Two-fluid model for locomotion under self-confinement

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The bacterium *Helicobacter pylori* causes ulcers in the stomach of humans by invading mucus layers protecting epithelial cells. It does so by chemically changing the rheological properties of the mucus from a high-viscosity gel to a low-viscosity solution in which it may self-propel. We develop a two-fluid model for this process of swimming under self-generated confinement. We solve exactly for the flow and the locomotion speed of a spherical swimmer located in a spherically symmetric system of two Newtonian fluids whose boundary moves with the swimmer. We also treat separately the special case of an immobile outer fluid. In all cases, we characterize the flow fields, their spatial decay, and the impact of both the viscosity ratio and the degree of confinement on the locomotion speed of the model swimmer. The spatial decay of the flow retains the same power-law decay as for locomotion in a single fluid but with a decreased magnitude. Independent of the assumption chosen to characterize the impact of confinement on the actuation applied by the swimmer, its locomotion speed always decreases with an increase in the degree of confinement. Our modeling results suggest that a low-viscosity region of at least six times the effective swimmer size is required to lead to swimming with speeds similar to locomotion in an infinite fluid, corresponding to a region of size above $\approx 25 \mu m$ for *Helicobacter pylori*.

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I. INTRODUCTION

Most motile microorganisms swim in viscous fluids by deforming slender appendages called flagella and cilia [1–3]. Spermatozoa actively deform planar flagella as planar waves [4], bacteria such as *Escherichia coli* (*E. coli*) passively rotate rigid helical flagella [5], while ciliates such as *Paramecium* beat their short cilia with power and recovery strokes to break time-reversal symmetry [6–9]. These slender appendages may interact through the fluid, giving rise to synchronized or collective dynamics [4,9–13]. Alongside living organisms, self-propelled micro- or nanomachines have been synthesized in the laboratory. Some of them directly mimic the physics of biological microorganisms while others self-propel chemically by catalyzing a chemical reaction in an asymmetric fashion [14–25].

Although the detailed propulsion mechanisms of many of these micro- or nanoswimmers are not trivial, many of the physical quantities of interest including swimming velocity, fluid flow field, and their collective behaviors may be captured by continuum fluid mechanics models with simplified propulsion mechanisms [8,16,20,26–28]. Because such swimmers are of small sizes (tens of microns or less), the fluid flows generated are in general well described by the Stokes equations [2,8,20,26]. The detailed kinematics of the flagella and cilia on the surface of biological swimmers, or the precise chemical kinetics of artificial swimmers, may then be simplified by imposing prescribed boundary conditions at the swimmer surface, the swimming velocity being then obtained from the condition that the net force exerted on the swimmer by the fluid is zero [2,6,7,20,26].
Theoretically, an isolated swimmer moving in an unbounded fluid of constant viscosity is the ideal model to describe self-propulsion of a self-propelled cell [2,6,7]. In realistic conditions, however, the motion of a swimmer may be affected by various environmental factors such as external chemical reactions, physical obstacles and boundaries, viscosity variation in space, or the interactions between nearby swimmers in suspension [27–35].

The bacterium *Helicobacter pylori* (*H. pylori*, shown in Fig. 1) is one example of a self-propelled cell moving in a complex environment [32,36–38]. This organism is (in)famous for being able to survive in the acidic environment of the human stomach (gastric fluid), penetrating the mucus layer protecting the stomach lining (a gel-like network of entangled polymers), reaching the underlying epithelium, and eventually causing stomach ulcers. In order to self-propel in the thick mucus protecting the stomach, this bacterium releases the enzyme urease, which catalyzes the reaction from urea to ammonia and converts the local acidic environment near the bacterium to neutral, thereby locally destroying the polymer network and transforming it into a viscous fluid in which the bacterium is able to swim [37]. We note, however, that the size of this low-viscosity region has never been measured experimentally. Recently, synthetic micropropellers operated by external magnetic fields have been fabricated by mimicking *H. pylori*’s physicochemical swimming strategy [22]. The micropropellers were able to neutralize the acidic conditions of the mucus gel by using the activity of the enzyme urease immobilized on their surfaces.

From a fluid mechanical standpoint, the intuitive physical picture for *H. pylori* and its synthetic counterpart is that of a swimmer which, due to the partial or total breakdown of polymer networks, induces chemically a low-viscosity fluid surrounding it, which follows it as the swimmer goes along and is itself enclosed in a high-viscosity gel. This setup of swimming in a domain with spatial variations in viscosity has been also observed in other systems. For example, when the bacterium *E. coli* swims in polymer solutions with high molecular weight, shear thinning and viscosity changes are observed near the rotating flagella [33]. Experimental studies on the locomotion of the nematode *Caenorhabditis elegans* show a decrease in swimming in shear thinning fluids [39], with some debate on the physical origin of this decrease [40–47]. Furthermore, in the extreme case where the viscosity of the gel is much larger than the viscosity of the local fluid, one recovers the limit of swimming under external confinement [28,35,48].

In this paper, we build and study a theoretical fluid-mechanical model for the locomotion of *H. pylori*. We assume that the swimmer is surrounded by a low-viscosity Newtonian fluid close to the swimmer which is itself enclosed in a second Newtonian fluid but with a larger viscosity, as illustrated in Fig. 2. As a difference with recent work, we neglect the poroelastic nature of the gel [38] and focus solely on its viscous behavior. The low-viscosity fluid results from the chemical transformation of the second, high-viscosity fluid. Given the small length scales involved in the biological problem (microns), it is a good approximation to assume that the chemical effect is purely diffusive. This
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FIG. 2. A two-fluid model for the locomotion of H. pylori. The bacterium swims in a low-viscosity inner fluid which is surrounded by a high-viscosity outer fluid. The low-viscosity fluid is induced chemically by the swimmer and thus continuously moves along with it.

can be justified by evaluating the typical value of the Péclet number, \( \text{Pe} = \frac{UL}{D} \), for the diffusing enzyme. With a typical bacterial swimming speed \( U \approx 10 \mu m/s \), a typical organism length scale \( L \approx 1 \mu m \), and a diffusion constant of ammonia \( D \approx 1.6 \times 10^{-9} m^2/s \), one obtains \( \text{Pe} \approx 6 \times 10^{-3} \), consistent with recent modeling work [38] and justifying the small-Pe approximation. As a result, the size of the low-viscosity region is not affected by the flow created by the swimmer and is carried along by the swimmer as it self-propels. To model the swimming motion, we consider the classical squirmer model of spherical shape where the swimming results from prescribed tangential and normal velocity boundary conditions on the surface of the swimmer, and our model can thus be seen as an extension of the squirmer framework to a two-fluid case [6,7]. Within these assumptions, this is a model which can be completely solved analytically.

The paper is organized as follows. We first derive the exact solution for the Stokes flows in the two fluids and the resulting swimming speed. We then illustrate the flow fields for relevant swimming motions and discuss their characteristics. As a special case, we then consider the limit where the outer fluid is immobile (so infinitely more viscous than the inner fluid). We finally apply our model to the locomotion of H. pylori by considering three different ways in which the confinement may affect the boundary conditions applied by the swimmer. We close the paper by a summary of our work while appendices list the various constants used in the analytical solution in the main text of the paper.

II. TWO-FLUID MODEL

The specific model we are considering is shown in Fig. 3. The Newtonian inner fluid has dynamic viscosity \( \mu_1 \) while the Newtonian outer fluid has dynamic viscosity \( \mu_2 \). The swimmer is spherical with radius \( a \) and the boundary between the two fluids is also spherical with radius \( b \geq a \). Since the presence of the boundary is a result of a purely diffusive chemical process, we can assume that it moves with the swimmer and thus remains of radius \( b \) in the frame moving with the swimmer. We assume that the forcing on the fluid imposed by the swimmer is axisymmetric and therefore
A spherical model organism of radius $a$ is immersed in a Newtonian fluid of low viscosity $\mu_1$ itself surrounded by another fluid of viscosity $\mu_2$. The boundary between the two fluids is also spherical and has radius $b \geq a$. The swimmer acts on the fluid by imposing axisymmetric velocity on its surface and as a result swims with velocity $U = U e_z$. Since the boundary between the two fluids is the result of a diffusive problem, it remains spherical for all times in the frame moving with the swimmer.

The swimmer moves with velocity $U = U e_z$, where $e_z$ is the unit vector along the $z$ axis. We use spherical polar coordinates $(r, \theta, \phi)$ to describe the flow fields.

The velocity fields in the two fluids are found by solving the incompressible Stokes equations

$$\nabla p_i = \mu_i \nabla^2 v_i, \quad \nabla \cdot v_i = 0 \quad (i = 1, 2),$$

where $p_i$ is the dynamic pressure in fluid $i$ and $v_i$ is the fluid velocity. In the laboratory frame of reference where the swimmer moves with the velocity $U e_z$, the fluid velocity $v = (v_{r,1}, v_{\theta,1})$ on the swimmer surface is taken to be imposed and given by the most general axisymmetric decomposition [6,7]

$$v_{r,1}|_{r=a} = \sum_{n=0}^{\infty} A_n(t) P_n(\xi) + UP_1(\xi),$$

$$v_{\theta,1}|_{r=a} = \sum_{n=1}^{\infty} B_n(t) V_n(\xi) - UV_1(\xi),$$

where the coefficients $A_n(t)$ and $B_n(t)$ are allowed to be time dependent, describing the details of the propulsion mechanisms. Here $P_n$ the Legendre polynomial of degree $n$, $\xi \equiv \cos \theta$, $V_n = -2P_1(\xi)/[n(n+1)]$, where $P_1$ is the associate Legendre function with order 1. By choosing specific functions for the coefficients $A_n(t)$ and $B_n(t)$, one may model various swimming motions, for example, neutral (irrotational) swimmers such as molecular motors propelled by phoretic mechanisms [20,26], pullers such as the biflagellated alga *Chlamydomonas reinhardtii* (*C. reinhardtii*) [3,27], pushers such as the flagellated bacteria *E. coli* or *H. pylori* [49], as well as time-dependent metachronal waving motions in the ciliate *Paramecium* [6,7,50].
At the spherical interface between the inner and outer fluids, we require continuity of both velocities and stresses as

\[ v_r |_{r=b} = v_r |_{r=b}, \quad v_\theta |_{r=b} = v_\theta |_{r=b}, \quad \Pi_{rr} |_{r=b} = \Pi_{rr} |_{r=b}, \quad \Pi_{r\theta} |_{r=b} = \Pi_{r\theta} |_{r=b}, \]

(3a)

(3b)

where \( \Pi_{rr} \) and \( \Pi_{r\theta} \) are the components of the stress tensor \( \Pi \) in spherical coordinates and the subscripts 1 and 2 denote the inner and outer fluids respectively. The boundary conditions quantified by Eq. (3) assume there is no surface tension at the interface and the fluid may freely flow through the interface. The model is thus one where the two fluids are completely miscible, but where the viscosity is constant in the swimming (Eulerian) frame. The interface indicates thus simply the boundary instantaneously delimiting two constant-viscosity domains which are undisturbed by the fluid motion.

The general axisymmetric solution of the incompressible Stokes equations is given for the velocity field by [51,52]

\[ \mathbf{v} = \sum_{n=-\infty}^{\infty} \left[ \nabla \phi_n + \frac{n+3}{2\mu(n+1)(2n+3)} r^2 \nabla p_n - \frac{n}{\mu(n+1)(2n+3)} r p_n \right], \]

(4)

where \( p_n \) and \( \phi_n \) are the solutions of \( \nabla^2 p_n = 0 \) and \( \nabla^2 \phi_n = 0 \) respectively and \( \mu \) is the dynamic viscosity. In the spherical polar coordinate, \( p_n \) and \( \phi_n \) depend on the Legendre functions as

\[ p_n(r,\xi) = \tilde{p}_n r^n P_n(\xi), \quad \phi_n(r,\xi) = \tilde{\phi}_n r^n P_n(\xi), \]

(5)

where \( \tilde{p}_n \) and \( \tilde{\phi}_n \) are constants independent of \( r \) and \( \xi \). From the above vector form, the radial and azimuthal velocity components are obtained as

\[ v_r = \sum_{n=0}^{\infty} \left[ \tilde{p}_n r^{n+1} + \tilde{\phi}_n r^{n-1} + \tilde{p}_{-(n+1)} \frac{1}{r} + \tilde{\phi}_{-(n+1)} \frac{1}{r} \right] P_n(\xi), \]

(6a)

\[ v_\theta = \sum_{n=1}^{\infty} \left[ -\frac{n+3}{2} \tilde{p}_n r^{n+1} - \frac{n+1}{2} \tilde{\phi}_n r^{n-1} + \frac{n-2}{2} \tilde{p}_{-(n+1)} \frac{1}{r} + \frac{n-2}{2} \tilde{\phi}_{-(n+1)} \frac{1}{r} \right] V_n(\xi), \]

(6b)

where

\[ \tilde{p}_n = \frac{n}{2\mu(2n+3)} \tilde{p}_n, \quad \tilde{\phi}_n = n\tilde{\phi}_n. \]

The unknown constants \( \tilde{p}_n \) and \( \tilde{\phi}_n \) are determined by enforcing the boundary conditions, Eqs. (2) and (3). Taking the coefficients of \( P_n(\xi) \) and \( V_n(\xi) \) \((n = 0, 1)\) in Eq. (6) and comparing them for the inner and outer fluids, we obtain a system of equations for the unknown constants

\[ \tilde{p}_{-1,1} + \frac{1}{a^2} \tilde{\phi}_{-1,1} = A_0, \]

(8a)

\[ (p_\infty - \tilde{p}_0) + (2\mu_1 + 4\mu_2) \frac{1}{b} \tilde{p}_{-1,1} - (4\mu_1 - 4\mu_2) \frac{1}{b} \tilde{\phi}_{-1,1} = 0, \]

(8b)

\[ a^2 \tilde{p}_{1,1} + \tilde{\phi}_{1,1} + \frac{1}{a} \tilde{p}_{-2,1} + \frac{1}{a} \tilde{\phi}_{-2,1} = A_1 + U, \]

(8c)

\[ -2a^2 \tilde{p}_{1,1} - \tilde{\phi}_{1,1} - \frac{1}{2a} \tilde{p}_{-2,1} + \frac{1}{2a} \tilde{\phi}_{-2,1} = B_1 - U, \]

(8d)

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where $p_\infty$ is the constant pressure at $r = \infty$, $\bar{p}_0$ is the undermined constant pressure in the inner fluid, and we use the subscript 1 to indicate the inner fluid. Since all coefficients $\bar{p}_{n,1}$ and $\bar{\phi}_{n,1}$ are zeros in the case of no fluid motion, we can set $p_\infty - \bar{p}_0$ to zero without loss of generality. We may then use Eq. (8) to obtain the unknown constants, $\bar{p}_{n,1}$ and $\bar{\phi}_{n,1}$ $(n = -2, -1,1)$, in terms of the unknown swimming speed $U$. The relevant constants for the outside fluids are obtained from the following relations:

\begin{align}
\bar{p}_{-2,2} &= \frac{1}{\sigma} \bar{p}_{-2,1}, \\
\bar{\phi}_{-2,2} &= \frac{b^3}{\sigma} \left( b^2 \bar{p}_{1,1} + \frac{1}{b^3} \bar{\phi}_{-2,1} \right), \\
\bar{\phi}_{-1,2} &= b^2 \bar{p}_{-1,1} + \bar{\phi}_{-1,1},
\end{align}

where the subscript 2 refers to the outer fluid.

The value of the swimming speed, $U$, is determined by enforcing the force-free condition. The hydrodynamic force on the swimmer exerted by the fluid is calculated by integrating the stress $\Pi$ on the swimmer surface $S$, $F = \int_S \Pi \cdot \hat{r} dS$, since for a spherical swimmer $\Pi \cdot \hat{r}$ is the traction acting from the fluid on the swimmer. This classically leads to [52]

$$F = -4\pi \nabla (r^3 \bar{p}_{-2}).$$

Since no external forces are applied, the constant $\bar{p}_{-2}$ is equal to zero. From this condition, the swimming velocity is easily obtained as

$$U = \frac{\Xi_1\sigma + \Xi_2}{\Delta_1},$$

where

\begin{align}
\Xi_1(\lambda) &= 2(2B_1 - A_1)\lambda^5 - 10(A_1 + B_1)\lambda^2 + 6(2A_1 + B_1), \\
\Xi_2(\lambda) &= 3(2B_1 - A_1)\lambda^5 + 10(A_1 + B_1)\lambda^2 - 6(2A_1 + B_1), \\
\Delta_1(\lambda, \sigma) &= 3(2\lambda^5 - 1)\sigma + 3\lambda^5 + 2,
\end{align}

and where we have introduced the two relevant dimensionless numbers in our problem: $\lambda = b/a$ is the size ratio between the inner fluid domain and the swimmer and $\sigma = \mu_2/\mu_1$ is the ratio of viscosity between the outer and inner fluid. Note that, similar to the infinite-fluid calculation, the swimming velocity only depends on the constants $A_1$ and $B_1$ [6,7,50].

The values of the coefficients for $n \geq 2$ are obtained in a similar way. In the laboratory frame of reference, the velocity field for the inner fluid is then written by

$$v_{r,1} = \frac{2A_0}{\Delta_0} \left\{ \left( \frac{\sigma + 1}{2} \right) \lambda^2 \left( \frac{a}{r} \right)^2 - (\sigma - 1) \right\} P_0(\xi)$$

$$+ \frac{(A_1 + B_1)}{\Delta_1} \left\{ 6(\sigma - 1) \left( \frac{r}{a} \right)^2 - 10(\sigma - 1)\lambda^2 + 2(2\sigma + 3)\lambda^5 \left( \frac{a}{r} \right)^3 \right\} P_1(\xi)$$

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\[ + \sum_{n=2}^{\infty} \left\{ \frac{N_1 A_n + N_2 B_n}{\Delta_{n,1}} \left( \frac{r}{a} \right)^{n+1} + \frac{N_3 A_n + N_4 B_n}{\Delta_{n,1}} \left( \frac{r}{a} \right)^{n-1} + \frac{N_5 A_n + N_6 B_n}{\Delta_{n,2}} \left( \frac{a}{r} \right)^n \right\} P_n(\xi), \]  

where the values of the undefined constants are given in Appendix A. Similarly, we obtain for the outer fluid

\[ v_{\theta,1} = \frac{(A_1 + B_1)}{\Delta_1} \left\{ -12(\sigma - 1) \left( \frac{r}{a} \right)^2 + 10(\sigma - 1) \lambda^2 + (2\sigma + 3) \lambda^3 \left( \frac{a}{r} \right)^3 \right\} V_1(\xi) \]

\[ + \sum_{n=2}^{\infty} \left\{ \frac{n + 3 N_1 A_n + N_2 B_n}{\Delta_{n,1}} \left( \frac{r}{a} \right)^{n+1} - \frac{n + 1 N_3 A_n + N_4 B_n}{\Delta_{n,1}} \left( \frac{r}{a} \right)^{n-1} \right\} V_n(\xi), \]  

\[ v_{r,2} = \frac{3\lambda^2 A_0}{\Delta_0} \left( \frac{a}{r} \right)^2 P_0(\xi) + \frac{10\lambda^5 (A_1 + B_1)}{\Delta_1} \left( \frac{a}{r} \right)^3 P_1(\xi) \]

\[ + \sum_{n=2}^{\infty} \left\{ (c_1 A_n + c_2 B_n) \left( \frac{a}{r} \right)^n + (c_3 A_n + c_4 B_n) \left( \frac{a}{r} \right)^{n+2} \right\} P_n(\xi), \]  

\[ v_{\theta,2} = \frac{5\lambda^5 (A_1 + B_1)}{\Delta_1} \left( \frac{a}{r} \right)^3 V_1(\xi) \]

\[ + \sum_{n=2}^{\infty} \left\{ \frac{n - 2}{2} (c_1 A_n + c_2 B_n) \left( \frac{a}{r} \right)^n + \frac{n}{2} (c_3 A_n + c_4 B_n) \left( \frac{a}{r} \right)^{n+2} \right\} V_n(\xi). \]

Formally, one sees that the swimming velocity [Eq. (11)] and the fluid velocity fields [Eqs. (13) and (14)] reduce to those of the unbounded flow (Lighthill and Blake’s solutions) when we take the viscosities in the fluid to be equal, i.e., \( \sigma = 1 \) [6,7]. Furthermore, in the limit where the outer fluid is much more viscous than the inner one, \( \sigma \to \infty \), these solutions match the limit of a no-slip outer surface studied in detail in Sec. IV.

III. SWIMMING SPEEDS AND FLUID FLOW FIELDS

A. Swimming speeds

The first quantity of interest for the swimmer is the value of its locomotion speed. In Fig. 4 we plot the value of the swimming speed as a function of the confinement size, \( \lambda = b/a \geq 1 \), for four values of the viscosity ratio \( \sigma = \mu_2/\mu_1 \). Here the influence of the radial \( (A_n) \) mode is neglected and only the tangential \( (B_n) \) modes are considered. When the viscosity in the inner and outer fluids are equal (i.e., when \( \sigma = 1 \)), the swimming velocity does not depend on the confinement size. Indeed in that case, both fluids are in fact just a single fluid with a common viscosity and the locomotion of the swimmer is thus indistinguishable from that in an unbounded flow, with velocity equal to the classical value \( U_0 = 2B_1/3 \) [6]; we use this value to nondimensionalize \( U \) in Fig. 4.

When the viscosity in the inner fluid is smaller than that in the outer fluid \( (\mu_2 > \mu_1 \), i.e., \( \sigma > 1 \)), which is the situation relevant to the locomotion of \( H. pylori \), we see that the swimming speed is always smaller than that occurring in a single fluid. For example, for \( \sigma = 10 \), the maximum reduction in swimming (of about 50%) occurs for a confinement ratio of \( \lambda \approx 1.1 \), with an increase back to the one-fluid limit for \( \lambda \to 1 \) and \( \lambda \to \infty \). Notably, if we were to consider the opposite situation where
FIG. 4. Swimming velocity as a function of confinement, $\lambda = b/a$, for four values of the viscosity ratio, $\sigma = \mu_2/\mu_1$, in the case where only the tangential modes $B_n$ are taken into account ($A_n = 0$). The black, red, green, and blue lines (top to bottom) correspond to the viscosity ratios $\sigma = 0.1, 1, 3,$ and $10$. The swimming velocity is scaled by the one-fluid value, $U_0 = 2B_1/3$.

In Fig. 5, we plot the swimming velocity as a function of the viscosity ratio, $\sigma$, for fixed confinement sizes. We clearly observe the difference in increase versus decrease of the swimming speed before and after the $\sigma = 1$ threshold. When the boundary between the two fluids is far from the swimmer ($\lambda \gtrsim 10$), it does not feel the confinement and swims essentially as in a single fluid.

FIG. 5. Swimming velocity, $U$, scaled by the one-fluid value, $U_0 = 2B_1/3$, as a function of the viscosity ratio, $\sigma = \mu_2/\mu_1$, for four different confinements, $\lambda = b/a$. Here again $A_n = 0$ and only tangential modes are kept. The black, red, green, and blue lines correspond to the size ratios $\lambda = 1.5, 2, 3,$ and $10$. 

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For small, order 1, size ratios, we see a significant impact of the presence of a second fluid on the swimming speed.

In Figs. 4 and 5, we note that the swimming speed was scaled by the speed in an unbounded fluid ($U_0$), which allowed us to capture the effect of confinement assuming that the swimmer has a constant surface velocity (i.e., a fixed value of $B_1$), which is not impacted by the degree of confinement and variations in viscosity. In order to capture the impact of size ratios on bare swimming speeds, we consider the biologically relevant case of a swimmer imposing a constant mean traction on its surface instead of a constant surface velocity (see related discussion in Sec. V). By defining the mean root-mean-square traction as

$$ M = \frac{1}{\gamma} \int \int_{S} \sqrt{\Pi_{rr}^2 + \Pi_{r\theta}^2} dS, $$

where $\gamma = \int_{-1}^{1} \sqrt{1 + 3 \xi^2} d\xi$ and $S$ stands for the surface of the swimmer, one gets analytically

$$ M = \frac{12 \pi a \mu_1 B_1}{\Delta_1} \left[ (2 \lambda^5 + 3)\sigma + 3(\lambda^5 - 1) \right]. $$

Considering swimming with only the $n = 1$ mode as above, we may use Eqs. (11) and (16) to obtain the swimming speed (normalized by $M$ and the inner viscosity) as a function of the degree of confinement and viscosity ratio as

$$ \frac{6 \pi a \mu_1 U}{M} = \frac{(2 \lambda^5 - 5 \lambda^2 + 3)\sigma + 3(\lambda^5 - 3)}{(2 \lambda^5 + 3)\sigma + 3(\lambda^5 - 1)}. $$

We plot in Fig. 6 the swimming speed as a function of the size ratios as predicted by this fixed-mean-traction result [Eq. (17)]. As the size of the low-viscosity region increases around the swimmer, the swimming speed of the cell always increases. We observe that a plateau is reached when the size of the outer region is approximately six times the size of the bacterium (i.e., $\lambda \approx 6$). We note in addition that the swimmer experiences a larger speed increase as the viscosity ratio between the inner and outer regions increases. This can be explained by examining Eq. (17). In the

![Graph showing swimming speed as a function of confinement for various viscosity ratios](image-url)
limit $\lambda \approx 1$ we get a scaled velocity given by $1/\sigma$ whereas it is given by 1 in the unconfined limit $\lambda \gg 1$, hence explaining a ratio of velocity equal to a ratio of viscosity.

**B. Flow fields**

The flow fields generated by the swimmers may be visualized by choosing specific boundary conditions on the swimmer surface. We choose here three representative examples with only tangential velocity components and no radial deformation ($A_n = 0$) for illustration as follows:

- **Neutral:** $B_1 = 1$, $B_n = 0$ ($n \neq 1$),
- **Pusher:** $B_1 = 1$, $B_n = -1$ ($2 \leq n \leq 5$),
- **Puller:** $B_n = 1$ ($1 \leq n \leq 5$),

where the three names are chosen in relation to the nature of the flow in the far field of the swimmer. Neutral swimmers are appropriate models to capture synthetic locomotion based on phoretic mechanisms such as diffusiophoresis and thermophoresis [20,26,53] which in some instances (including so-called Janus particles) do not induce traditional stresslet flows in the far field. Pushers represent the majority of flagellated bacteria such as *E. coli* or *H. pylori* where cells are pushed forward by actuation mechanisms (typically, flagella) located in the rear part of the swimmers [49]. They induce a stresslet flow in the far field. In contrast pullers are pulled forward by actuation mechanisms located in the front part of the swimmer, such as the green alga *C. reinhardtii* [3,27].

The stresslet in this case is of sign opposite to the one induced by pusher cells.

1. **Neutral swimmers**

In Fig. 7 (left), we illustrate the velocity fields, in the laboratory frame of reference, for the neutral swimmers for various viscosity ratios. When the viscosities in the inner and outer fluids are equal [$\sigma = 1$, Fig. 7(b)], the flow field is exactly the same as in a single fluid. As the viscosity in the outer fluid increases [Figs. 7(c) and 7(d)], the mobility of the outer fluid decreases and the flow in the...
The magnitudes of the fluid velocities as a function of the distance from the swimmer are shown in Fig. 7 (right) for different viscosity ratios. The flow velocity ahead of the swimmer ($\theta = 0$ in spherical coordinates) is shown in Fig. 7(e) while the velocity on the side of the swimmer ($\theta = \pi/2$) is displayed in Fig. 7(f). Ahead of the swimmer, the magnitude of the velocity in both the inner and outer fluids decreases with an increase of the viscosity ratio. In contrast, on the side of the swimmer, a reversed region appears in the inner fluid where an increase of the viscosity ratio accentuates the circulation in the inner fluid. In the far field, the fluid velocity exhibits a $r^{-3}$ decay behavior characteristic of neutral swimmers for all viscosity ratios, with a magnitude which is reduced by an increase of the viscosity ratio. Note that at the interface between the two fluids, the flows velocities are continuous but not the flow gradients. This is a simple consequence of having two different viscosities on either side of the interface.

Interestingly, from an inspection of the analytical solution for the flow in the outer fluid [Eq. (14)] one sees that the flow components are given by

$$v_{r,2} = U_B \lambda^3 \left( \frac{a}{r} \right)^3 \cos \theta,$$

$$v_{\theta,2} = \frac{1}{2} U_B \lambda^3 \left( \frac{a}{r} \right)^3 \sin \theta,$$

where $U_B = 10(A_1 + B_1)\lambda^2/\Delta_1$. In a vector form, it may be simply expressed as

$$\mathbf{v} = \frac{U_B}{2} \left( \frac{b}{r} \right)^3 (3\mathbf{\hat{r}} \mathbf{\hat{r}} - \mathbf{I}) \cdot \mathbf{e}_z,$$

where $\mathbf{\hat{r}}$ is the unit radial vector and $\mathbf{I}$ is the unit dyadic. This velocity expression is that of a self-propelled neutral swimmer with radius $b$ swimming with velocity $U_B$. From the point of view of the outer fluid, the combination of swimmer (size $a$) + inner fluid is equivalent to a larger force-free swimmer (size $b$) self-propelling at a different speed whose magnitude is a function of the viscosity ratio and decays as $1/\sigma$.

### 2. Swimmers with stresslets in the far field

Moving on to swimmers which induce a stresslet in the far field, we show in Fig. 8 (left) the flow fields created in both fluids by the puller swimmer in the laboratory frame of reference. The flow is directed toward the swimmer from its fore and rear parts and away from it on the sides. The overall dependence of the flow fields on the viscosity ratio is similar to the neutral swimmer. When the viscosity ratio is one [$\sigma = 1$, Fig. 8(b)], the flow field is exactly the same as in a single fluid. As the viscosity in the outer fluid increases [$\sigma = 3, 10$, Figs. 8(c) and 8(d)], the flow becomes increasingly confined in the inner fluid with an increase of the circulation there. Note that a toroidal vortex appears ahead of the swimmer, which becomes stronger as the viscosity in the outer fluid increases. The quantitative values of the fluid velocity ahead ($\theta = 0$) and on the side of the swimmer ($\theta = \pi/2$) are shown in Figs. 8(e) and 8(f) respectively. The puller swimmer retains the signature of a puller in the far field and its $r^{-2}$ power law decay. The magnitudes of the velocity generally decrease with an increase of the viscosity in the outer fluid except in the inner circulation region.

Similar results in the case of a pusher swimmer are shown in Fig. 9 with flow fields displayed on the left and their spatial decay on the right. Results are similar to the puller case except that now the toroidal vortex appears behind the swimmer. The pusher remains a pusher in the far field with $r^{-2}$ spatial decay of the velocity.
FIG. 8. Left: Velocity fields in both fluids for the puller swimmer in the laboratory frame of reference for a size ratio $\lambda = 3$ and various viscosity ratios $\sigma = \mu_2/\mu_1$: (a) $\sigma = 0.1$; (b) $\sigma = 1$; (c) $\sigma = 3$; (d) $\sigma = 10$. The velocity fields near the swimmers are not shown to allow clear visualization. Right: Magnitude of the fluid velocity, $v = \sqrt{v_r^2 + v_\theta^2}$, for the same puller swimmer in (e) the forward directions ($\theta = 0$) and (f) the side directions ($\theta = \pi/2$). The black, red, green, and blue solid lines correspond to the viscosity ratios $\sigma = 0.1, 1, 3$, and 10, respectively. The dotted lines are the respective asymptotics while the vertical short dotted lines indicate the interface between the two fluids.

IV. SWIMMING UNDER RIGID CONFINEMENT

The model developed so far concerned locomotion in a two-fluid domain whose boundary was moving with the swimmer in a quasisteady fashion. Experimentally, the study of *H. pylori* locomotion

FIG. 9. Left: Fluid velocity fields for the pusher swimmer in the laboratory frame of reference for $\lambda = 3$ and various viscosity ratios: (a) $\sigma = 0.1$; (b) $\sigma = 1$; (c) $\sigma = 3$; (d) $\sigma = 10$, where $\sigma = \mu_2/\mu_1$. The velocity fields near the swimmers are not shown to allow clear visualization. Right: Magnitude of the fluid velocity, $v = \sqrt{v_r^2 + v_\theta^2}$, for the same pusher swimmer in (e) the forward directions ($\theta = 0$) and (f) the side directions ($\theta = \pi/2$). The black, red, green, and blue solid lines correspond to the viscosity ratios $\sigma = 0.1, 1, 3$, and 10, respectively. The dotted lines are the respective asymptotics. The vertical short dotted lines indicate the boundary between the two fluids.
demonstrated that, in the absence of the inner-viscosity fluid, the cells were in fact not able to self-propel at all [36]. From a fluid mechanical point of view, this suggests that the viscosity in the outer fluid might be too high for the cells to move. We might therefore propose to model the outer fluid in a simpler fashion by assuming that it is, for all times, a rigid matrix with a no-slip boundary condition at the interface \( r = b \). This situation is thus a special case of the calculation carried out in the previous section in the limit where the outer viscosity is much larger than the inner one.

### A. Squirming in a rigidly bounded flow

In the laboratory frame of reference, the boundary conditions at the swimmer surface and the interface are given for this new model by

\[
\begin{align*}
vr |_{r=a} & = \sum_{n=0}^{\infty} A_n(t) P_n(\xi) + U P_1(\xi),
\quad (21a) \\
\theta_r |_{r=a} & = \sum_{n=1}^{\infty} B_n(t) V_n(\xi) - U V_1(\xi),
\quad (21b) \\
v_r |_{r=b} & = 0,
\quad (21c) \\
\theta_r |_{r=b} & = 0.
\quad (21d)
\end{align*}
\]

From Lamb’s general solutions [Eq. (4)] and the above boundary condition [Eq. (21)], the fluid velocity fields are solved similarly to the work from Sec. II, only with much simpler algebra. The undetermined constants in Eq. (7) for \( n = 0, 1 \) are the solutions to

\[
\begin{align*}
\bar{p}_{-1} + \frac{1}{a^2} \bar{\phi}_{-1} & = A_0, \\
\bar{p}_{-1} + \frac{1}{b^2} \bar{\phi}_{-1} & = 0, \\
a^2 \bar{p}_1 + \bar{\phi}_1 + \frac{1}{a} \bar{p}_{-2} + \frac{1}{a^3} \bar{\phi}_{-2} & = A_1 + U, \\
-2a^2 \bar{p}_1 - \bar{\phi}_1 - \frac{1}{2a} \bar{p}_{-2} + \frac{1}{2a^3} \bar{\phi}_{-2} & = B_1 - U, \\
b^2 \bar{p}_1 + \bar{\phi}_1 + \frac{1}{b} \bar{p}_{-2} + \frac{1}{b^3} \bar{\phi}_{-2} & = 0, \\
-2b^2 \bar{p}_1 - \bar{\phi}_1 - \frac{1}{2b} \bar{p}_{-2} + \frac{1}{2b^3} \bar{\phi}_{-2} & = 0.
\end{align*}
\]

Here the subscript 1 is omitted since only the inner fluid exists. By applying the force-free condition on the swimmer surface, i.e., \( \bar{p}_{-2} = 0 \), we deduce the value of the swimming velocity,

\[
U = \frac{5\lambda^2(\lambda^3 - 1)}{3(\lambda^3 - 1)}(A_1 + B_1) - 2A_1 - B_1,
\quad (23)
\]

and the solutions to Eq. (22) are given by

\[
\begin{align*}
\bar{p}_{-1} & = -A_0 \frac{1}{\lambda^2 - 1}, \\
\bar{\phi}_{-1} & = A_0 \frac{a^2 \lambda^2}{\lambda^3 - 1}.
\end{align*}
\]
\[ \tilde{p}_1 = (A_1 + B_1) \frac{1}{a^2(\lambda^5 - 1)}, \quad (24c) \]
\[ \phi_1 = -\frac{5}{3}(A_1 + B_1) \frac{\lambda^2}{\lambda^5 - 1}, \quad (24d) \]
\[ \phi_{-2} = \frac{2}{3}(A_1 + B_1) \frac{a^3\lambda^5}{\lambda^5 - 1}. \quad (24e) \]

The other unknown constants \( \tilde{p}_n \) and \( \phi_n \) for \( n \geq 2 \) are easily obtained as

\[ \tilde{p}_n = \frac{1}{a^{n+1}\Delta_n}(N_1A_n + N_2B_n), \quad (25a) \]
\[ \phi_n = \frac{1}{a^{n-1}\Delta_n}(N_3A_n + N_4B_n), \quad (25b) \]
\[ \tilde{p}_{-(n+1)} = \frac{a^n}{\Delta_n}(N_5A_n + N_6B_n), \quad (25c) \]
\[ \phi_{-(n+1)} = \frac{a^{n+2}}{\Delta_n}(N_7A_n + N_8B_n), \quad (25d) \]

and thus the velocity fields are given in the laboratory frame of reference by

\[ v_r = A_0 \left\{ \frac{\lambda^2}{\lambda^2 - 1} \left( \frac{a}{r} \right)^2 - \frac{1}{\lambda^2 - 1} \right\} P_0(\xi) \]
\[ + (A_1 + B_1) \left\{ \frac{1}{\lambda^5 - 1} \left( \frac{r}{a} \right)^2 - \frac{5\lambda^2}{3(\lambda^5 - 1)} + \frac{2\lambda^5}{3(\lambda^5 - 1)} \left( \frac{a}{r} \right)^3 \right\} P_1(\xi) \]
\[ + \sum_{n=2}^{\infty} \frac{1}{\Delta_n} \left\{ (N_1A_n + N_2B_n) \left( \frac{r}{a} \right)^{n+1} + (N_3A_n + N_4B_n) \left( \frac{r}{a} \right)^{n-1} \right\} P_n(\xi), \quad (26a) \]
\[ v_\theta = (A_1 + B_1) \left\{ -\frac{2}{\lambda^5 - 1} \left( \frac{r}{a} \right)^2 + \frac{5\lambda^2}{3(\lambda^5 - 1)} + \frac{\lambda^5}{3(\lambda^5 - 1)} \left( \frac{a}{r} \right)^3 \right\} V_1(\xi) \]
\[ + \sum_{n=2}^{\infty} \frac{1}{\Delta_n} \left\{ -\frac{n + 3}{2} (N_1A_n + N_2B_n) \left( \frac{r}{a} \right)^{n+1} - \frac{n + 1}{2} (N_3A_n + N_4B_n) \left( \frac{r}{a} \right)^{n-1} \right\} V_n(\xi), \quad (26b) \]

where the undefined constants are listed in Appendix B. We note, unsurprisingly, that both the swimming velocity [Eq. (23)] and the fluid flow fields [Eq. (26)] in this rigidly confined case are recovered from the two-fluid model [Eqs. (11) and (13) respectively] by formally taking the limit \( \sigma \rightarrow \infty \).

In Fig. 10, we plot the value of the swimming velocity, Eq. (23), as a function of the confinement size, \( \lambda = b/a \). We consider for simplicity only the case with tangential velocities (i.e., \( A_n = 0 \) for all \( n \)). The swimming velocity decreases when the degree of confinement increases, a trend consistent with two-fluid model (see Fig. 4). In the case where the actuation contains only radial modes (i.e., \( B_n = 0 \) for all \( n \)), the trend is reversed and the swimming speed increases with the
FIG. 10. Swimming velocity as a function of the confinement size, \( \lambda = b/a \), for squirming under rigid confinement with only tangential actuation \( (A_n = 0) \). The horizontal line indicates the swimming velocity for the unbounded fluid, \( U_0 = 2B_1/3 \).

amount of confinement. The flow fields generated by swimmers under rigid confinement are shown in Fig. 11 for a puller [Figs. 11(a) and 11(b)] and pusher [Figs. 11(c) and 11(d)] in both small and large confinements. The flow patterns are comparable to those seen in the two-fluid model when the viscosity in the outer fluid is large (see Figs. 8 and 9) with an increase of the circulation with the degree of confinement.

B. Surface deformation

Microorganisms such as *Paramecium* and *Volvox* exploit the deformation of many flagella or cilia distributed on their surface and beating in synchrony in order to self-propel [1,3,9]. Beyond the squirmer model, a more precise theoretical description of such types of swimmers requires including effective tangential and radial boundary conditions such that they both result from the time-varying deformation of material elements on the surface of the swimmer [6,7,27,50,54,55]. In this section we show how to characterise this type of swimming under rigid confinement.

Assume that material points on the surface of the swimmer oscillate with small amplitude \( \epsilon \), so that the deformed radial and tangential positions of material points at Lagrangian positions \( R = a \) and \( \theta = \theta_0 \) may be written without loss of generality as

\[
R = a \left( 1 + \epsilon \sum_{n \geq 0} \alpha_n(t) P_n(\xi) \right), \quad \theta = \theta_0 + \epsilon \sum_{n \geq 1} \beta_n(t) V_n(\xi),
\]

(27)

where \( \alpha(t) \) and \( \beta(t) \) are time-varying functions [6,7].

In the frame moving with the swimmer, the Eulerian boundary conditions for the fluid velocity at the swimmer surface are given by the time derivatives of Eq. (27) as

\[
\tilde{v}_r(R,\theta) = a \epsilon \sum_{n \geq 0} \alpha'_n P_n(\xi),
\]

\[
\tilde{v}_\theta(R,\theta) = a \epsilon \left( \sum_{n \geq 1} \beta'_n V_n(\xi) \right) \left( 1 + \epsilon \sum_{n \geq 0} \alpha_n P_n(\xi) \right),
\]

(28)
FIG. 11. The fluid flow fields generated by the puller for the confinement size (a) $\lambda = b/a = 3$ and (b) $\lambda = 30$ and by the pusher for (c) $\lambda = 3$ and (d) $\lambda = 30$ in the laboratory frame of reference.

where $\bar{v}_r$ and $\bar{v}_\theta$ are the radial and tangential velocity components in the moving frame, which are related to the laboratory-frame velocities as $\bar{v}_r = v_r - UP_1$ and $\bar{v}_\theta = v_\theta + UV_1$, and $\alpha'$ and $\beta'$ are time derivatives for $\alpha$ and $\beta$ respectively.

Since the first-order solution at order $\epsilon$ does not provide any propulsion by symmetry [6,7,10,56], we need to expand up to the second order in $\epsilon$ using Taylor expansion from the undeformed state $(a,\theta_0)$ as

$$\bar{v}(R,\theta) = \bar{v}(a,\theta_0) + (R-a) \frac{\partial \bar{v}}{\partial r} \bigg|_{r=a} + (\theta-\theta_0) \frac{\partial \bar{v}}{\partial \theta} \bigg|_{r=a},$$

plus higher-order terms. Here $\bar{v}(a,\theta_0)$ is given by Eq. (26) by replacing $A_n$ and $B_n$ by $A_n = a\epsilon \alpha'_n$, and $B_n = a\epsilon \beta'_n$, respectively, which implies $\bar{v}(a,\theta_0)$ is first order in $\epsilon$. The derivatives $\partial \bar{v}/\partial r$ and $\partial \bar{v}/\partial \theta$ at $r = a$, and the displacement $R - a$ and $\theta - \theta_0$ are of orders $\epsilon$ respectively so that $(R-a) (\partial \bar{v}/\partial r)\big|_{r=a}$ and $(\theta - \theta_0)(\partial \bar{v}/\partial \theta)\big|_{r=a}$ are both at order $\epsilon^2$. Hence the boundary conditions at the position $(a,\theta_0)$ up to the second order are now written by

$$\bar{v}_r(a,\theta_0) = a\epsilon \left[ \sum_{n \geq 0} \alpha'_n P_n - \frac{\partial \bar{v}_r}{\partial r} \bigg|_{r=a} \right] + a \epsilon \left[ \sum_{n \geq 1} \beta_n V_n \right],$$

$$\bar{v}_\theta(a,\theta_0) = a\epsilon \left[ \sum_{n \geq 1} \beta'_n V_n + \left( \sum_{n \geq 0} \alpha_n P_n \right) \left( \epsilon \sum_{n \geq 1} \beta'_n V_n - \frac{\partial \bar{v}_\theta}{\partial r} \bigg|_{r=a} \right) \right] - \frac{1}{a} \frac{\partial \bar{v}_\theta}{\partial \theta} \left( \sum_{n \geq 1} \beta_n V_n \right).$$

(30)
Inserting the derivatives of the velocity, $\partial \vec{v}/\partial r |_{r=a}$ and $\partial \vec{v}/\partial \theta |_{r=a}$, using Eq. (26) into Eq. (30) leads to explicit expressions for the boundary conditions as

$$
\begin{align*}
\vec{v}_r(a, \theta_0) &= a \varepsilon \left[ \sum_{n \geq 0} \alpha'_n P_n + 2 \varepsilon \left( \sum_{n \geq 0} \alpha_n P_n \right) \left( \frac{\lambda^2}{\lambda^2 - 1} \alpha'_0 P_0 + \sum_{n \geq 1} (\alpha'_n + \beta'_n) P_n \right) \right] \\
&\quad - \varepsilon \left( \sum_{n \geq 1} \alpha_n \frac{\partial P_n}{\partial \theta} \right) \left( \sum_{n \geq 1} \beta_n V_n \right), \\
\vec{v}_\theta(a, \theta_0) &= a \varepsilon \left[ \sum_{n \geq 1} \beta'_n V_n + \varepsilon \left( \sum_{n \geq 0} \alpha_n P_n \right) \left( \frac{\lambda^5 + 4}{\lambda^5 - 1} (\alpha'_1 + \beta'_1) + \beta'_1 \right) V_1 \right] \\
&\quad - \sum_{n \geq 2} (\kappa_n \alpha'_n + (v_n - 1) \beta'_n) V_n - \left( \sum_{n \geq 1} \beta_n V_n \right) \left( \sum_{n \geq 1} \beta'_n \frac{\partial V_n}{\partial \theta} \right),
\end{align*}
$$

where $\kappa_n = \chi_3(n)/\Delta_n$, $v_n = \chi_2(n)/\Delta_n$, and $\chi_1$ and $\chi_2$ are given in Appendix B. Rewriting these equations formally as

$$
\begin{align*}
\vec{v}_r(a, \theta_0) &= \sum_{n=0}^{\infty} \tilde{A}_n(t) P_n(\xi), \\
\vec{v}_\theta(a, \theta_0) &= \sum_{n=1}^{\infty} \tilde{B}_n(t) V_n(\xi),
\end{align*}
$$

with the introduction of new coefficients $\tilde{A}_n(t)$ and $\tilde{B}_n(t)$, one finds that these boundary conditions are analogous to those with no radial deformation [Eq. (21)].

Hence, the swimming velocity with radial deformation is, up to the second order in $\varepsilon$, given by Eq. (23) by replacing $A_1$ and $B_1$ with $\tilde{A}_1$ and $\tilde{B}_1$ respectively [6,7]. The coefficients $\tilde{A}_1$ and $\tilde{B}_1$ are obtained by surface averaging

$$
\begin{align*}
\tilde{A}_1 &= \frac{3}{2} \int_{-1}^{1} \tilde{v}_r P_1(\xi) d\xi, \\
\tilde{B}_1 &= \frac{3}{4} \int_{-1}^{1} \tilde{v}_\theta V_1(\xi) d\xi.
\end{align*}
$$

Using the properties of associate Legendre functions [6,7,57], we obtain the detailed expressions for $\tilde{A}_1$ and $\tilde{B}_1$ as

$$
\begin{align*}
\tilde{A}_1 &= a \varepsilon \left[ \alpha'_1 + \varepsilon \left( \frac{2\lambda^2}{\lambda^2 - 1} \alpha'_0 \alpha_1 + 2 \alpha_0 (\alpha'_1 + \beta'_1) + \sum_{n \geq 1} \frac{6}{(2n+1)(2n+3)} ((n+1) \alpha_n (\alpha'_{n+1} + \beta'_{n+1}) \\
&\quad + (n+1) \alpha_{n+1} (\alpha'_n + \beta'_n) + n \alpha'_n \beta_{n+1} + (n+2) \alpha'_{n+1} \beta_n) \right) \right], \\
\tilde{B}_1 &= a \varepsilon \left[ \beta'_1 + \varepsilon \left( \frac{\lambda^5 + 4}{\lambda^5 - 1} (\alpha'_1 + \beta'_1) + \beta'_1 \right) \left( \alpha_0 - \frac{1}{5} \alpha_2 \right) - \frac{1}{5} \alpha_1 [\kappa_2 \alpha'_2 + (v_2 - 1) \beta'_2] \right] \\
&\quad + \sum_{n \geq 2} \frac{3}{(2n+1)(2n+3)} \left\{ \kappa_n \alpha'_n \alpha_{n+1} + (v_n - 1) \alpha_{n+1} \beta'_n - \kappa_{n+1} \alpha_n \alpha'_{n+1} - (v_{n+1} - 1) \alpha_n \beta'_{n+1} \right\} \\
&\quad + 6 \sum_{n \geq 1} \frac{(n+2) \beta_n \beta'_{n+1} - n \beta_{n+1} \beta'_n}{(n+1)(2n+1)(2n+3)}. \quad \text{(35)}
\end{align*}
$$

093101-17
One sees that these solutions reduce to those in the unbounded fluid in the limit where $\lambda \gg 1$ [6,7].

**V. BIOPHYSICAL MODELING**

So far in our fluid mechanical model we have assumed that the model bacterium self-propels by applying surface velocities, Eq. (21), whose magnitudes were not influenced by the presence of the confinement. In other words, we considered only the “fixed kinematics” limit. However, under confinement both biological and artificial swimmers may modify the magnitude of their actuation on the fluid. For example, flagellated bacteria are known to rotate their helical flagella by applying a constant motor torque [5]. Any change to the surrounding fluid mechanics would then impact the rotation speed of the motor and hence the locomotion of the cell.

In order to model how the swimming velocity of a cell, or that of an artificial swimmer, would respond to a self-generated confinement, three possible scenarios are now considered. In the first one, we assume that the surface velocities imposed by the swimmer remain identical for all confinement (this is the fixed-kinematics case, as above). The second situation is that of swimming under fixed total rate of working, which at low Reynolds number is equivalent to a fixed total dissipation in the fluid; this could be the limit under which power-control synthetic devices operate. The third scenario, directly relevant to the biological limit, is that of swimming under a fixed mean surface traction (or stress); given that the geometry of the swimmer is unchanged, this means that all local force and torque, and all of their moments, are kept constant for all confinement values, and it is therefore a model for the fixed-motor-torque actuation of flagellated bacteria [5].

The rate of working of the swimmer against the fluid, or power $P$, is defined as

$$P = -\int S \mathbf{v} \cdot \mathbf{\Pi} \cdot \hat{r} dS,$$

where $\mathbf{\Pi}$ is the stress tensor in the fluid and $S$ indicates the surface of the swimmer. Using our analytical calculation, we can obtain an analytical expression for $P$ given by

$$P = \frac{2\lambda^2 + 1}{2\lambda^2 - 1} A_0^2 + \frac{2(2\lambda^5 + 3)}{3(\lambda^5 - 1)} (A_1 + B_1)^2 + \sum_{n=2}^{\infty} \frac{1}{(2n + 1)\Delta_n^2(\lambda)} \left\{ 2\left[ a_n N_e A_n^2 + b_n N_e B_n^2 \right] + \left[ c_n \bar{N}_e A_n^2 + d_n \bar{N}_e B_n^2 + (c_n \bar{N}_e + d_n \bar{N}_o) A_n B_n \right] \right\},$$

where $\mu$ is the fluid viscosity and the other constants are given in Appendix B. Note that the expression for $P$ reduces to the Lighthill and Blake’s solutions in the limit where $\lambda \gg 1$ [6,7]. For a spherical squirmer with displacements along the radial direction, we may define the mean magnitude of the traction on the surface of the swimmer, $M$, as

$$M = \int S \sqrt{\Pi_{rr}^2 + \Pi_{r\theta}^2} dS.$$

To be able to apply this to the biological system, we have to prescribe appropriate values for the various swimming modes. For simplicity, we consider tangential swimming only and focus on the first two modes of swimming, $B_1$ and $B_2$, and take the other ones to zero. We then consider two cases for illustration.

The first case is the one where $B_2 = 0$ so that there is only one surface mode. In that case, all expressions above may be evaluated analytically and we obtain

$$P = 8\pi \mu a B_1^2 \kappa$$

and

$$M = 3\pi^2 \mu a B_1 \kappa,$$

where $\kappa = (2\lambda^5 + 3)/(3\lambda^5 - 3)$. The three resulting different swimming velocities
are then given by the following expressions:

\[
\text{Fixed velocity, } B_1 : U/U_0 = \frac{(2\lambda^5 - 5\lambda^2 + 3)}{2(\lambda^5 - 1)}, \tag{39a}
\]

\[
\text{Fixed power, } P : U/U_0 = \frac{(2\lambda^5 - 5\lambda^2 + 3)}{\sqrt{2(\lambda^5 - 1)(2\lambda^5 + 3)}}, \tag{39b}
\]

\[
\text{Fixed surface stress, } M : U/U_0 = \frac{(2\lambda^5 - 5\lambda^2 + 3)}{(2\lambda^5 + 3)}. \tag{39c}
\]

To provide a more realistic model, we introduce the second surface mode \( B_2 \). By inspecting past work on the flows created by a prototypical flagellated bacterium, we can then estimate the ratio \( B_2/B_1 \) relevant to the biological world. Specifically, it is known that the flow created by a swimming bacterium is that of a force dipole, denoted \( p \). For a tangential squirmer of radius \( a \) in a fluid of viscosity \( \mu \), the force dipole is in turn known to be equal to \(-4\pi \mu a^2 B_2 \) \[27\]. Since the swimming speed is given by \( U = 2B_1/3 \), we obtain

\[
\frac{B_2}{B_1} = -\frac{p}{6\pi \mu U a^2}. \tag{40}
\]

Plugging in the measured values for a swimming \( E. \ coli \) bacterium (incidentally, the only prokaryote for which this measurement exists), namely \( p \approx 0.8 \text{ pN } \mu \text{m} \) \[49\], and together with \( a \approx 1 \mu \text{m} \) and \( U \approx 30 \mu \text{m/s} \) \[5\], we obtain \( B_2/B_1 \approx -1.4 \). For this second model, we then make the modeling assumption that the ratio \( B_2/B_1 \) remains constant for all values of the confinement ratio, \( \lambda \). The expressions for the swimming velocity may then be expressed for this model as

\[
\text{Fixed velocity, } B_1 : U/U_0 = \frac{(2\lambda^5 - 5\lambda^2 + 3)}{2(\lambda^5 - 1)}, \tag{41a}
\]

\[
\text{Fixed power, } P : U/U_0 = \frac{[(2\lambda^5 - 5\lambda^2 + 3)/(2(\lambda^5 - 1))](B'_1/B_1)}, \tag{41b}
\]

\[
\text{Fixed surface stress, } M : U/U_0 = \frac{[(2\lambda^5 - 5\lambda^2 + 3)/(2(\lambda^5 - 1))](B''_1/B_1)}, \tag{41c}
\]

where \( B'_1 \) and \( B''_1 \) are the modified values of \( B_1 \) due to confinement and where the ratios \( B'_1/B_1 \) and \( B''_1/B_1 \) can be computed from the expressions for power and stress.

The impact on confinement on these two models is illustrated in Fig. 12, where we plot the swimming velocity as a function of the confinement size ratio, \( \lambda = b/a \), in the three cases for the model with one mode (left) and two modes (right). In each case, we observe that the three modeling scenarios, although they are based on different physical assumptions about the method of
the surface modes lead to different values in same boundary conditions).

(i.e., how much more torque the cell would have to expand for this value of the increase in swimmer stress arising from pure confinement assuming fixed kinematics or power at that level. Along with this, we give in the last column of Table I the typical order of magnitude of models to predict the range of sizes for the low-viscosity region, 

Table I. Predictions of our mathematical model assuming a cell size of 4 \( \mu \text{m} \) [36]. Top: Swimmer with one tangential surface mode \((B_2 = 0)\); bottom: two modes with constant ratio \(B_2/B_1 = -1.4\).

<table>
<thead>
<tr>
<th>Model</th>
<th>Velocity ratio</th>
<th>Range of ( \lambda ) from model</th>
<th>Predicted size of low-viscosity region ((b))</th>
<th>Increase in stress ((M/M_0 - 1))</th>
</tr>
</thead>
<tbody>
<tr>
<td>(B_2 = 0)</td>
<td>( U/ U_0 \approx 0.80 )</td>
<td>2.16–2.30</td>
<td>9 ( \mu \text{m} )</td>
<td>0.020–0.054</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.90 )</td>
<td>2.8–2.92</td>
<td>11.4 ( \mu \text{m} )</td>
<td>0.0059–0.015</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.95 )</td>
<td>3.58–3.68</td>
<td>14.5 ( \mu \text{m} )</td>
<td>((1.9-4.3) \times 10^{-3})</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.99 )</td>
<td>6.24–6.30</td>
<td>25 ( \mu \text{m} )</td>
<td>((1.3-2.6) \times 10^{-4})</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.999 )</td>
<td>11.82–11.86</td>
<td>47.4 ( \mu \text{m} )</td>
<td>((0.54–1.1) \times 10^{-5})</td>
</tr>
<tr>
<td>(B_2/B_1 = -1.4)</td>
<td>( U/ U_0 \approx 0.80 )</td>
<td>2.16–2.48</td>
<td>9.3 ( \mu \text{m} )</td>
<td>0.016–0.13</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.90 )</td>
<td>2.8–3.27</td>
<td>12.1 ( \mu \text{m} )</td>
<td>0.0046–0.049</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.95 )</td>
<td>3.58–4.04</td>
<td>15.2 ( \mu \text{m} )</td>
<td>0.0020–0.022</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.99 )</td>
<td>6.24–6.91</td>
<td>26.3 ( \mu \text{m} )</td>
<td>((0.34–4.2) \times 10^{-3})</td>
</tr>
<tr>
<td></td>
<td>( U/ U_0 \approx 0.999 )</td>
<td>11.82–13.27</td>
<td>50.2 ( \mu \text{m} )</td>
<td>((0.46–6.2) \times 10^{-4})</td>
</tr>
</tbody>
</table>

Remarkably, while the three different biophysical assumptions and the two different values for the surface modes lead to different values in \( \lambda \), the results from Table I show that the range of values is small and all lead to very similar predictions for the size of the low-viscosity region. In particular, the results suggest that in order for the cell to swim within 1% of its free-swimming value (resulting in mean hydrodynamic stresses within 0.5%), the cell needs to liquify a spherical cloud of size above \( \approx 25 \mu \text{m} \). This is consistent with recent theoretical work focusing on the physicochemical modeling of the gel breakdown and predicting a low-viscosity region of size \( \approx 44 \mu \text{m} \) [38]. With our modeling approach, that size would lead to swimming with a velocity within 0.1% of the speed in an unbounded fluid and a typical stress acting on the cell within 0.05% of what would be experienced in the absence of confinement.

VI. CONCLUSION

In this paper, we have developed a two-fluid model for the locomotion of \( H. \text{pylori} \) under self-produced confinement. The model swimmer, assumed to be spherical, was surrounded by a shell of low-viscosity fluid itself enclosed by a high-viscosity fluid with an interface between the two fluids at a fixed distance from the swimmer in the comoving frame. This model could be solved exactly and we obtained analytical expressions for the swimming velocity and the complete flow field. The high-viscosity outer fluid plays the role of a soft-confining surface which decreases the value of the swimming velocity, decreases the hydrodynamic signature in the far field, and increases the recirculation of flow near the swimmer. Applied to the specific case of \( H. \text{pylori} \), the model suggests that the swimming speed decrease resulting from the incomplete destruction of mucin gel in the outer region is generic and essentially independent of the modeling assumptions on the feedback of the confinement on the swimming mode. It also suggests that in order for the bacterium to swim under stresses similar to that experienced in unbounded fluid with no confinement, the cell
needs to generate chemically a low-viscosity region of size at least \( \approx 25 \ \mu \text{m} \), i.e., approximately six times the size of the cell body (see Fig. 1). Beyond the case of a single cell, if multiple bacteria swim in this scenario, we expect the results in this paper to be only weakly affected by interactions provided the cells remain separated by a distance larger than twice the size of the low-viscosity region.

Recent experiments with \( H. \text{pylori} \) addressed the consequences of a variation in the chemical environment on cell motility [58], and our two-fluid model may be used to rationalize the observed changes in the swimming speeds. In addition to its application to biology, the theory developed in this paper may also explain experimental observations for artificial magnetic micropropellers mimicking \( H. \text{pylori} \)'s chemical swimming strategy [22]. The decrease of the swimming speed observed experimentally was attributed to the viscoelastic properties of materials [39,41–47], but in fact our calculations show that confinement is sufficient to lead to a decrease. Beyond magnetic actuation, a model similar to ours could be developed to study phoretic swimming under liquid confinement by combining it with the solution to a chemical transport problem. In the case of phoretic swimming, the chemical reactions involved in locomotion might increase the chemical gradients and counteract the increase in hydrodynamic friction under confinement [35]. Finally, since the model developed here is able to address finite-length swimmers, it could also be used computationally in future work to address collective effects in complex fluids by allowing a discretization of domains with different viscosities.

**ACKNOWLEDGMENTS**

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**APPENDIX A: COEFFICIENTS FOR THE TWO-FLUID MODEL**

The expressions for the velocity fields in the two-fluid model, Eqs. (13) and (14), involve a series of constants, which are given by the following:

\( \Delta \) constants:

\[
\Delta_0 = 2(\lambda^2 - 1)\sigma + \lambda^2 + 2, \quad (A1a)
\]

\[
\Delta_1 = 3(2\lambda^5 - 1)\sigma + 3\lambda^5 + 2, \quad (A1b)
\]

\[
\Delta_{n,1} = (2n + 1)^2\{(\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1)\}(\sigma + \Omega_2)\lambda^{2n+3} - (\sigma - 1)\}
- (2n - 1)(2n + 3)((\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1))^2, \quad (A1c)
\]

\[
\Delta_{n,2} = (2n + 1)^2(\lambda^{2n-1} - \Psi_1)(\lambda^{2n+3} - \Psi_2) - (2n - 1)(2n + 3)(\lambda^{2n+1} - \Psi)^2. \quad (A1d)
\]

\( \Omega \) constants:

\[
\Omega_1 = \frac{2(n - 1)(n + 1)}{2n^2 + 1}, \quad (A2a)
\]

\[
\Omega_2 = \frac{2(n^4 + 2n^3 - n^2 - 2n + 3)}{n(n + 2)(2n^2 + 1)}. \quad (A2b)
\]

\( \Psi \) constants:

\[
\Psi_1 = \frac{2(n(n + 2)(2n^2 + 1)\sigma + 2(n^4 + 2n^3 - n^2 - 2n + 3))(\sigma - 1)}{(2n^2 + 1)\sigma + 2(n^2 - 1)][2n(n + 2)\sigma + 2n^2 + 4n + 3}], \quad (A3a)
\]

\[
\Psi_2 = \frac{2n(n + 2)(\sigma - 1)}{2n(n + 2)\sigma + 2n^2 + 4n + 3}. \quad (A3b)
\]

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\[N\text{ constants:}\]

\[N_1 = \frac{-1}{2}((\sigma + \Omega_1)\lambda^{2n-1} - (\sigma - 1))\]
\[+ n(2n - 1)((\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1))[(\sigma - 1)],\]  
(A4a)

\[N_2 = \frac{2(2n + 1)((\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1))}{2(2n - 1)((\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1))} - 2(2n - 1)((\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1))[(\sigma - 1)],\]  
(A4b)

\[N_3 = ((n - 2)(2n + 3)((\sigma + \Omega_1)\lambda^{2n+1} - (\sigma - 1))\]
\[= n(2n - 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))[(\sigma - 1)],\]  
(A4c)

\[N_4 = \frac{-2(n + 3)\lambda^{2n+1} - (\sigma - 1))}{2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))} + 2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))[(\sigma - 1)],\]  
(A4d)

\[N_5 = \frac{-(2n + 3)(\lambda^{2n+1} - (\sigma - 1))}{2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))} + 2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))],\]  
(A4e)

\[N_6 = \frac{-(n + 3)(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))}{(n + 3)(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))},\]  
(A4f)

\[N_7 = (2n - 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))],\]  
(A4g)

\[N_8 = 2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - (\sigma - 1))],\]  
(A4h)

\[c\text{ constants:}\]

\[c_1 = \left(n + \frac{3}{2}\right)\frac{N_1}{\Delta_{n,1}/\Delta_{n,1}} + \left(n + \frac{1}{2}\right)\frac{N_3}{\Delta_{n,1}} + \frac{N_5}{\Delta_{n,2}},\]  
(A5a)

\[c_2 = \left(n + \frac{3}{2}\right)\frac{N_2}{\Delta_{n,1}} + \left(n + \frac{1}{2}\right)\frac{N_3}{\Delta_{n,1}} + \frac{N_6}{\Delta_{n,2}},\]  
(A5b)

\[c_3 = \left(n + \frac{1}{2}\right)\frac{N_1}{\Delta_{n,1}} - \left(n + \frac{1}{2}\right)\frac{N_3}{\Delta_{n,1}} + \frac{N_7}{\Delta_{n,2}},\]  
(A5c)

\[c_4 = \left(n + \frac{1}{2}\right)\frac{N_2}{\Delta_{n,1}} - \left(n + \frac{1}{2}\right)\frac{N_4}{\Delta_{n,1}} + \frac{N_8}{\Delta_{n,2}}.\]  
(A5d)

**APPENDIX B: COEFFICIENTS FOR THE CONFINED MODEL**

The constants entering the solution for the velocity field in the rigidly confined case, Eq. (26), are given by the following:

\[\Delta\text{ constants:}\]

\[\Delta_n = (2n + 1)^2((\sigma + \Omega_1)\lambda^{2n-1} - 1)(\sigma + \Omega_1)\lambda^{2n+1} - 1) - (2n - 1)(2n + 3)(\lambda^{2n+1} - 1)^2.\]  
(B1a)

\[N\text{ constants:}\]

\[N_1 = -(n - 2)(2n + 1)((\sigma + \Omega_1)\lambda^{2n-1} - 1) + n(2n - 1)((\sigma + \Omega_1)\lambda^{2n+1} - 1),\]  
(B2a)

\[N_2 = 2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - 1)) - 2(2n - 1)((\sigma + \Omega_1)\lambda^{2n+1} - 1),\]  
(B2b)

\[N_3 = (n - 2)(2n + 3)((\sigma + \Omega_1)\lambda^{2n+1} - 1) - n(2n + 1)((\sigma + \Omega_1)\lambda^{2n+1} - 1),\]  
(B2c)

\[N_4 = -2(2n + 3)((\sigma + \Omega_2)\lambda^{2n+1} - 1) - 2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - 1),\]  
(B2d)

\[N_5 = -(n + 1)(2n + 3)((\sigma + \Omega_2)\lambda^{2n+1} - 1) - n(2n + 1)((\sigma + \Omega_1)\lambda^{2n+1} - 1),\]  
(B2e)

\[N_6 = -2(2n + 3)((\sigma + \Omega_2)\lambda^{2n+1} - 1) + 2(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - 1),\]  
(B2f)

\[N_7 = (n + 1)(2n + 1)((\sigma + \Omega_2)\lambda^{2n+1} - 1) - (n + 3)(2n - 1)((\sigma + \Omega_2)\lambda^{2n+1} - 1),\]  
(B2g)
TWO-FLUID MODEL FOR LOCOMOTION UNDER SELF- . . .

\[ N_8 = 2(2n + 1)(\lambda^{2n-1} - 1)\lambda^{2n+3} - 2(2n - 1)(\lambda^{2n+1} - 1)\lambda^{2n+1}, \quad (B2h) \]

\[ N_o = N_1 + N_3 + N_5 + N_7, \quad (B2i) \]

\[ N_e = N_2 + N_4 + N_6 + N_8, \quad (B2j) \]

\[ \tilde{N}_o = -\frac{n + 3}{2}N_1 - \frac{n + 1}{2}N_3 + \frac{n - 2}{2}N_5 + \frac{n}{2}N_7, \quad (B2k) \]

\[ \tilde{N}_e = -\frac{n + 3}{2}N_2 - \frac{n + 1}{2}N_4 + \frac{n - 2}{2}N_6 + \frac{n}{2}N_8. \quad (B2l) \]

(a_n, b_n, c_n, d_n) constants:

\[ a_n = \left(\frac{2n + 3}{n} - n - 1\right)N_1 - (n - 1)N_3 + \left(\frac{2n - 1}{n + 1}\right)N_5 + (n + 2)N_7, \quad (B3a) \]

\[ b_n = \left(\frac{2n + 3}{n} - n - 1\right)N_2 - (n - 1)N_4 + \left(\frac{2n - 1}{n + 1}\right)N_6 + (n + 2)N_8, \quad (B3b) \]

\[ c_n = n(n + 2)N_1 + (n - 1)(n + 1)N_3 + (n - 1)(n + 1)N_5 + n(n + 2)N_7, \quad (B3c) \]

\[ d_n = n(n + 2)N_2 + (n - 1)(n + 1)N_4 + (n - 1)(n + 1)N_6 + n(n + 2)N_8. \quad (B3d) \]

\[ \chi \text{ constants:} \]

\[ \chi_1 = \frac{1}{2}4(n + 1)(n + 3) + (n - 2)(n + 1)(2n + 1)^2\lambda^{2n-1} - 2(2n - 1)(2n + 1)(n^2 + n - 1)\lambda^{2n+1} \]

\[ \quad + n(n + 1)(2n + 1)^2\lambda^{2n+3} + 4n(n - 2)\lambda^{4n+2}, \quad (B4a) \]

\[ \chi_2 = 8(n + 1) - 3(2n + 1)^2\lambda^{2n-1} + 2(2n - 1)(2n + 3)\lambda^{2n+1} + (2n + 1)^2\lambda^{2n+3} - 8n\lambda^{4n+2}. \quad (B4b) \]


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