

# Scenario of strongly nonequilibrated Bose-Einstein condensation

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Large scale numerical simulations of the Gross-Pitaevskii equation are used to elucidate the self-evolution of a Bose gas from a strongly nonequilibrium initial state. The stages of the process confirm and refine the theoretical scenario of Bose-Einstein condensation developed by Svistunov and co-workers [J. Mosc. Phys. Soc. **1**, 373 (1991); Sov. Phys. JETP **75**, 387 (1992); **78**, 187 (1994)]: the system evolves from the regime of weak turbulence to superfluid turbulence via states of strong turbulence in the long-wavelength region of energy space.

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## I. INTRODUCTION

### A. Statement of the problem

The experimental realization of Bose-Einstein condensates (BEC) in dilute alkali-metal and hydrogen gases [1] and more recently in a gas of metastable helium [2] has stimulated great interest in the dynamics of BEC. In the case of a pure condensate, both the equilibrium and dynamical properties of the system can be described by the Gross-Pitaevskii equation (GPE) [3] (in nonlinear physics this equation is known as the defocusing nonlinear Schrödinger equation). The GPE has been remarkably successful in predicting the condensate shape in an external potential, the dynamics of the expanding condensate cloud, and the motion of quantized vortices; it is also a popular qualitative model of superfluid helium.

An important and often overlooked feature of the GPE is that it gives an accurate microscopic description of the formation of a BEC from a strongly degenerate gas of weakly interacting bosons [4,5]. By large scale numerical simulations of the GPE it is possible, in principle, to reveal all the stages of this evolution from weak turbulence to superfluid turbulence with a tangle of quantized vortices, as was argued by Svistunov, Kagan, and Shlyapnikov [6–8] (for a brief review, see Ref. [9]). This task has up to now remained unfulfilled, although some important steps in this direction were made in Refs. [10,11]. We would also like to mention the description of the equilibrium fluctuations of the condensate and highly occupied *noncondensate* modes using the time-dependent GPE [12,13].

The goal of this paper is to obtain a conclusive description of the process of strongly nonequilibrium BEC formation in a macroscopically large uniform weakly interacting Bose gas using the GPE. We are especially interested in tracing the development of the so-called coherent regime [4,6–8] at a certain stage of evolution. According to the theoretical predictions [7,8], this regime sets in after the breakdown of the regime of weak turbulence in a low-energy region of wave number space. It corresponds to the formation of superfluid

short-range order, which is a state of superfluid turbulence with quasicondensate local correlation properties.

The notions of weak turbulence and superfluid turbulence are crucial to our understanding of ordering kinetics. In the regime of weak turbulence (for an introduction to weak turbulence theory for the GPE, see Ref. [14]), the “single-particle” modes of the field are almost independent due to weak nonlinearity of the system. The smallness of the correlations between harmonics in the regime of weak turbulence implies the absence of any order. On the other hand, the regime of superfluid turbulence (for an introduction, see Ref. [15]) is the regime of strong coherence where the local correlation properties correspond to the superfluid state, but long-range order is absent because of the presence of a chaotic vortex tangle and nonequilibrium long-wave phonons [8]. In the case of a weakly interacting gas, local superfluid order is synonymous with the existence of quasicondensate correlation properties [7]. In a macroscopically large system, the crossover from weak turbulence to superfluid turbulence is a key ordering process. Indeed, in the regime of weak turbulence there is no order at all, while in the regime of superfluid turbulence (local) superfluid order has already been formed. Meanwhile, rigorous theoretical as well as numerical or experimental studies of this stage of evolution have been lacking. The general conclusions concerning this stage [7,8] were made on the basis of a qualitative analysis that naturally contained *ad hoc* elements. The difficulty with an accurate analysis of the transition from weak turbulence to superfluid turbulence comes from the fact that the evolution between these two qualitatively different states takes place in the regime of strong turbulence, which is hardly amenable to analytical treatment. Large computational resources are necessary for a numerical analysis of this stage since the problem involves significantly different length scales and, therefore, requires high spatial resolution.

In the present paper we demonstrate that this problem can be unambiguously solved with a powerful enough computer. Our numerics clearly reveal the dramatic process of transformation from weak turbulence to superfluid turbulence and thus fills in a serious gap in the rigorous theoretic description of strongly nonequilibrated BEC formation kinetics in a macroscopic system.

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The paper is organized as follows. In Sec. I B we discuss the relevance of the time-dependent GPE to the description of BEC formation kinetics and its relation to the other formalisms. In Sec. I C we give some important details of the evolution scenario that we are going to observe. In Sec. II we describe our numerical procedure. In Sec. III we present the results of our simulations. In Sec. IV we conclude by outlining the observed evolution scenario and making a comment on the case of a confined gas.

## B. Time-dependent Gross-Pitaevskii equation and BEC formation kinetics

In this section we will discuss the question of applicability of the GPE to BEC formation kinetics, and its connections to other—fully quantum—treatments. This discussion is especially relevant in the wake of a recent controversy on the applicability of the classical-field description to a non-condensed bosonic field.

A general analysis of the kinetics of a weakly interacting bosonic field was performed in Ref. [16]. In terms of the coherent-state formalism, it was demonstrated that if the occupation numbers are large and somewhat uncertain (with the absolute value of the uncertainty being much larger than unity and with the relative value of the uncertainty being arbitrarily small), then the system evolves as an ensemble of classical fields with corresponding classical-field action. (For an elementary demonstration of this fact for a weakly interacting Bose gas and especially for a discussion of the structure of the *initial state*, see Ref. [5].) This has a direct analogy with the electromagnetic field: (i) the density matrix of a completely disordered weakly interacting Bose gas with large and somewhat uncertain occupation numbers is almost diagonal in the coherent-state representation, so that the initial state can be viewed as a mixture or statistical ensemble of coherent states; (ii) to leading order each coherent state evolves along its classical trajectory, which in our case is given by the GPE

$$i\hbar \frac{\partial \psi}{\partial t} = -\frac{\hbar^2}{2m} \nabla^2 \psi + U |\psi|^2 \psi, \quad (1)$$

where  $\psi$  is the complex-valued classical field that specifies the index of the coherent state,  $m$  is the mass of the boson,  $U = 4\pi\hbar^2 a/m$  is the strength of the  $\delta$ -function interaction (pseudo)potential, and  $a$  is the scattering length. (Note that in a strongly interacting system it is impossible to divide single-particle modes into highly occupied and essentially empty ones, so the requirement of weak interactions is essential here. In a strongly interacting system there are always quantum modes with occupation numbers of order unity that are coupled to the rest of the system.) Therefore, the behavior of the quantum field is equivalent to that of an ensemble of classical matter fields.

It is important to emphasize that in the context of strongly nonequilibrium BEC formation kinetics the condition of large occupation numbers is self-consistent: the evolution leads to an explosive increase of occupation numbers in the low-energy region of wave number space [6] where the or-

dering process takes place. Even if the occupation numbers are of order unity in the initial state, so that the classical matter field description is not yet applicable, the evolution, which can be described at this stage by the standard Boltzmann quantum kinetic equation, inevitably results in the appearance of large occupation numbers in the low-energy region of the particle distribution (see, e.g., Ref. [17]). The blowup scenario [6] indicates that only the low-energy part of the field is initially involved in the process. Therefore, one can switch from the kinetic equation to the matter field description for the long-wavelength component of the field at a certain moment of the evolution when the occupation numbers become appropriately large. As the time scale of the formation of the local quasicondensate correlations is much smaller than any other characteristic time scale of evolution [7], the cutoff of the high-frequency modes, associated with the matter field description, is not important. By the time the interactions (particle exchange) between the high- and low-frequency modes became significant, the local superfluid order had already been developed. The interaction wavelengths are of the order of the typical thermal de Broglie wavelength and therefore these interactions are essentially local with respect to the quasicondensate and can be described in terms of the kinetic equation [6,17].

The thesis of the applicability of the matter field description at large occupation numbers was justified by the analysis of Ref. [16]. Later, Stoof questioned the validity of this thesis by introducing the concept of “quantum nucleation” of the condensate as a result of an essentially quantum instability [18]; the path-integral version of the Keldysh formalism was used to substantiate this concept. For a criticism of the concept of “quantum nucleation” see Refs. [5,19].

It is important to emphasize, however, that the path-integral approach developed in [18] appears to be the most fundamental, powerful, and universal way of deriving the basic equations for the dynamics of a weakly interacting Bose gas. In particular, we believe that the demonstration of the applicability of the time-dependent GPE to the description of highly occupied single-particle modes of a noncondensed gas within this formalism would be the most natural since the effective action for the bosonic field is simply the classical-field action of the GPE. Basically, one simply has to make sure that for the modes with large and somewhat uncertain occupation numbers the main contribution to the path integral comes from the close vicinity of the classical trajectories with the quantum corrections being relevant only at large enough times of evolution.

An interesting all-quantum description of the BEC kinetics was implemented in Ref. [11]. This technique is based on associating the quantum-field density matrix in the coherent-state representation with a correlator of a pair of classical fields, whose evolution is governed by a system of two coupled nonlinear equations with stochastic terms. Using this method the authors performed a numerical simulation of BEC formation in a trapped gas of a moderate size. We believe (in particular, in view of the general results of Refs. [5,16]) that this approach might be further developed *analytically* to demonstrate explicit overlapping with the other treatments and with the time-dependent GPE. Indeed, the

form of the system of two coupled equations of Ref. [11] is reminiscent of that of the GPE. This suggests that under the condition of large occupation numbers the system can be decoupled, leading to the GPE for the diagonal part of the density matrix with relative smallness of the nondiagonal terms. If the standard Boltzmann equation is applicable, so that the system can be viewed as an ensemble of weakly coupled elementary modes [20], it is natural to expect that the equations of Ref. [11] should lead to the kinetic equation. A natural way for deriving this kinetic equation from the dynamical equations of Ref. [11] is to utilize the standard formalism of the weak turbulence theory. In the case of the GPE, the weak turbulence approximation leads to the quantum-field Boltzmann kinetic equation without *spontaneous* scattering processes (see, e.g., Ref. [14]; note also that it is the simplest way to make sure that the GPE is immediately applicable once the occupation numbers are large). It is natural to expect that in the full-quantum treatment of Ref. [11] the weak turbulence procedure over the dynamical equations would result in the complete quantum-field Boltzmann kinetic equation with the spontaneous processes retained. Unfortunately, we are not aware of such investigations of the equations of Ref. [11], which might be very instructive for the general understanding of the dynamics of a weakly interacting Bose gas.

### C. Initial state and evolution scenario

In what follows we consider the evolution of Eq. (1) starting with a strongly nonequilibrium initial condition

$$\psi(\mathbf{r}, t=0) = \sum_{\mathbf{k}} a_{\mathbf{k}} \exp(i\mathbf{k} \cdot \mathbf{r}), \quad (2)$$

where the phases of the complex amplitudes  $a_{\mathbf{k}}$  are distributed randomly. Such an initial condition follows from the microscopic quantum-mechanical analysis of the state of a weakly interacting Bose gas in the kinetic regime [5]. Theoretical investigations of the relaxation of such an initial state toward the equilibrium configuration were performed by Svistunov and co-workers [6–8]. The analysis revealed a number of stages in the evolution. Initially the system is in the weak turbulence regime and thus can be described by the Boltzmann kinetic equation. The kinetic equation is obtained as the random-phase approximation of Eq. (1) for occupation numbers  $n_{\mathbf{k}}$  defined by  $\langle a_{\mathbf{k}} a_{\mathbf{k}'}^* \rangle \approx n_{\mathbf{k}} \delta_{\mathbf{k}\mathbf{k}'}$ . Alternatively, the weak turbulence kinetic equation follows from the general quantum Boltzmann kinetic equation if one neglects spontaneous scattering as compared to stimulated scattering (because of the large occupation numbers). Svistunov [6] and later Semikoz and Tkachev [17] considered the self-similar solution of the Boltzmann kinetic equation:

$$n_{\epsilon}(t) = A \epsilon_0^{-\alpha}(t) f(\epsilon/\epsilon_0), \quad t \leq t_*, \quad (3)$$

$$\epsilon_0(t) = B(t_* - t)^{1/2(\alpha-1)}, \quad (4)$$

$$f(x) \rightarrow x^{-\alpha} \quad \text{at} \quad x \rightarrow \infty, \quad f(0) = 1, \quad (5) \quad \text{where}$$

where  $\epsilon = \hbar^2 k^2 / 2m$ . The dimensional constants  $A$  and  $B$  relate to each other by  $(\alpha - 1)m^3 U^2 A^2 = \lambda \pi^3 \hbar^7 B^{2(\alpha-1)}$ , where the parameters  $\alpha$  and  $\lambda$  were determined by numerical analysis as  $\alpha \approx 1.24$  [17] and  $\lambda \approx 1.2$  [6]. The form of the function  $f$  was also determined numerically in Ref. [6]. The solution (3)–(5) has only one free parameter, say  $A$ , which depends on the conditions of the nonuniversal dynamics preceding the appearance of self-similarity. This dynamics is sensitive to the details of the initial condition or/and cooling mechanism as well as to the spontaneous-scattering terms in the kinetic equation, which cannot be neglected until the occupation numbers are large enough. When the self-similar regime sets in at a certain step of evolution all the particular details of the previous evolution are absorbed in the single parameter  $A$ .

The self-similar solution (3)–(5) describes a wave in energy space propagating from high to lower energies. The energy  $\epsilon_0(t)$  defines the “head” of the wave. The wave propagates in a blow-up fashion:  $\epsilon_0(t) \rightarrow 0$  and  $n_{\epsilon_0}(t) \rightarrow \infty$  as  $t \rightarrow t_*$ . In reality the validity of the kinetic equations associated with the random-phase approximation breaks down shortly before the blowup time  $t_*$ . This moment marks the beginning of a qualitatively different stage in the evolution of the coherent regime: strong turbulence evolves into a quasicondensate state. In the coherent regime the phases of the complex amplitudes  $a_{\mathbf{k}}$  of the field  $\psi$  become strongly correlated and the periods of their oscillations are then comparable with the evolution times of the occupation numbers. The formation of the quasicondensate is manifested by the appearance of a well-defined tangle of quantized vortices and, therefore, by the beginning of the final stage of the evolution: superfluid turbulence. In this regime the vortex tangle starts to relax over macroscopically large times.

## II. NUMERICAL PROCEDURE

### A. Finite-difference scheme

We performed a large scale numerical integration of a dimensionless form of the GPE:

$$-2i \frac{\partial \psi}{\partial t} = \nabla^2 \psi + |\psi|^2 \psi, \quad (6)$$

starting with a strongly nonequilibrium initial condition. Our calculations were done in a periodic box  $N^3$ , with  $N = 256$ , using a fourth-order (with respect to the spatial variables) finite-difference scheme. The scheme corresponds to the Hamiltonian system in the discrete variables  $\psi_{ijk}$ :

$$i \frac{\partial \psi_{ijk}}{\partial t} = \frac{\partial H}{\partial \psi_{ijk}^*}, \quad (7)$$

$$H = \frac{1}{2} \sum_{ijk} \psi_{ijk}^* \left[ -\frac{1}{12} (\psi_{i+2,j,k} - \psi_{i-2,j,k} + \psi_{i,j+2,k} - \psi_{i,j-2,k} + \psi_{i,j,k+2} - \psi_{i,j,k-2}) + \frac{4}{3} (\psi_{i+1,j,k} - \psi_{i-1,j,k} + \psi_{i,j+1,k} - \psi_{i,j-1,k} + \psi_{i,j,k+1} - \psi_{i,j,k-1}) \right] - \frac{1}{2} |\psi_{ijk}|^4 \quad (8)$$

(in the numerics we set the space step in each direction of the grid as  $dx = dy = dz = 1$ ).

Equation (7) conserves the energy  $H$  and the total particle number  $\sum_{ijk} |\psi_{ijk}|^2$  exactly. In time stepping, the leapfrog scheme was implemented:

$$i \frac{\psi_{ijk}^{n+1} - \psi_{ijk}^{n-1}}{2dt} = \left( \frac{\partial H}{\partial \psi_{ijk}^*} \right)^n, \quad (9)$$

with  $dt = 0.03$ . To prevent the even-odd instability of the leapfrog iterations, we introduce the backward Euler step

$$i \frac{\psi_{ijk}^{n+1} - \psi_{ijk}^n}{dt} = \left( \frac{\partial H}{\partial \psi_{ijk}^*} \right)^{n+1} \quad (10)$$

every  $10^4$  time steps. The leapfrog scheme is nondissipative, so the only loss of energy and of the total particle number occurs during the backward Euler step and, since we take this step very rarely, these losses are insignificant.

The code was tested against known solutions of the GPE: vortex rings and rarefaction pulses [21]. The simulations were performed on a Sun Enterprise 450 server and took about three months to complete for the main set of calculations discussed below.

### B. Initial condition

To eliminate the computationally expensive (and the least physically interesting) transient regime, we started directly from the self-similar solution Eq. (2) with Eqs. (3)–(5), so that

$$a_{\mathbf{k}} = \sqrt{\xi_{\mathbf{k}} n_0 f(\epsilon/\epsilon_0)} \exp[i\phi_{\mathbf{k}}], \quad (11)$$

where  $\xi_{\mathbf{k}}$  and  $\phi_{\mathbf{k}}$  are random numbers. (Note that in the simulations the momentum  $\mathbf{k}$  is the momentum of the lattice Fourier transform.) The phase  $\phi_{\mathbf{k}}$  is uniformly distributed on  $[0, 2\pi]$  in accordance with the basic statement of the theory of weak turbulence and with the explicit microscopic analysis of corresponding quantum field states [5]. The choice of  $\xi_{\mathbf{k}}$  is rather arbitrary: we only fix its mean value to be equal to unity, introducing, therefore, the parameter  $n_0$ . The weak turbulence evolution is invariant to the details of the statistics of  $|a_{\mathbf{k}}|$ . By the time the system enters the regime of strong turbulence, the proper statistics is established automatically since each harmonic participates in a large number of scattering events. We tried different distributions for  $\xi_{\mathbf{k}}$  and saw no systematic difference in the evolution picture. The main set of our simulations was done with the distribution function  $w(\xi_{\mathbf{k}}) = \exp(-\xi_{\mathbf{k}})$  (heuristically suggested by equilibrium Gibbs statistics of harmonics in the noninteracting model).

When choosing the parameters of the initial condition (2) specified by the complex Fourier amplitudes (11), we have to take  $\epsilon_0$  small enough to be free from the systematic error of large finite differences. On the other hand, taking  $\epsilon_0$  too small reduces the physical size of the system. Let us define one period of the amplitude oscillation as  $t_p = 2\pi/\epsilon_0$  and the number of periods before the blowup as  $P = t_*/t_p$ . When choosing the value of  $n_0$  in combination with  $\epsilon_0$ , we would like to avoid having  $P$  too small when the time scale of the kinetic regime becomes too short, or having  $P$  too large when the finite-size effects (the discreteness of the  $\mathbf{k}$ ) dominate the calculation. Given the maximal available grid size  $N = 256$ , we found that it is optimal to take  $n_0 = 15$  and  $\epsilon_0 = 1/18$ , so that  $t_p \approx 113$ ,

$$t_* = 4\lambda \pi^3 / (\alpha - 1) \epsilon_0^2 n_0^2 \approx 893, \quad (12)$$

and  $P \approx 8$ .

### III. DATA PROCESSING AND RESULTS

The instantaneous values of the occupation numbers  $n_{\mathbf{k}}(t) = |a_{\mathbf{k}}(t)|^2$  are extremely “noisy” functions of time. To be able to draw some quantitative comparisons and conclusions we need either to perform some averaging or to deal with some coarse-grained self-averaging characteristics of the particle distribution. Taking the second option, we introduce *shells* in momentum space. By the  $i$ th shell ( $i = 1, 2, 3, \dots$ ) we understand the set of momenta satisfying the condition  $i - 1 \leq \log_2(k/2\pi) < i$ . The idea behind this definition is that each shell represents some typical momentum (wavelength) scale and thus allows us to introduce a coarse-grained characteristic of the occupation numbers corresponding to a given scale; namely, for each shell  $i$  we introduce the mean occupation number  $\eta_i(t) = \sum^{(\text{shell } i)} n_{\mathbf{k}}(t) / M_i$ , where  $M_i$  is the number of harmonics in the  $i$ th shell. The harmonic  $\mathbf{k} = \mathbf{0}$ , which plays a special role (at the very end of the evolution), is not assigned to any shell.

Another instructive coarse-grained characteristic of the particle distribution is the integral distribution function  $F_k = \sum_{k' \leq k} n_{\mathbf{k}'}$  which shows how many particles have momenta not exceeding  $k$ . We use the function  $F_k$  to keep track of the formation of the quasicondensate and to determine the wave number span of the above-the-condensate particles. This information is used, in particular, for filtering out the high-frequency harmonics in order to interpret the results of our numerical calculations in the superfluid turbulence regime.

With the above-introduced quantities we now turn to the analysis of the results of our numerical simulations. The self-similar character of the evolution is clearly observed in Fig. 1. The insets in Fig. 1 give a comparison of the theoretical prediction of the evolution of the occupation number function  $n_{\epsilon}(t)$  defined by Eq. (3) and the evolution of the first and the second shells. The agreement with the theoretical predictions [6] is quite good for  $t < 600$ . After that the numerical solution deviates from the self-similar theoretical so-

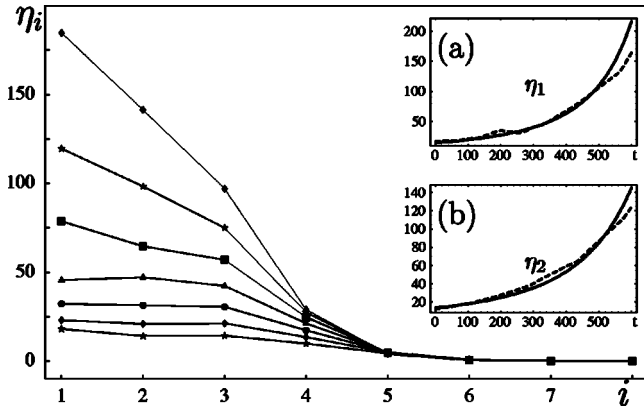


FIG. 1. The time evolution of  $\eta_i(t=100j)$  in the weak turbulence regime for  $j=0, \dots, 6$ . In the insets we show the theoretical self-similar solution (3)–(5) (solid line) and the solution obtained through the numerical integration of Eq. (6) (dashed line) for the shells  $i=1$  (a) and  $i=2$  (b).

lution, which is the manifestation of the onset of the strong turbulence stage of evolution.

As follows from the dimensional analysis (see, e.g., Ref. [9]), the characteristic time  $t_0$  and the characteristic wave vector  $k_0$  at the beginning of the strong turbulence regime are given by the relations

$$t_* - t_0 \sim C_0 [\hbar^{2\alpha+5}/m^3 U^2 A^2]^{1/(2\alpha-1)}, \quad (13)$$

$$k_0 \sim C_1 [AU(m/\hbar)^{\alpha+1}]^{1/(2\alpha-1)}, \quad (14)$$

where  $C_0$  and  $C_1$  are some dimensionless constants. Our numerical results (Fig. 1) indicate that the characteristic time of the beginning of the strong turbulence regime is  $t_0 \sim 600$  which together with the theoretical blowup time (12) gives  $t_* - t_0 \sim 300$  and implies that  $C_0 \sim 40$ . After the formation of the quasiconsensate ( $t > 1000$ ), the distribution of particles acquires a bimodal shape, which is seen in Fig. 2. The salient characteristic of the distribution is the shoulder, which be-

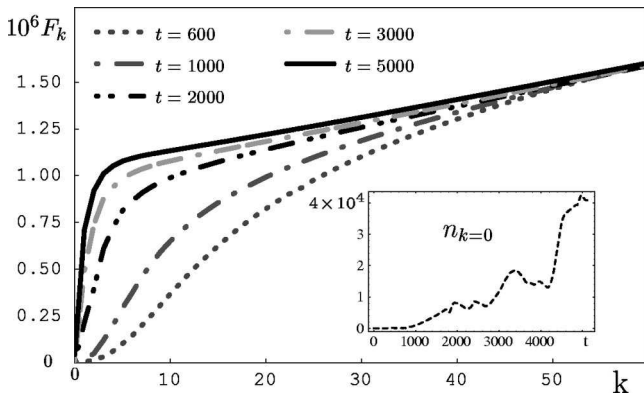


FIG. 2. Evolution of the integral distribution of particles  $F_k = \sum_{k' \leq k} n_{k'}$ . Notice the appearance of a “shoulder” of  $F_k$  indicative of quasiconsensate formation. The evolution of  $n_{\mathbf{k}=0}$  is presented in the inset. Note the strong fluctuations typical for the evolution of a single harmonic. The fluctuations are also seen in the graph of the first shell [see inset (a) of Fig. 1].

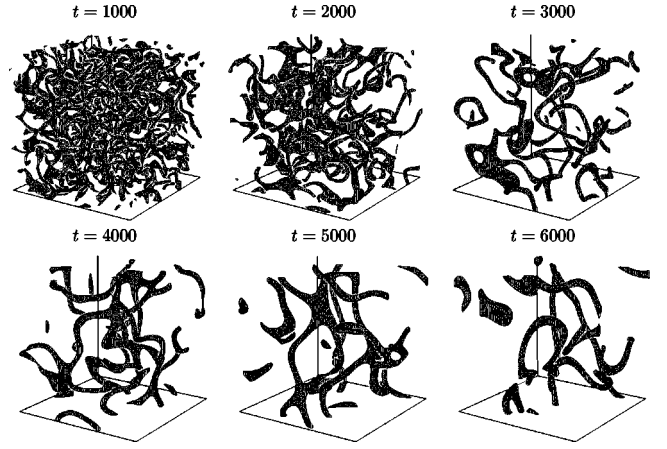


FIG. 3. Evolution of topological defects in the phase of the long-wavelength part  $\tilde{\psi}$  of the field  $\psi$  in the computational box  $256^3$ . The defects are visualized by isosurfaces  $|\tilde{\psi}|^2 = 0.05 \langle |\tilde{\psi}|^2 \rangle$ . High-frequency spatial waves are suppressed by the factor  $\max\{1 - k^2/k_c^2, 0\}$ , where the cutoff wave number is chosen according to the phenomenological formula  $k_c = 9 - t/1000$ .

comes sharper and sharper as the evolution continues. Note that by definition of the function  $F_k$  the height of the shoulder is equal to the number of quasiconsensate particles. From Fig. 2 we estimate  $k_0$  as the characteristic wave number at which  $F_k(t=600)$  changes its slope, so that  $k_0 \sim 15$ , which implies that

$$C_1 \sim C_0 \sim 40. \quad (15)$$

Within the coherent regime the momentum distribution of the harmonics yields a rather incomplete picture of the evolution and it becomes reasonable to follow the ordering process in coordinate space. It is important to trace the topological defects in the phase of the long-wavelength part of the complex matter field  $\psi$  since the transformation of these defects into a tangle of well-separated vortex lines is the most essential feature of superfluid short-range ordering [8]. To this end we first filter out the high-frequency harmonics by performing the transformation  $a_{\mathbf{k}} \rightarrow a_{\mathbf{k}} \max\{1 - k^2/k_c^2, 0\}$ , where  $k_c$  is a cutoff wave number. When the function  $F_k$  has a pronounced quasiconsensate shoulder, the natural choice is to take  $k_c$  somewhat larger than the momentum of the shoulder in order to remove the above-the-condensate part of the field  $\psi$ . In the regime of weak turbulence, when there is no quasiconsensate, the procedure of filtering is ambiguous: the distribution is not bimodal, so there is no special low momentum  $k_c$ ; also, the structure of the defects in the filtered field essentially depends on the cutoff parameter and thus has no physical meaning.

The results of visualizing the topological defects are presented in Fig. 3. The formation of a tangle of well-separated vortices and the decay of superfluid turbulence are clearly seen. This is the key point of our simulation. To the best of our knowledge, this is the first unambiguous demonstration of the formation of the state of superfluid turbulence in the course of self-evolution of a weakly interacting Bose gas. This result forms a solid basis for the analysis of the further

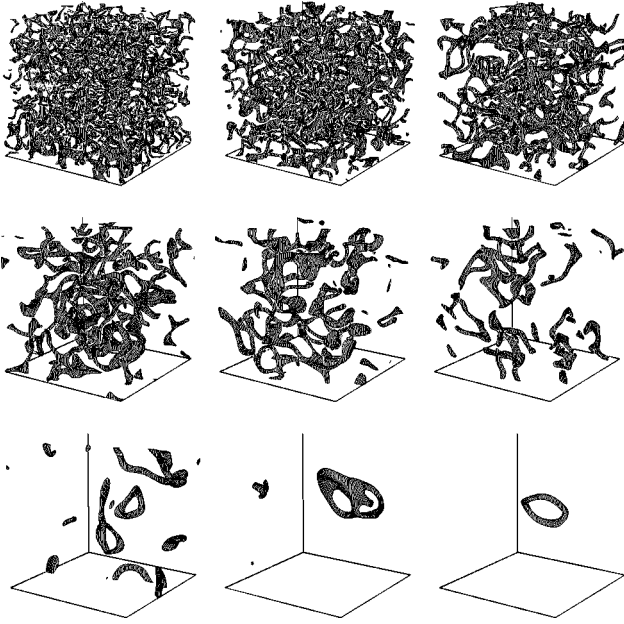


FIG. 4. Evolution of topological defects in the phase of the long-wavelength part  $\tilde{\psi}$  of the field  $\psi$  in the computational box  $128^3$ . The defects are visualized by isosurfaces  $|\tilde{\psi}|^2 = 0.05\langle|\tilde{\psi}|^2\rangle$ . High-frequency spatial waves are suppressed by the factor  $\max\{1 - k^2/k_c^2, 0\}$ , where the cutoff wave number is chosen according to the phenomenological formula  $k_c = 9 - t/1000$ .

stages of long-range ordering in terms of the well-developed theory of superfluid turbulence that was performed in Ref. [8] (see also Ref. [22]).

The characteristic time of the evolution of the vortex tangle depends on the typical interline spacing  $R$  as  $R^2/\ln(R/a_0)$ , where  $a_0$  is the vortex core size (see, e.g., [8]). During the final stage of evolution, when  $R$  is of the order of the linear size of the computational box, the slowing down of the relaxation process makes numerical simulation of the final stage of the vortex tangle decay enormously expensive in a large computational box. For example, according to the above-mentioned estimate of the relaxation time, to achieve the complete disappearance of the vortex tangle in our  $N = 256$  system we would need several years. To observe this final stage of the vortex tangle decay, we repeated the calculations for a smaller computational box with  $N = 128$  (reducing in this way the computational time by a factor of  $\sim 32 = 2^3 \times 2^2$ ); see Fig. 4. Parameters of the initial condition are  $\epsilon = 1/2$  and  $n_0 = 2\pi$ , so that the number of periods before the blowup is  $P \approx 5$ . A single vortex ring remains at  $t = 4000$  as a result of the turbulence decay; see Fig. 5(a).

The above-mentioned filtering method allows us to visualize the position of the core of a quantized vortex line, but not the actual size of the core, since we force the solution to be represented by a relatively small number of harmonics. To get a better representation of the actual size of the core as well as to resolve another objects of interest—rarefaction pulses [21], which are likely to appear in the course of transformation of strong turbulence into superfluid turbulence—we implement a different type of filtering based on time averaging. We introduce a Gaussian-weighted time average of the field  $\psi$ :

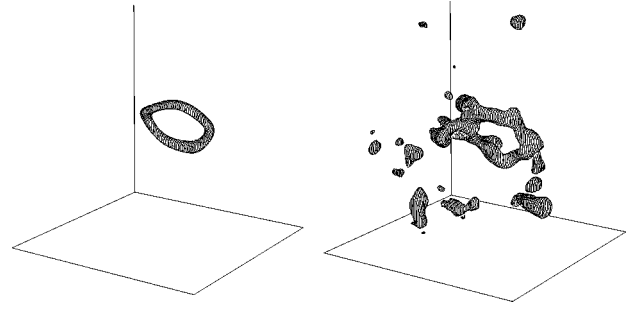


FIG. 5. Comparison of two isosurfaces obtained by different filtering techniques. The solution at  $t = 4000$  is obtained by numerical integration of Eq. (6) in the periodic box with  $N = 128$ . The isosurface  $|\tilde{\psi}|^2 = 0.05\langle|\tilde{\psi}|^2\rangle$  is plotted in (a) using high-frequency filtering with  $k_c = 5$ . The isosurface  $|\hat{\psi}|^2 = 0.2\langle|\hat{\psi}|^2\rangle$  is plotted in (b), where  $\hat{\psi}$  is defined by Eq. (16).

$$\hat{\psi}_{ijk}(t) = \int \psi_{ijk}(\tau) \exp[-(\tau - t)^2/100] d\tau. \quad (16)$$

The width of the Gaussian kernel in Eq. (16) is chosen in such a way that the (disordered) high-frequency part of the field  $\psi$  is averaged out, revealing the strongly correlated low-frequency part  $\hat{\psi}$ . Figure 5 compares the density isosurfaces obtained by two different methods: by high-frequency suppression [Fig. 5(a)] and by time averaging [Fig. 5(b)]. In the latter case we reveal the actual shape of the vortex core and resolve the rarefaction pulses.

#### IV. CONCLUSION

We have performed large scale numerical simulations of the process of strongly nonequibrated Bose-Einstein condensation in a uniform weakly interacting Bose gas. In the limit of weak interactions under the condition of strong enough deviation from equilibrium, the key stage of ordering dynamics—superfluid turbulence formation—is universal and corresponds to the process of self-ordering of a classical matter field whose dynamics is governed by the time-dependent Gross-Pitaevskii equation (defocusing nonlinear Schrödinger equation). The universality implies independence of the evolution of the details of initial processes such as, for example, the cooling mechanism and rate as well as of quantum effects such as spontaneous scattering. All the information about the evolution preceding the universal stage is absorbed in the single parameter  $A$  that defines the scaling of the characteristic time and wave number in accordance with Eqs. (13)–(15).

The most important features of the BEC formation scenario observed in our simulation are as follows. The low-energy part of the quantum field, characterized by large occupation numbers and described by a classical complex matter field  $\psi$  obeying Eq. (1), initially evolves in a weak turbulent self-similar fashion according to Eqs. (3)–(5). The occupation numbers at small energies become progressively larger. At the characteristic time moment  $t_0$ , given by Eq. (13), close to the formal blowup time  $t_*$  of the solution (3)–(5), the self-similarity of the energy distribution breaks

down. The distribution gradually becomes bimodal; the low-energy quasicondensate part of the field sets to a state of superfluid turbulence characterized by a tangle of vortex lines. The further evolution of the quasicondensate is independent of the rest of the system (apart from a permanent flux of the particles into the quasicondensate) and basically is the process of relaxation of superfluid turbulence. All vortex lines relax in a macroscopically large time.

In the present paper we considered the case of macroscopically large uniform system. As far as the case of a trapped gas is concerned, the situation becomes sensitive to the competition between finite size and nonlinear effects. If nonlinear effects dominate, the basic physics of the ordering process is predicted to be analogous to that revealed by our simulation [23]. If finite-size effects dominate (which means that the initial size of the condensate is smaller than the corresponding healing length, so that, for example, vortices cannot arise in principle [23]), the ordering kinetics is substantially simplified, being reduced to the growth of a genu-

ine condensate [20,24]. Clearly, our numerical approach can be extended to the case of a trapped Bose gas by simply including a term with an external potential in Eq. (1). Such a simulation could provide a deeper interpretation of the first experiments on the kinetics of BEC formation [25,26], answering, in particular, the question of whether the process involves the formation of a vortex tangle; and if not, under what conditions one may expect formation of superfluid turbulence (quasicondensate) in a realistic experimental situation.

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