

## 16 Newton's method (continued)

Recall Newton's method:

$$x_{k+1} = x_k - t_k \nabla^2 f(x_k)^{-1} \nabla f(x_k)$$

where  $t_k > 0$  is the step size.

Assume that  $f$  is  $m$ -strongly convex, and that  $\nabla^2 f(x)$  is  $M$ -Lipschitz with respect to the operator norm.

**Convergence of Newton's method** We saw last lecture that with  $t_k = 1$ , the iterates satisfy

$$\frac{M}{2m^2} \|\nabla f(x_{k+1})\|_2 \leq \left( \frac{M}{2m^2} \|\nabla f(x_k)\|_2 \right)^2.$$

In particular, if at some iteration  $i$  we have  $\frac{M}{2m^2} \|\nabla f(x_i)\|_2 = 1 - \delta < 1$  then we get  $\|\nabla f(x_k)\|_2 \rightarrow 0$  at a quadratic rate, i.e.,  $\|\nabla f(x_k)\|_2 \leq \frac{2m^2}{M} (1 - \delta)^{2^{k-i}}$ .

Unfortunately Newton's method with unit step size  $t_k = 1$  does not always converge. Here is an example (from [Pol]): consider a convex function  $f(x)$  so that

$$f(x) = \begin{cases} (x-1)^2 & \text{if } x \leq -1 \\ (x+1)^2 & \text{if } x \geq 1 \end{cases}$$

and on  $[-1, 1]$  it is chosen (arbitrarily) so that overall the function is smooth and convex (see figure below).

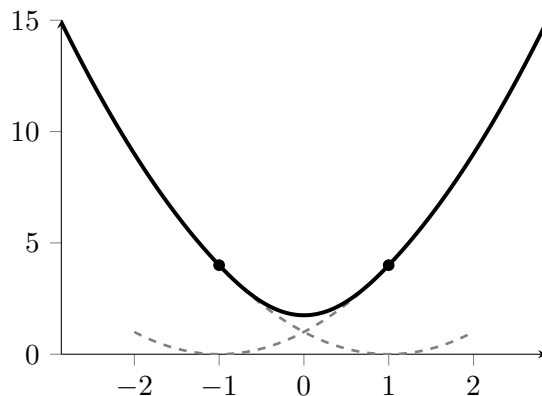


Figure 1: Example where Newton's iterations with  $t_k = 1$  do not converge. If  $x_0 = 1$ , the sequence of iterates produced is  $x_k = (-1)^k$ .

We see on this function that if  $x_0 = +1$ , the quadratic approximation of  $f$  at  $x$  is  $(x+1)^2$  whose minimum is at  $x = -1$ , and thus  $x_1 = -1$ . With the same reasoning we get  $x_2 = +1$ , and we see that Newton's method with unit step size oscillates between the points  $+1$  and  $-1$ .

For this reason, we need to introduce a non-unit step size, at least for the first iterations of the algorithm.

We can prove the following:

**Proposition 16.1.** *Assume  $f$  is  $m$ -strongly and  $L$ -smooth. The Newton's method with step size  $t_k = m/L$  satisfies  $f(x^+) - f(x) \leq -c\|\nabla f(x)\|_2^2$  with  $c = m/(2L^2)$ .*

*Proof.* We have, since  $f$  is  $L$ -smooth (and using notation  $\lambda_f(x)^2 = \langle \nabla f(x), \nabla^2 f(x)^{-1} \nabla f(x) \rangle$ ):

$$\begin{aligned} f(x^+) &\leq f(x) + \langle \nabla f(x), x^+ - x \rangle + \frac{L}{2} \|x^+ - x\|_2^2 \\ &= f(x) - t \langle \nabla f(x), \nabla^2 f(x)^{-1} \nabla f(x) \rangle + \frac{L}{2} t^2 \|\nabla^2 f(x)^{-1} \nabla f(x)\|_2^2 \\ &\leq f(x) - t \lambda_f(x)^2 + \frac{L}{2m} t^2 \|\nabla^2 f(x)^{-1/2} \nabla f(x)\|_2^2 \\ &= f(x) - \left( t - \frac{L}{2m} t^2 \right) \lambda_f(x)^2 \end{aligned}$$

where in the second inequality we used that  $\nabla^2 f(x)^{-1} \preceq (1/m)I$ . With  $t = m/L$  we thus get  $f(x^+) - f(x) \leq -\frac{m}{2L} \lambda_f(x)^2 \leq -\frac{m}{2L^2} \|\nabla f(x)\|_2^2$  where the last inequality follows from  $\nabla^2 f(x)^{-1} \succeq \frac{1}{L}I$ .  $\square$

We can now summarize the behaviour of Newton's method. Fix  $\gamma = m^2/M$ .

- Phase 1:  $\|\nabla f(x_k)\|_2 \geq \gamma$ , then by using a step size  $t_k = m/L$  we get  $f(x_{k+1}) - f(x_k) \leq -c\gamma^2$ .
- Phase 2:  $\|\nabla f(x_k)\|_2 \leq \gamma$ : we have  $M/(2m^2)\|\nabla f(x_k)\|_2 \leq 1/2$  and so we get quadratic convergence from this iteration onwards, i.e.,  $\|\nabla f(x_k)\|_2 \leq 2\gamma(1/2)^{2^{k-k_2}}$  where  $k_2$  is the first iteration of phase 2.

Note that the number of iterations of phase 1 is at most  $\frac{f(x_0) - f^*}{c\gamma^2}$ . So the total number of iterations to reach  $\|\nabla f(x)\|_2 \leq \epsilon$  is at most  $\frac{f(x_0) - f^*}{c\gamma^2} + \log \log(2\gamma/\epsilon)$ .

## References

[Pol] Boris T Polyak. Introduction to optimization. 1987. *Optimization Software, Inc, New York.*

[1](#)