## Foundation for Lifetime Homes and Neighbourhoods

#### Overview

- Context relevant factors
- Overview of the Lifetime Homes Standard?
- How much will it cost?
- What are the barriers to lifetime homes
- Overview of Lifetime Neighbourhoods
- Implications of poor design
- What next how can we take things forward?

## Why? Demographic change

- The number of people aged 65 years and over is expected to rise by 65% in the next 25 years to over **16.4 million in 2033**
- Older people are expected to account for 48% of the net growth in households up to 2026
- Over three quarters of a million people aged 65 and over need specially adapted accommodation because of a medical condition or disability and 145,000 of them report living in homes that do not meet their needs
- 90% of older people were living in 'mainstream housing'. The remainder live in care homes and supported housing
- Further evolution of policies to support greater independence and control

#### **English House Condition Survey**

- 4.5 million households (21%) one or more person with a mobility problem
- Only 740,000 (3.4%) of homes have the 4 features for someone with mobility problems to visit
  - Level access
  - Flush threshold
  - WC at entry level
  - Circulation space
- Survey demonstrates feasibility of adapting existing stock with a more comprehensive approach

#### What? Overview of the Lifetime Homes Standard

- Minimum design features to improve adaptability
- 16 key features
- Logical progression of Part M of the Building Regulations concerned with 'liveability'
- Not specialist housing gives a baseline for accessible design a universal approach
- Inexpensive, particularly if implemented at design stage
- Cannot on it own guarantee well designed homes dependent on how it is executed

#### Lifetime Homes

Bathroom planned to give side access to WC and bath

Provision for a future stair lift

Identified space for future platform lift to bedroom

Low window sills

Walls able to take adaptations

Identified space for temporary entrance level bed

Living or family room at the entrance level

Distance from the car parking space kept to a minimum Easy route for a hoist from bedroom to bathroom

Sockets, controls, etc. at a convenient height

Accessible entrance level WC (opportunity for shower later in 3 bed or larger homes)

Width of doors and hall allow wheelchair access

Turning circles for wheelchair in ground-floor living rooms

Accessible threshold covered and lit

Parking space capable of widening to 3300mm

Level or gently sloping approach to the Lifetime Home

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### **Cost of lifetime homes**

- CLG estimated £547 per new home
- **Cost reduced** if implemented across the board through Building Regulations
- Building a house to LHS adds 1% or less to housing scheme development costs
- Adaptation costs reduced from an average of £2,100 to around £1,000.
- Expenditure on Disabled Facilities Grant- £274m for 2008/09 (not full cost)
- Impact of falls and accidents in the home AgeUK estimates cost of £1.7b a year
- Savings by reducing demand on hospitals and residential care
- JRF estimated long term savings of £5.5 billion over sixty years (current estimate likely to be much bigger)

#### **Barriers to lifetime homes**

- Confusion over the concept universal and specialist
- Commitment of key players planners, architects, builders lack of awareness
- Short term profit margins set against long term social and economic benefits
- Evidence relating to cost short terms v long term view
- Questions over practical implementation (despite success in London and Wales)
- Failure to recognise the **impact of age on the housing market**

#### Government's current position

- Housing Minister Grant Shapps and the Minister for Building Regulations - Andrew Stunell
- Unsympathetic to further regulation strong lobbying by the house building industry
- Priority reducing public expenditure evidence on cost likely to be key
- Evidence that the Lifetime Homes Standard can be implemented across existing type of housing – with some flexibilities
- Current consultation exercise put on hold
- Will continue to investigate costs of implementing the standard and will look at the long term costs and benefits

#### Lifetime neighbourhood



#### **Relevance of lifetime neighbours**

- Housing needs to be **integrated** with concept of a lifetime neighbourhood
- Principles of **inclusive design** built environment
- Access to shops, services and leisure facilities
- Automatically 'age proofing' all new development not treated as a special category
- Impact of the **Equalities Act 2010**
- Engagement of older people in the planning process link to 'Big Society' concept
- Conservative **Green Paper on planning** bottom up approach

#### Government position

- Waiting for the results of lifetime neighbourhoods evaluation study by York University
- CLG Structural Reform Plan
  - 'Devolving power to closer to neighbourhoods'
  - 'Communities far more ability to determine the shape of place in which they live by radically reforming the planning system'
- Planning Green Paper Open Source Planning

'designing a local plan from the "bottom up", starting with the aspirations of neighbourhoods'

#### An opportunity?

# Impact of poor design on older people

- Impact on health and longevity
- Older people forced to leave family home
- Ability to see family and friends poor quality of life
- Greater pressure on costly **residential care**
- Increase in **fall and accidents** avoidable injuries and deaths
- Barrier to delivering care and support and 'Big Society' objectives
- **Shopping and spending** implications for high street businesses
- Greater risk of crime
- Longer stays in hospital and readmissions

These issues will affect a large proportion of society and need a comprehensive approach to the design and regeneration of local communities

### **Final comments**

- Need to continue explaining the concept to different audiences
- Argue and demonstrate **cost effectiveness** of lifetime homes to Government
- Demonstrating examples of **successful implementation**
- Ensure there a ongoing technical support and resources for house builders, planners and architects in implementing the LHS
- Making a link between cost of adaption's and the benefits of accessible design
- Support the new Foundation for Lifetime Homes and Neighbourhoods and become a member
- Sign up to Foundation pledge on the Lifetime Homes Standard

#### www.lifetimehomes.org.uk