{\mathcal{E}}{2\pi} ds\right) = \left[\left[rN_s \sec \beta \, \delta r + rM_s \, \delta \beta + \Xi \, \delta \Psi \right] \right] - \int \left[\frac{d}{ds} (rN_s \sec \beta) - f_s N_\phi \right] \delta r \, ds$$

$$- \int \left[\frac{d}{ds} (rM_s) - rf_s N_s \tan \beta - f_s M_\phi \cos \beta \right] \delta \beta \, ds - \int \left[\frac{d\Xi}{ds} - rf_s (N_\phi + \kappa_\phi M_\phi) \right] \delta \Psi \, ds, \tag{B5}$$

wherein the final term that did not appear in our previous work [15,17] is the contribution from the lips. A factor of f_s was omitted from the corresponding variation in Ref. [15], but the results in the paper are correct. As in standard shell theories [22], we define the transverse shear tension $T = -N_s \tan \beta$ to remove a singularity in the resulting equations, so that

$$\frac{dN_s}{ds} = f_s \left(\frac{N_\phi - N_s}{r} \cos \beta + \kappa_s T \right), \quad \frac{dM_s}{ds} = f_s \left(\frac{M_\phi - M_s}{r} \cos \beta - T \right), \quad \frac{d\Xi}{ds} = r f_s (N_\phi + \kappa_\phi M_\phi). \tag{B6a}$$

By differentiating the definition of T and using the first of Eqs. (B6a), one finds that

$$\frac{dT}{ds} = -f_s \left(\kappa_s N_s + \kappa_\phi N_\phi + \frac{T}{r} \cos \beta \right). \tag{B6b}$$

Together with the geometrical equations $r' = f_s \cos \beta$ and $\beta' = f_s \kappa_s$, Eqs. (B6) describe the deformed shell. The final shape equation $z' = f_s \sin \beta$ is redundant. From the boundary terms in Eq. (B5), we deduce the seven pertaining boundary conditions:

$$r = 0, \quad \beta = 0, \quad T = 0, \quad \Phi = 1 \Longrightarrow \Psi = 0,$$
 (B7a)

at the posterior,

$$N_s = 0, \quad M_s = 0, \quad \Xi = 0,$$
 (B7b)

at the phialopore.

Remark on the numerical solution of Eqs. (B6)

At each stage of the numerical solution, f_{ϕ} and κ_{ϕ} are computed directly from r and β , but it is less straightforward to compute Ψ' , E_s , K_s from Ξ , N_s , M_s , required in order to obtain f_s , κ_s , N_{ϕ} , M_{ϕ} and hence continue the integration. To this end, we eliminate E_s , K_s among Eqs. (B3a), (B3c), and (B3e) by solving a linear system of equations to obtain a cubic equation for Ψ' , which is solved exactly using the algorithm described in Ref. [32]. Once Ψ' is known, Eqs. (B3a) and (B3c) become a linear system of equations for E_s , K_s . From these, f_s , κ_s , N_{ϕ} , and M_{ϕ} can be computed and the integration can be continued.

- [1] R. Keller and D. Shook, The bending of cell sheets—From folding to rolling, BMC Biol. 9, 90 (2011).
- [2] E. Kreyszig, in *Differential Geometry* (Dover, New York, 1991), Chap. 4, pp. 118–153.
- [3] D. L. Kirk, Volvox: Molecular-Genetic Origins of Multicellularity and Cellular Differentiation (Cambridge University Press, Cambridge, UK, 1998).
- [4] D. L. Kirk, A twelve-step program for evolving multicellularity and a division of labor, BioEssays 27, 299 (2005).
- [5] M. D. Herron, Origins of multicellular complexity: *Volvox* and the volvocine algae, Mol. Ecol. **25**, 1213 (2016).
- [6] G. Matt and J. Umen, *Volvox*: A simple algal model for embryogenesis, morphogenesis and cellular differentiation, Dev. Biol. **419**, 99 (2016).
- [7] R. E. Goldstein, Green algae as model organisms for biological fluid dynamics, Annu. Rev. Fluid Mech. 47, 343 (2015).
- [8] K. J. Green and D. L. Kirk, Cleavage patterns, cell lineages, and development of a cytoplasmic bridge system in *Volvox* embryos, J. Cell Biol. 91, 743 (1981).

- [9] K. J. Green, G. I. Viamontes, and D. L. Kirk, Mechanism of formation, ultrastructure, and function of the cytoplasmic bridge system during morphogenesis in *Volvox*, J. Cell Biol. 91, 756 (1981).
- [10] A. Hallmann, Morphogenesis in the family Volvocaceae: Different tactics for turning an embryo right-side out, Protist **157**, 445 (2006).
- [11] G. I. Viamontes and D. L. Kirk, Cell shape changes and the mechanism of inversion in *Volvox*, J. Cell Biol. 75, 719 (1977).
- [12] J. L. Kelland, Inversion in *Volvox* (Chlorophyceae), J. Phycol. **13**, 373 (1977).
- [13] G. I. Viamontes, L. J. Fochtmann, and D. L. Kirk, Morphogenesis in *Volvox*: Analysis of critical variables, Cell 17, 537 (1979).
- [14] S. Höhn and A. Hallmann, There is more than one way to turn a spherical cellular monolayer inside out: Type B embryo inversion in *Volvox globator*, BMC Biol. 9, 89 (2011).
- [15] P. A. Haas and R. E. Goldstein, Elasticity and glocality: Initiation of embryonic inversion in *Volvox*, J. R. Soc. Interface **12**, 20150671 (2015).

- [16] S. Höhn, A. R. Honerkamp-Smith, P. A. Haas, P. Khuc Trong, and R. E. Goldstein, Dynamics of a *Volvox* Embryo Turning Itself Inside Out, Phys. Rev. Lett. 114, 178101 (2015).
- [17] P. A. Haas, S. S. M. H. Höhn, A. R. Honerkamp-Smith, J. B. Kirkegaard, and R. E. Goldstein, The noisy basis of morphogenesis: Mechanisms and mechanics of cell sheet folding inferred from developmental variability, PLoS Biol. 16, e2005536 (2018).
- [18] I. Nishii and S. Ogihara, Actomyosin contraction of the posterior hemisphere is required for inversion of the *Volvox* embryo, Development **126**, 2117 (1999).
- [19] I. Nishii, S. Ogihara, and D. L. Kirk, A kinesin, InvA, plays an essential role in *Volvox* morphogenesis, Cell 113, 743 (2003).
- [20] B. Audoly and Y. Pomeau, in *Elasticity and Geometry: From Hair Curls to the Non-linear Response of Shells* (Oxford University Press, Oxford, UK, 2010), Chap. 6.4, pp. 184–192, Appendix D, pp. 571–581; Chap. 6.6, pp. 199–204.
- [21] A. Goriely, in *The Mathematics and Mechanics of Biological Growth* (Springer, Berlin, 2017), Chap. 12, pp. 345–373.
- [22] A. Libai and J. G. Simmonds, in *The Nonlinear Elasticity of Elastic Shells*, 2nd ed. (Cambridge University Press, Cambridge, UK, 2005), Chap. V, pp. 159–342.
- [23] E. J. Doedel, B. E. Oldman, A. R. Champneys, F. Dercole, T. Fairgrieve, Y. Kuznetsov, R. Paffenroth, B. Sandstede, X. Wang, and C. Zhang, AUTO-07P: Continuation and Bifurcation Software for Ordinary Differential Equations, Tech. Rep. (Concordia University, Montreal, Canada, 2012).

- [24] N. Ueki and I. Nishii, Controlled enlargement of the gly-coprotein vesicle surrounding a *Volvox* embryo requires the InvB nucleotide-sugar transporter and is required for normal morphogenesis, Plant Cell **21**, 1166 (2009).
- [25] L. D. Landau and E. M. Lifshitz, in *Theory of Elasticity*, 2nd ed., Course of Theoretical Physics (Pergamon Press, Oxford, UK, 1970), Vol. 7, Chap. 15, pp. 62–68.
- [26] L. W. Tam and D. L. Kirk, The program for cellular differentiation in *Volvox carteri* as revealed by molecular analysis of development in a gonidialess/somatic regenerator mutant, Development 112, 571 (1991).
- [27] M. A. Pocock, *Volvox* and associated algae from Kimberley, Ann. S. Afr. Mus. **16**, 473 (1933).
- [28] T. Wierzbicki, Petalling of plates under explosive and impact loading, Int. J. Impact Eng. 22, 935 (1999).
- [29] J. Imran Alsous, P. Villoutreix, N. Stoop, S. Y. Shvartsman, and J. Dunkel, Entropic effects in cell lineage tree packings, Nat. Phys. 14, 1016 (2018).
- [30] S. Yamashita, Y. Arakaki, H. Kawai-Toyooka, A. Noga, M. Hirono, and H. Nozaki, Alternative evolution of a spheroidal colony in volvocine algae: developmental analysis of embryogenesis in *Astrephomene* (Volvocales, Chlorophyta), BMC Evol. Biol. 16, 243 (2016).
- [31] S. Höhn and A. Hallmann, Distinct shape-shifting regimes of bowl-shaped cell sheets embryonic inversion in the multicellular green alga *Pleodorina*, BMC Dev. Biol. **16**, 35 (2016).
- [32] W. H. Press, S. A. Teukolsky, W. T. Vetterling, and B. P. Flannery, in *Numerical Recipes in Fortran* 77 (Cambridge University Press, Cambridge, UK, 1992), Chap. 5.6, pp. 179–180.