

# Gravitational Waves and Numerical Relativity: Example Sheet 3

## Part III, Easter Term 2024

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Starred questions are useful, but optional: they should not be attempted at the expense of other questions.

### 1. The BSSNOK equations 1

The BSSNOK variables are defined by

$$\begin{aligned}\chi &= \gamma^{-1/3}, & K &= \gamma^{mn} K_{mn}, \\ \tilde{\gamma}_{ij} &= \chi \gamma_{ij} & \Leftrightarrow \tilde{\gamma}^{ij} &= \frac{1}{\chi} \gamma^{ij}, \\ \tilde{A}_{ij} &= \chi \left( K_{ij} - \frac{1}{3} \gamma_{ij} K \right) & \Leftrightarrow K_{ij} &= \frac{1}{\chi} \left( \tilde{A}_{ij} + \frac{1}{3} \tilde{\gamma}_{ij} K \right), \\ \tilde{\Gamma}^i &= \tilde{\gamma}^{mn} \tilde{\Gamma}_{mn}^i,\end{aligned}$$

Given the ADM equations

$$\begin{aligned}\mathcal{H} &:= \mathcal{R} + K^2 - K_{mn} K^{mn} - 2\Lambda - 16\pi\rho = 0, \\ \mathcal{M}_i &:= D_i K - D_m K_i{}^m + 8\pi j_i = 0, \\ \partial_t \gamma_{ij} &= \beta^m \partial_m \gamma_{ij} + 2\gamma_{m(i} \partial_{j)} \beta^m - 2\alpha K_{ij}, \\ \partial_t K_{ij} &= \beta^m \partial_m K_{ij} + 2K_{m(i} \partial_{j)} \beta^m - D_i D_j \alpha + \alpha [\mathcal{R}_{ij} + K K_{ij} - 2K_{im} K^m{}_j] \\ &\quad - \alpha \Lambda \gamma_{ij} - 8\pi \alpha \left[ S_{ij} - \frac{1}{2} \gamma_{ij} (S - \rho) \right],\end{aligned}$$

derive the following BSSNOK equations,

$$\begin{aligned}\mathcal{H} &= \mathcal{R} - \tilde{A}^{mn} \tilde{A}_{mn} + \frac{2}{3} K^2 - 2\Lambda - 16\pi\rho = 0, \\ \mathcal{M}_i &= \frac{2}{3} \partial_i K - \tilde{\gamma}^{mn} \tilde{D}_m \tilde{A}_{in} + \frac{3}{2} \tilde{A}_i{}^m \frac{\partial_m \chi}{\chi} + 8\pi j_i = 0, \\ \partial_t \chi &= \beta^m \partial_m \chi - \frac{2}{3} \chi \partial_m \beta^m + \frac{2}{3} \alpha \chi K, \\ \partial_t \tilde{\gamma}_{ij} &= \beta^m \partial_m \tilde{\gamma}_{ij} + 2\tilde{\gamma}_{m(i} \partial_{j)} \beta^m - \frac{2}{3} \tilde{\gamma}_{ij} \partial_m \beta^m - 2\alpha \tilde{A}_{ij}, \\ \partial_t \tilde{A}_{ij} &= \beta^m \partial_m \tilde{A}_{ij} + 2\tilde{A}_{m(i} \partial_{j)} \beta^m - \frac{2}{3} \tilde{A}_{ij} \partial_m \beta^m + \alpha K \tilde{A}_{ij} - 2\alpha \tilde{A}_{im} \tilde{A}^m{}_j \\ &\quad + \chi (\alpha \mathcal{R}_{ij} - D_i D_j \alpha - 8\pi S_{ij})^{\text{TF}}.\end{aligned}$$

## \* 2. The BSSNOK equations 2

Derive the remaining BSSNOK equation

$$\begin{aligned} \partial_t \tilde{\Gamma}^i &= \beta^m \partial_m \tilde{\Gamma}^i - \tilde{\Gamma}^m \partial_m \beta^i + \frac{2}{3} \tilde{\Gamma}^i \partial_m \beta^m + \tilde{\gamma}^{mn} \partial_m \partial_n \beta^i + \frac{1}{3} \tilde{\gamma}^{im} \partial_m \partial_n \beta^n + 2\alpha \tilde{\Gamma}_{mn}^i \tilde{A}^{mn} \\ &\quad - 2\tilde{A}^{im} \partial_m \alpha - \frac{4}{3} \alpha \tilde{\gamma}^{im} \partial_m K - 3\alpha \tilde{A}^{im} \frac{\partial_m \chi}{\chi} - 16\pi \alpha \tilde{\gamma}^{im} j_m - \sigma \mathcal{G}^i, \end{aligned}$$

where  $\mathcal{G}^i := \Gamma^i - \tilde{\gamma}^{mn} \Gamma_{mn}^i$  and  $\sigma$  is some function.

## 3. Constraints in the conformal traceless split

The Hamiltonian and momentum constraints in the ADM formalism are

$$\mathcal{H} := \mathcal{R} + K^2 - K_{mn} K^{mn} - 2\Lambda - 16\pi\rho = 0,$$

$$\mathcal{M}_i := D_i K - D_m K_i^m + 8\pi j_i = 0.$$

In the conformal-traceless York-Lichnerowicz split, we introduce the conformal spatial metric  $\tilde{\gamma}_{ij}$  and the conformal traceless extrinsic curvature through the definitions

$$\gamma_{ij} = \psi^4 \tilde{\gamma}_{ij} \quad \Leftrightarrow \quad \gamma^{ij} = \psi^{-4} \tilde{\gamma}^{ij},$$

$$K_{ij} = A_{ij} + \frac{1}{3} \gamma_{ij} K,$$

$$A_{ij} = \psi^{-2} \bar{A}_{ij} \quad \Leftrightarrow \quad A^{ij} = \psi^{-10} \bar{A}^{ij}.$$

We furthermore split the extrinsic curvature variable  $\bar{A}_{ij}$  into a transverse traceless and a longitudinal part according to

$$\bar{A}_{ij} = Q_{ij} + (\mathbb{L}X)_{ij} := Q_{ij} + \bar{D}_i X_j + \bar{D}_j X_i - \frac{2}{3} \tilde{\gamma}_{ij} \bar{D}_m X^m,$$

where  $Q_{ij}$  is symmetric, transverse ( $\bar{D}_m Q^{mi} = 0$ ) and traceless ( $Q^m_m = 0$ ), and  $X_i$  is a vector potential.  $\bar{D}_i$  and  $\bar{\mathcal{R}}_{ij}$  are the covariant derivative and Ricci tensor associated with  $\tilde{\gamma}_{ij}$ .

Show that the Hamiltonian and momentum constraints expressed in these new variables are given by

$$\bar{\mathcal{H}} = 8\tilde{\gamma}^{mn} \bar{D}_m \bar{D}_n \psi - \psi \bar{\mathcal{R}} - \frac{2}{3} \psi^5 K^2 + \psi^{-7} \bar{A}_{mn} \bar{A}^{mn} + 2\psi^5 \Lambda + 16\pi \psi^5 \rho = 0,$$

$$\bar{\mathcal{M}}^i = \bar{D}^m \bar{D}_m X^i + \frac{1}{3} \bar{D}^i \bar{D}_m X^m + \bar{\mathcal{R}}^i_m X^m - \frac{2}{3} \psi^6 \tilde{\gamma}^{mi} \partial_m K - 8\pi \psi^{10} j^i = 0.$$

You may use without proof general relations from the lecture for conformal transformations but should state these clearly.

## 4. Isotropic Schwarzschild

(i) Show that the spatial part of the Schwarzschild metric in isotropic coordinates,

$$ds^2 = - \left( \frac{2r - M}{2r + M} \right)^2 dt^2 + \left( 1 + \frac{M}{2r} \right)^4 (dx^2 + dy^2 + dz^2),$$

solves the constraint equations in their conformal transverse traceless form (i.e. the constraint equations derived in the previous question) for the case of time symmetry ( $K_{ij} = 0$ ), conformal flatness ( $\bar{\gamma}_{ij} = \delta_{ij}$ ), asymptotic flatness ( $\Lambda = 0$ ) and vacuum ( $j_i = 0$ ).

(ii) Give a brief physical interpretation of the point  $r = \sqrt{x^2 + y^2 + z^2} = 0$ , for example in terms of its location in the Kruskal diagram. [Hint: Write the isotropic Schwarzschild metric in spherical coordinates and consider the coordinate transformation  $\varrho = M^2/(4r)$ .]

## 5. Bowen-York data

Consider the momentum constraint in the conformal traceless split,

$$\bar{\mathcal{M}}^i = \bar{D}^m \bar{D}_m X^i + \frac{1}{3} \bar{D}^i \bar{D}_m X^m + \bar{\mathcal{R}}^i{}_m X^m - \frac{2}{3} \psi^6 \bar{\gamma}^{mi} \partial_m K - 8\pi \psi^{10} j^i = 0.$$

(i) Write down the momentum constraint for the case of vacuum ( $\rho = 0$ ,  $j_i = 0$ ), asymptotic flatness ( $\Lambda = 0$ ), conformal flatness ( $\bar{\gamma}_{ij} = \delta_{ij}$ ), vanishing trace of the extrinsic curvature and a vanishing transverse traceless part ( $K = 0$ ,  $Q_{ij} = 0$ ).

(ii) We introduce the vector potential

$$X^i = \epsilon^{ijk} \frac{x_j}{r^3} J_k, \quad (\dagger)$$

where  $\epsilon^{ijk}$  is the totally antisymmetric Levi-Civita symbol,  $x_j = (x, y, z)$  are Cartesian coordinates,  $r = \sqrt{x^2 + y^2 + z^2}$ , and  $J_k$  is a constant vector. Show that this vector potential solves the constraint equations on the domain  $\mathbb{R}^3 \setminus \{0\}$ .

(iii) The total angular momentum of an asymptotically flat spacetimes is given in terms of the extrinsic curvature  $K_{ij}$  by

$$J_m^\infty = \frac{1}{8\pi} \lim_{r \rightarrow \infty} \oint_{S_r} (K_{ij} - K \gamma_{ij}) (\phi_m)^i \frac{x^j}{r} r^2 \sin \theta d\theta d\phi,$$

where  $(\phi_m)^i = \epsilon_{mj}{}^i x^j$ . Show that for the extrinsic curvature of the vector potential  $(\dagger)$ , the total angular momentum equals the constant vector  $J_m$ ,  $J_m^\infty = J_m$ . [Hint: You may rotate your Cartesian coordinate system such that  $J_k$  points in the  $z$  direction. Also  $\epsilon_{ijk} \epsilon^{imn} = \delta_j^m \delta_k^n - \delta_j^n \delta_k^m$ .]

## 6. Observers falling into a black hole

The Schwarzschild spacetime

$$ds^2 = - \left(1 - \frac{2M}{r}\right) dt^2 + \left(1 - \frac{2M}{r}\right)^{-1} dr^2 + r^2 (d\theta^2 + \sin^2 \theta d\phi^2),$$

is transformed to Kruskal-Szekeres coordinates by the sequence of coordinate changes

$$\begin{aligned} \bar{t} &= t + 2M \ln |r - 2M|, & \tilde{t} &= t - 2M \ln |r - 2M|, \\ v &= \bar{t} + r, & u &= \tilde{t} - r, \\ \hat{v} &= e^{\frac{v}{4M}}, & \hat{u} &= -e^{-\frac{u}{4M}}, \\ \hat{t} &= \frac{1}{2}(\hat{v} + \hat{u}), & \hat{r} &= \frac{1}{2}(\hat{v} - \hat{u}). \end{aligned}$$

The trajectories of observers falling radially into the black hole is given by the geodesic equations

$$\left(1 - \frac{2M}{r}\right) \dot{t} = E, \quad -E^2 + \dot{r}^2 = -1 + \frac{2M}{r},$$

where  $E$  is a constant of motion and  $\dot{\phantom{x}} := d/d\tau$  denotes the derivative with respect to the observer's proper time.

(i) Show that for an observer starting at rest at initial position  $r_0 > 2M$ ,

$$\dot{v} = \frac{r}{r - 2M} \left[ \sqrt{1 - \frac{2M}{r_0}} - \sqrt{\frac{2M}{r} - \frac{2M}{r_0}} \right].$$

(ii) Can the resulting function  $v(\tau)$  be evaluated beyond the observer's crossing of the event horizon at  $r = 2M$ ? Justify your answer.

## 7. Christoffel symbols in adapted coordinates

In coordinates adapted to the 3+1 split, the spacetime metric is given by

$$ds^2 = (-\alpha^2 + \beta_i \beta^i) dt^2 + 2\beta_i dt dx^i + \gamma_{ij} dx^i dx^j.$$

Show that the components  $\Gamma_{\alpha\beta}^0$  of the spacetime Christoffel symbols can be written as

$$\Gamma_{00}^0 = \frac{1}{\alpha} (\partial_0 \alpha + \beta^m \partial_m \alpha) - \frac{1}{\alpha} \beta^m \beta^l K_{ml},$$

$$\Gamma_{0i}^0 = \frac{\partial_i \alpha}{\alpha} - \frac{1}{\alpha} \beta^m K_{im},$$

$$\Gamma_{ij}^0 = -\frac{1}{\alpha} K_{ij}.$$

## 8. Time evolution of the volume element

Show that

$$\frac{d}{dt} \gamma^{1/2} := (\partial_t - \mathcal{L}_\beta) \gamma^{1/2} = -\alpha \gamma^{1/2},$$

where  $\alpha, \beta^i, \gamma_{ij}$  are the ADM variables,  $\gamma := \det \gamma_{ij}$ , and  $\mathcal{L}_\beta$  denotes the Lie derivative along the shift vector.

## \* 9. The distortion tensor

The distortion tensor is defined as

$$\Sigma_{ij} := \frac{1}{2} \gamma^{1/3} \partial_t \tilde{\gamma}_{ij} = \frac{1}{2\chi} \partial_t \tilde{\gamma}_{ij},$$

where  $\tilde{\gamma}_{ij}$  is the conformal metric from the BSSNOK formulation and  $\chi$  the conformal factor.

(i) Show that the distortion tensor can be written as

$$\Sigma^{ij} = \frac{\chi}{2} \left[ -\beta^m \partial_m \tilde{\gamma}^{ij} + \tilde{\gamma}^{jl} \partial_l \beta^i + \tilde{\gamma}^{il} \partial_l \beta^j - \frac{2}{3} \tilde{\gamma}^{ij} \partial_m \beta^m - 2\alpha \tilde{A}^{ij} \right],$$

and has zero trace,  $\tilde{\gamma}_{mn} \Sigma^{mn} = 0$ .

(ii) Show that

$$2\partial_j (\chi^{-1} \Sigma^{ij}) = \frac{2}{\chi} \left( D_j \Sigma^{ij} - \tilde{\Gamma}_{jk}^i \Sigma^{jk} + \frac{3}{2} \frac{\partial_j \chi}{\chi} \Sigma^{ij} \right) = \partial_t \tilde{\Gamma}^i.$$