

## 6 Lower complexity bounds

Is the fast gradient of Nesterov optimal, or can we find an even faster algorithm? It turns that  $O(1/k^2)$  is the best rate one can get for minimization of  $L$ -smooth convex functions, assuming we only have access to gradients of  $f$ .

A *first-order* algorithm is one that has access to function values  $f(x)$  and gradients  $\nabla f(x)$ . The complexity of such an algorithm is the number of queries it makes. We consider here algorithms that satisfy the following assumption: the  $k$ 'th iterate/query point  $x_k$  of the algorithm satisfies:

$$x_k \in x_0 + \text{span} \{ \nabla f(x_0), \nabla f(x_1), \dots, \nabla f(x_{k-1}) \}. \quad (1)$$

Clearly the gradient and fast gradient methods satisfy this assumption.

Define  $\mathcal{F}_L = \{f : \mathbb{R}^n \rightarrow \mathbb{R} \text{ convex with } L\text{-Lipschitz gradient}\}$ . We want to understand how well can first-order algorithms behave on functions in  $\mathcal{F}_L$ . The next theorem, due to Nesterov, shows that  $O(1/k^2)$  is the best rate one can hope for.

**Theorem 6.1** (Nesterov). *Fix  $L > 0$  and an integer  $k \geq 1$ . For any algorithm satisfying (1), there is a function  $f \in \mathcal{F}_L$  on  $n = 2k + 1$  variables such that after  $k$  steps of the algorithm*

$$f(x_k) - f^* \geq \frac{3}{32} \frac{L \|x_0 - x^*\|_2^2}{(k+1)^2} \quad (2)$$

and

$$\|x_k - x^*\|_2^2 \geq \frac{1}{8} \|x_0 - x^*\|_2^2. \quad (3)$$

*Proof.* Let  $n = 2k + 1$  and consider the function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  as follows

$$f(x) = \frac{L}{8} \left( x_n^2 + \sum_{i=1}^{n-1} (x_{i+1} - x_i)^2 + x_1^2 - 2x_1 \right). \quad (4)$$

Let also, for  $i = 1, \dots, n$   $V_i = \{x \in \mathbb{R}^n : x_{i+1} = \dots = x_n = 0\}$ . Then we have the following properties about  $f$ :

- (i)  $f \in \mathcal{F}_L$
- (ii) The minimum of  $f$  is attained at  $x^* = \left(\frac{n}{n+1}, \dots, \frac{2}{n+1}, \frac{1}{n+1}\right)$  and the optimal value is  $f^* = -\frac{L}{8} \frac{n}{n+1}$ . More generally the minimum of  $f$  on the subspace  $V_i$  is  $-\frac{L}{8} \frac{i}{i+1}$ , attained at the point  $\left(\frac{i}{i+1}, \dots, \frac{2}{i+1}, \frac{1}{i+1}, 0, \dots, 0\right) \in V_i$ .
- (iii) If  $x \in V_i$  for  $i < n$ , then  $\nabla f(x) \in V_{i+1}$ .

We leave it to the reader to check these properties.

Assume without loss of generality that the first query point of the algorithm is  $x_0 = 0$  (if it is not we simply consider the function  $\tilde{f}(x) = f(x - x_0)$ ). By property (iii) of  $f$ , and by assumption

(1) on the algorithm this means that the  $k$ 'th query point  $x_k$  of the algorithm must belong to  $V_k$ . Thus this means that

$$f(x_k) \geq \min_{x \in V_k} f(x) = -\frac{L}{8} \frac{k}{k+1}.$$

Now using the fact that  $n = 2k + 1$  and  $f^* = -\frac{L}{8} \frac{n}{n+1}$  we get

$$f(x_k) - f^* \geq \frac{L}{8} \left( \frac{2k+1}{2k+2} - \frac{k}{k+1} \right) = \frac{L}{8} \frac{1}{2k+2}.$$

Also note that  $\|x_0 - x^*\|_2^2 = \|x^*\|_2^2 = \frac{1}{(n+1)^2} \sum_{i=1}^{n-1} i^2 = \frac{n}{n+1} \frac{2n+1}{6} \leq \frac{n+1}{3}$ , thus

$$\frac{f(x_k) - f^*}{\|x_0 - x^*\|_2^2} \geq \frac{L}{8} \frac{1}{2k+2} \frac{3}{2k+2} = \frac{3L}{32} \frac{1}{(k+1)^2}$$

as desired.

We now prove (3). Since  $x_k = (?, \dots, ?, 0, \dots, 0)$  then  $x_k - x^* = \left(?, \dots, ?, -\frac{n-k}{n+1}, \dots, -\frac{1}{n+1}\right)$  which implies  $\|x_k - x^*\|_2^2 \geq \frac{1}{(n+1)^2} \sum_{i=1}^{n-k} i^2$ . Now using the fact that  $n = 2k + 1$  we get  $\|x_k - x^*\|_2^2 \geq \frac{1}{24}(2k + 3)$ . Combining with  $\|x_0 - x^*\|_2^2 \leq \frac{2k+2}{3}$  we get  $\|x_k - x^*\|_2^2 \geq \frac{1}{8}\|x_0 - x^*\|_2^2$  as desired.  $\square$

*Strongly convex functions:* Let  $\mathcal{F}_{m,L} = \{f : \mathbb{R}^n \rightarrow \mathbb{R} \text{ } m\text{-strongly convex and } L\text{-smooth}\}$ . One can show in a similar way as the proof above, that for any first-order algorithm  $\mathcal{A}$  that runs for  $k$  iterations, there is a function  $f \in \mathcal{F}_{m,L}$  such that the  $k$ 'th iterate of  $\mathcal{A}$  on  $f$  satisfies:

$$f(x_k) - f^* \gtrsim m \left( \frac{\sqrt{k} - 1}{\sqrt{k} + 1} \right)^{2k} \|x_0 - x^*\|^2.$$

This means that to reach accuracy  $\epsilon$ , one needs at least  $\approx \sqrt{L/m} \log(1/\epsilon)$  iterations.